



**Universitas Negeri Surabaya  
Vocational Faculty  
D4 Sports Coaching Study Program**

**Document Code**

**SEMESTER LEARNING PLAN**

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date
Law and Professional Ethics	99998520202031		T=1	P=1	ECTS=3.18	1	July 16, 2024
<b>AUTHORIZATION</b>	<b>SP Developer</b>		<b>Course Cluster Coordinator</b>			<b>Study Program Coordinator</b>	
	.....		.....			Dr. Kunjung Ashadi, S.Pd., M.Fis., AIFO.	

<b>Learning model</b>	<b>Project Based Learning</b>
-----------------------	-------------------------------

<b>Program Learning Outcomes (PLO)</b>	<b>PLO study program that is charged to the course</b>	
	<b>PLO-7</b>	Demonstrate a responsible attitude towards work in the field of expertise independently
	<b>PLO-16</b>	Able to evaluate the development of results and training programs on individual fitness based on age and gender and individual characteristics or sports based on sports characteristics

<b>Program Objectives (PO)</b>	
<b>PO - 1</b>	Mastering the general concept of Personality Psychology which describes the process and results of training as influenced by aspects of motivation and fulfilling one's needs. (CPL-4A)
<b>PO - 2</b>	Demonstrate a responsible and independent attitude in developing oneself as a trainer. (CPL-1A)
<b>PO - 3</b>	Assess and develop the competence of others through behavior modification strategies. (CPL-3A)
<b>PO - 4</b>	Demonstrate competency in solving problems logically and innovatively in terms of managing thinking, managing emotions, behavioral attitudes and time management effectively. (CPL-2A)
<b>PO - 5</b>	Demonstrate self-presentation skills through verbal and non-verbal communication skills to become skilled at speaking in public. (CPL-2B)

<b>PLO-PO Matrix</b>																			
	<table border="1" style="margin: auto;"> <tr> <th>P.O</th> <th>PLO-7</th> <th>PLO-16</th> </tr> <tr><td>PO-1</td><td></td><td></td></tr> <tr><td>PO-2</td><td></td><td></td></tr> <tr><td>PO-3</td><td></td><td></td></tr> <tr><td>PO-4</td><td></td><td></td></tr> <tr><td>PO-5</td><td></td><td></td></tr> </table>	P.O	PLO-7	PLO-16	PO-1			PO-2			PO-3			PO-4			PO-5		
P.O	PLO-7	PLO-16																	
PO-1																			
PO-2																			
PO-3																			
PO-4																			
PO-5																			

<b>PO Matrix at the end of each learning stage (Sub-PO)</b>																																																																																																																							
	<table border="1" style="margin: auto;"> <tr> <th rowspan="2">P.O</th> <th colspan="16">Week</th> </tr> <tr> <th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th><th>13</th><th>14</th><th>15</th><th>16</th> </tr> <tr><td>PO-1</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-2</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-3</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-4</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-5</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	PO-2																	PO-3																	PO-4																	PO-5																
P.O	Week																																																																																																																						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																																																																																																							
PO-1																																																																																																																							
PO-2																																																																																																																							
PO-3																																																																																																																							
PO-4																																																																																																																							
PO-5																																																																																																																							

<b>Short Course Description</b>	This course studies aspects of personality that influence a person's behavior, so that it becomes the basis for planning appropriate behavior modification strategies in developing oneself as a trainer, including demonstrating competence in managing thinking, emotional expression, behavioral attitudes, and time management. This must also be supported by the ability to present oneself through verbal and non-verbal communication skills so that they are able to express their competence in front of the public effectively.
---------------------------------	--

<b>References</b>	<b>Main :</b>
-------------------	---------------

1. Alwisol. 2010. Malang: UMM Press. Psikologi Kepribadian (Edisi Revisi)
2. Feist, J., & Feist, G.J. 2008. Theories of personality. Seven edition. McGraw-Hill, Companies.
3. Fudyartanta, K. 2012. Psikologi Kepribadian Berbagai Pendekatan: Eksistensial, Trait (Sifat), Teori Medan, Faktorial, Stimulus Respon (SR) dan Biobudaya Religius. Yogyakarta: Pustaka Pelajar
4. Ryckman, R.M. 2008. Theories of Personality (ninth edition). USA: Thompson Wadsworth.
5. Semiun, Y. 2013. Teori-teori Kepribadian. Yogyakarta: Kanisius.
6. Schultz, D.P. & Schultz, S.E. 2009. Theories of Personality (sixth edition. Australia: Wadsworth, Engage Learning
7. Suryabrata, S. 2012. Psikologi Kepribadian. Jakarta: PT Raja Grafindo Persada.
8. Yusuf, Syamsu LN & Nurihsan, A.J.. 2008. Teori Kepribadian . Bandung: PT Remaja Rosdakarya.

