

Universitas Negeri Surabaya Faculty of Sports and Health Sciences Bachelor of Sports Science Study Program

Document Code

ONES											
SEMESTER LEARNING PLAN											
Courses		CODE	Co	ourse Fam	ily	Credit We	ight	SEMESTER	Compilation Date		
Squash		89201021	.66			T=2 P=0	ECTS=3.18	4	July 17, 2024		
AUTHORIZAT		ON	SP Devel	SP Developer		Course Cluster Coordinator		Study Program Coordinator			
							Dr. Heri Wahyudi, S.Or., M.Pd.				
Learning model	I	Case Studies									
Program Learning	1	PLO study program that is charged to the course									
Outcom	es _	Program Objectives (PO)									
(PLO)		PLO-PO Matrix									
		P.O									
		PO Matrix at the end of each learning stage (Sub-PO)									
			P.O 1	2 3 4	5 6 7	7 8	Week 9 10	11 12	13 14	15 16	
Short Course Description This course discusses the basic knowledge of history, tools and facilities, rules of sguash matches and g the basic techniques of playing sguash which consist of the ability to drive, volley, boast, lob, drop and sunderstanding various concepts of attack and defense strategies in the sport of sguash and referee organizing sguash matches							rve as well as				
References		Main:									
		 Irwan Rasyd. 1993. Permainan Teknik dasar Sguas . Bandung: Penerbit Persatuan Raket Seluruh Indonesia. I B Sudjana. 2000. Peraturan Permainan Sguash. Jakarta: Persatuan Sguash Indonesia. 									
		Supporters:									
Supporting lecturer Drs. Fatkur Rohman Kafrawi, M.Pd. Luffhi Abdil Khuddus, S.Pd., M.Pd. Muhammad Dzul Fikri, S.Or., M.Pd.											
Week- ea	each stag	l abilities of learning e o-PO)	Eva	Evaluation dicator Criteria & Form		Help Learning, Learning methods, Student Assignments, [Estimated time] Offline (Online (online)		Learning materials [References	Assessment Weight (%)		
					offli	ne)			_		
(1)		(2)	(3)	(4)	(5	5)		6)	(7)	(8)	

	T		T	T	T	1	
1	Understand the history and development of sguash	Students can explain at least 75% about: a. History of sguash b. National and international development of sguash	Criteria: Full marks are obtained if you do all the questions correctly	Lectures, discussions and questions and answers 2 X 50			0%
2	Understand and master the basic techniques of the sguash drive punch	Students can explain and practice the basic techniques of the dash drive stroke	Criteria: Full marks are obtained if you do all the questions correctly	Listening, Practice, and discussion 2 X 50			0%
3	Understand and master the basic techniques of the sguash drive punch	Students can explain and practice the basic techniques of the dash drive stroke	Criteria: Full marks are obtained if you do all the questions correctly	Listening, Practice, and discussion 2 X 50			0%
4	Understand and master the basic techniques of the volleysguash stroke	Students can explain and practice basic volleyball sguash techniques	Criteria: Full marks are obtained if you are able to practice basic basketball technical skills	Listening, Practice, and discussion 2 X 50			0%
5	Understand and master the basic techniques of the volleysguash stroke	Students can explain and practice basic volleyball sguash techniques	Criteria: Full marks are obtained if you do all the questions correctly	Listen to the lecturer's explanation. Questions and answers, and discussion. Perform volleyball strokes with various variations of 2 X 50 movements			0%
6	Understand and master the basic techniques of Boast and lob punches	Students can explain and practice the basic techniques of boast and lob	Criteria: Full marks are obtained if you do all the questions correctly	Listening, Practice and discussion 2 X 50			0%
7	Understand and master the basic techniques of Boast punches and lobs	Students can explain and practice the basic techniques of boast and lob	Criteria: Full marks are obtained if you are able to practice basic basketball technical skills	Listening, Practice, and discussion 2 X 50			0%
8	MIDTERM EXAM			2 X 50			0%
9	Understand and implement basic techniques and rules of sguash matches	Students can explain and practice real matches and the rules of sguash matches	Criteria: Full marks are obtained if you do all the questions correctly	Listening, Practice and discussion 2 X 50			0%
10	Understand and implement basic techniques and rules of sguash matches	Students can explain and practice real matches and the rules of sguash matches	Criteria: Full marks are obtained if you do all the questions correctly	Listening, Practice and discussion 2 X 50			0%
11	Understand and implement attack and defense techniques in sguash matches	Students can explain and practice attack and defense techniques in sguash matches	Criteria: Full marks are obtained if you do all the questions correctly	Listening, Practice and discussion 2 X 50			0%

12	Understand and implement attack and defense techniques in sguash matches	Students can explain and practice attack and defense techniques in sguash matches	Criteria: Full marks are obtained if you do all the questions correctly	Listening, Practice and discussion 2 X 50		0%
13	Understand and practice refereeing and sguash matches	Students are able to explain and simulate the sguash match and referee system	Criteria: Full marks are obtained if you are able to practice sguash refereeing technical skills	Listening, Practice and discussion 2 X 50		0%
14	Understand and practice refereeing and sguash matches	Students are able to explain and simulate the sguash match and referee system	Criteria: Full marks are obtained if you are able to practice sguash refereeing technical skills	Listening, Practice and discussion 2 X 50		0%
15	Understand and practice refereeing and sguash matches	Students are able to explain and simulate the sguash match and referee system	Criteria: Full marks are obtained if you are able to practice sguash refereeing technical skills	Listening, Practice and discussion 2 X 50		0%
16						0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

- Learning Outcomes of Study Program Graduates (PLO Study Program) are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- 2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- 6. Assessment Criteria are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment: test and non-test.
- 8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods: Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- 10. Learning materials are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.