



**Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
Bachelor of Sports Science Study Program**

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date																																
Table tennis	8920102176		T=2 P=0 ECTS=3.18	4	July 17, 2024																																
AUTHORIZATION	SP Developer		Course Cluster Coordinator		Study Program Coordinator																																
		Dr. Heri Wahyudi, S.Or., M.Pd.																																
Learning model	Case Studies																																				
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																				
	Program Objectives (PO)																																				
	PLO-PO Matrix																																				
		P.O																																			
Short Course Description	This course discusses the history of development, physics, basic techniques and tactics of the game as well as the rules of games and competitions in the sport of table tennis and refereeing.																																				
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td rowspan="2" style="width: 5%;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 2%;">1</td> <td style="width: 2%;">2</td> <td style="width: 2%;">3</td> <td style="width: 2%;">4</td> <td style="width: 2%;">5</td> <td style="width: 2%;">6</td> <td style="width: 2%;">7</td> <td style="width: 2%;">8</td> <td style="width: 2%;">9</td> <td style="width: 2%;">10</td> <td style="width: 2%;">11</td> <td style="width: 2%;">12</td> <td style="width: 2%;">13</td> <td style="width: 2%;">14</td> <td style="width: 2%;">15</td> <td style="width: 2%;">16</td> </tr> </table>					P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																					
References	Main : 1. Nelistya, Anne. 2008. Menjadi Juara Tenis Meja. Jakarta: Be Champion. 2. Permana, Asep Yoga. 2008. Tenis Meja Sejarah Teknik Peraturan. . Surabaya : Insan Cendekia. 3. Kertamanah, Alex. 1993. Olahraga Tenis Meja. Jilid 1. Bandung :CV. Pionir Jaya. 4. Kertamanah, Alex. 1993. Olahraga Tenis Meja. Jilid 2. Bandung :CV. Pionir Jaya Supporters:																																				
Supporting lecturer	Dr. Achmad Widodo, M.Kes. Testa Adi Nugraha, S.Pd., M.Pd. Nanda Rimawati, S.K.M., M.K.M. Anindya Mar'atus Sholikhah, S.K.M., M.Kes.																																				
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																														
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																														

1	Understand the history of the development of table tennis	Able to explain the history and development of table tennis in the world and Indonesia	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Subumative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and structured assignments 2 X 50			0%
2	Mastering the theory and practice of table tennis game rules and refereeing	Able to explain and apply table tennis game and referee rules	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Subumative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and practice questions, structured assignments 2 X 50			0%

3	Mastering the theory and practice of table tennis game rules and refereeing	Able to explain and apply table tennis game and referee rules	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and practice questions, structured assignments 2 X 50			0%
4	Master the practical theory of holding the body/racquet with a good standing posture and foot movements	Able to use a bad/racquet to play table tennis with good standing posture and foot movement	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%

5	Master the practical theory of hitting the ball, serve and drive	Able to explain and practice forehand and backhand serves and drives	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%
6	Master the practical theory of hitting the ball, serve and drive	Able to explain and practice forehand and backhand serves and drives	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%

7	Master the practical theory of hitting the ball, serve and drive	Able to explain and practice forehand and backhand serves and drives	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%
8	MIDTERM EXAM			2 X 50			0%
9	Master the practical theory of hitting chop, block and smash balls	Able to explain and practice chop, block and smash strokes in forhand and backhand positions	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%

10	Master the practical theory of hitting chop, block and smash balls	Able to explain and practice chop, block and smash strokes in forhand and backhand positions	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%
11	Master the practical theory of hitting chop, block and smash balls	Able to explain and practice chop, block and smash strokes in forhand and backhand positions	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%

12	Understand defensive and attacking tactics. Be able to organize table tennis matches	<ol style="list-style-type: none"> 1. Able to explain defensive and attacking tactics 2. Able to practice organizing table tennis matches 	Criteria: <ol style="list-style-type: none"> 1. The assessment is carried out on the following aspects: 2. Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10 	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments		0%
13	Understand defensive and attacking tactics. Be able to organize table tennis matches	<ol style="list-style-type: none"> 1. Able to explain defensive and attacking tactics 2. Able to practice organizing table tennis matches 	Criteria: <ol style="list-style-type: none"> 1. The assessment is carried out on the following aspects: 2. Participation during lectures is carried out through observation and is given weight. Submative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10 	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments		0%

14	Understand defensive and attacking tactics. Be able to organize table tennis matches	1.Able to explain defensive and attacking tactics 2.Able to practice organizing table tennis matches	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Subumative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%
15	Understand defensive and attacking tactics. Be able to organize table tennis matches	1.Able to explain defensive and attacking tactics 2.Able to practice organizing table tennis matches	Criteria: 1.The assessment is carried out on the following aspects: 2.Participation during lectures is carried out through observation and is given weight. Subumative test (UTS) is carried out once with indicators 1-7 via written exam and given weight. UAS scores are carried out in writing with indicators 9-16 given weight. The final NA is (participation value%2 2) (UTS value %2 2) UAS score divided by 10	Lectures, discussions and demonstrations as well as 2 X 50 structured assignments			0%
16	FINAL EXAMS			2 X 50			0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

- 1. Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- 2. The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. Indicators for assessing** abilities in the process and student learning outcomes are specific and measurable statements that identify the abilities or performance of student learning outcomes accompanied by evidence.

6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.