**Supporters:**

1. Robbins, Anthony. 2004. Unleash The Power Within. Robbins Research International Inc.

**Supporting lecturer**

Dr. Wijono, M.Pd.  
 Dr. Rachman Widohardhono, S.Psi.M.Psi. Psikolog  
 Dr. Abdul Hafidz, S.Pd., M.Pd.  
 Dio Alif Airlangga Daulay, S.Pd., M.Pd.

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time]		Learning materials [ References ]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Introduction						0%
2	Understand the scope of Legal Professional Ethics and	<ol style="list-style-type: none"> <li>1.Can comprehend, understand and explain the difference between ethics and etiquette</li> <li>2.Can comprehend, understand and explain the differences between profession and profession</li> <li>3.Can mention the characteristics of a professional</li> </ol>	<p><b>Criteria:</b>            Full marks are obtained if you explain all the pictures correctly            Full marks if all questions are answered correctly.            Perfection of answers</p>	Lectures, questions and answers, discussions, and assignments 2 X 50			0%
3	Able to explain the meaning of professional ethics	<ol style="list-style-type: none"> <li>1.Can comprehend, understand and explain the difference between ethics and etiquette</li> <li>2.Can comprehend, understand and explain the differences between profession and profession</li> <li>3.Can mention the characteristics of a professional</li> </ol>	<p><b>Criteria:</b>            Fully marked if all questions are answered            Fully marked if the answer is correct            Fully marked if the answer is perfect</p>	Lectures, questions and answers, discussions, and assignments 2 X 50			0%

4	Able to comprehend, understand and explain the Professional Code of Ethics	<ol style="list-style-type: none"> <li>1. Able to explain the meaning of the Professional Code of Ethics</li> <li>2. Able to explain the purpose of the professional code of ethics</li> <li>3. Able to analyze the process of preparing a professional code of ethics</li> </ol>	<b>Criteria:</b> Full marks if all questions are answered Full marks if all answers are correct Full marks if all answers are perfect	Lectures, discussions and questions and answers 4 X 50			0%
5	Able to comprehend, understand and explain the Professional Code of Ethics	<ol style="list-style-type: none"> <li>1. Able to explain the meaning of the Professional Code of Ethics</li> <li>2. Able to explain the purpose of the professional code of ethics</li> <li>3. Able to analyze the process of preparing a professional code of ethics</li> </ol>	<b>Criteria:</b> Full marks if all questions are answered Full marks if all answers are correct Full marks if all answers are perfect	Lectures, discussions and questions and answers 4 X 50			0%
6	Able to comprehend, comprehend and describe procedures for resolving Professional Ethics Violations	<ol style="list-style-type: none"> <li>1. Able to analyze violations of professional ethics</li> <li>2. Able to explain the role of professional organizations in relation to enforcing professional ethics</li> <li>3. Able to describe the process of resolving violations of professional ethics</li> </ol>	<b>Criteria:</b> Full marks if the discussion goes smoothly Full marks if the assignment is done well and correctly Full marks if the discussion participants actively provide correct arguments	Discussion and assignment 4 X 50			0%
7	Able to comprehend, comprehend and describe procedures for resolving Professional Ethics Violations	<ol style="list-style-type: none"> <li>1. Able to analyze violations of professional ethics</li> <li>2. Able to explain the role of professional organizations in relation to enforcing professional ethics</li> <li>3. Able to describe the process of resolving violations of professional ethics</li> </ol>	<b>Criteria:</b> Full marks if the discussion goes smoothly Full marks if the assignment is done well and correctly Full marks if the discussion participants actively provide correct arguments	Discussion and assignment 4 X 50			0%
8	Able to do UTS questions	Able to obtain a minimum grade of C	<b>Criteria:</b> Full marks if all questions are answered Full marks if all answers are correct Full marks if answers are perfect	Written Test 2 X 50			0%

9	Able to understand, understand, explain and analyze the professional ethics of a Strength & Conditioning Coach	<ol style="list-style-type: none"> <li>1.Can explain the duties of a Strength &amp; Conditioning Coach</li> <li>2.analyze the work of Strength &amp; Conditioning Trainers as professionals</li> <li>3.Able to explain the importance of the Strength &amp; Conditioning Coach code of ethics</li> <li>4.Able to explain the function of the code of ethics for Strength &amp; Conditioning Coaches</li> <li>5.Able to describe solutions to violations of the Strength &amp; Conditioning Coach code of ethics</li> </ol>	<b>Criteria:</b> Full marks if the discussion went smoothly Full marks if the discussion participants were active Full marks if the answer was correct	Discussion and assignments 2 X 50			0%
10	Able to understand, understand, explain and analyze the professional ethics of a Fitness Trainer	<ol style="list-style-type: none"> <li>1.Can explain the duties of a Fitness Trainer</li> <li>2.analyze the work of Fitness Trainers as professionals</li> <li>3.Able to explain the importance of the Fitness Trainer's code of ethics</li> <li>4.Able to explain the function of the code of ethics for Fitness Trainers</li> <li>5.Able to describe the resolution of violations of the Fitness Trainer code of ethics</li> </ol>	<b>Criteria:</b> Full marks if the discussion goes smoothly Full marks if all discussion participants are active Full marks if the answer is correct	Assignments and discussions 2 X 50			0%

11	Able to comprehend, understand, explain and analyze the professional ethics of an Assistant Coach	<ol style="list-style-type: none"> <li>1.Can explain the duties of the Assistant Coach</li> <li>2.analyze the work of Assistant Coaches as professionals</li> <li>3.Able to explain the importance of the Assistant Coach Code of Ethics</li> <li>4.Able to explain the function of the Code of Ethics for Assistant Coaches</li> <li>5.Able to describe the resolution of violations of the Assistant Coach Code of Ethics</li> </ol>	<b>Criteria:</b> Full marks if the discussion goes smoothly Full marks if all discussion participants are active Full marks if the answer is correct	Discussion and lecture 4 X 50			0%
12	Able to comprehend, understand, explain and analyze the professional ethics of a Technical Trainer	<ol style="list-style-type: none"> <li>1.Can explain the duties of a Technical Trainer</li> <li>2.analyze the work of Technical Trainers as professionals</li> <li>3.Able to explain the importance of the Technical Trainer Code of Ethics</li> <li>4.Able to explain the function of the Code of Ethics for Technical Trainers</li> <li>5.Able to describe the resolution of violations of the Code of Ethics for Technical Trainers</li> </ol>	<b>Criteria:</b> Full marks if the discussion goes smoothly Full marks if all discussion participants are active Full marks if the answer is correct	Discussion and lecture 4 X 50			0%

13	Able to understand, understand, explain and analyze the professional ethics of the Head Coach	<ol style="list-style-type: none"> <li>1.Can explain the duties of the Head Coach</li> <li>2.analyze the work of the Head Coach as a professional</li> <li>3.Able to explain the importance of the Head Coach's Code of Ethics</li> <li>4.Able to explain the function of the Code of Ethics for Head Coaches</li> <li>5.Able to describe the resolution of violations of the Head Coach's Code of Ethics</li> </ol>	<b>Criteria:</b> Full marks if all questions are answered Full marks if the answer is correct Full marks if the answer is perfect	Lectures and questions and answers 6 X 50			0%
14	Able to understand, understand, explain and analyze the professional ethics of Sports Support Personnel	<ol style="list-style-type: none"> <li>1.Can explain the duties of Sports Support Personnel</li> <li>2.analyze the work of Sports Support Personnel as professionals</li> <li>3.Able to explain the importance of the Code of Ethics for Sports Support Personnel</li> <li>4.Able to explain the function of the Code of Ethics for Sports Support Personnel</li> <li>5.Able to explain the resolution of violations of the Code of Ethics for Sports Support Personnel</li> </ol>	<b>Criteria:</b> Full marks if all questions are answered Full marks if the answer is correct Full marks if the answer is perfect	Lectures and questions and answers 6 X 50			0%

15	Able to understand, understand, explain and analyze the professional ethics of Sports Support Personnel	<p>1.Can explain the duties of Sports Support Personnel</p> <p>2.analyze the work of Sports Support Personnel as professionals</p> <p>3.Able to explain the importance of the Code of Ethics for Sports Support Personnel</p> <p>4.Able to explain the function of the Code of Ethics for Sports Support Personnel</p> <p>5.Able to explain the resolution of violations of the Code of Ethics for Sports Support Personnel</p>	<p><b>Criteria:</b> Full marks if all questions are answered Full marks if the answer is correct Full marks if the answer is perfect</p>	Lectures and questions and answers 6 X 50			0%
16	Able to show attitude as a professional trainer						0%

**Evaluation Percentage Recap: Project Based Learning**

No	Evaluation	Percentage
		0%

**Notes**

- 1. Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- 2. The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- 6. Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment:** test and non-test.
- 8. Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- 9. Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- 10. Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.**

