	Universitas Negeri Surabaya **Faculty of Sports and Health Sciences** **Bachelor of Sports Science Study Program**	Document Code

SEMESTER LEARNING PLAN

Courses		CODE	Course Family	Credit Weight			SEMESTER	Compilation Date
Sports History		8920102144		**T=2**	**P=0**	**ECTS=3.18**	1	July 17, 2024
AUTHORIZATION		SP Developer		Course Cluster Coordinator			Study Program Coordinator	
		....		....			Dr. Heri Wahyudi, S.Or., M.Pd.	

Learning model	**Project Based Learning**

Program Learning Outcomes (PLO)	**PLO study program that is charged to the course**
	Program Objectives (PO)
	PLO-PO Matrix

	P.O

PO Matrix at the end of each learning stage (Sub-PO)

P.O	Week															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

Short Course Description	This course is an introduction to knowledge of the history of sports and its development, starting from ancient or prehistoric times, medieval times, ancient to modern Olympics, the development of sports in Indonesia in the pre-independence period and the setting of independent Indonesia. Understand the values contained in sports

References	**Main :**

1. Harsuki M.A. 2007. Manajemen Olahraga Bagi Pelatih Olahrag Madya. Makalah Disampaikan Pada TOT Tingkat Madya. Solo: Kemenpora
2. International Olympic Committee. 2004. Olympic Charter. IOC: Lausanne.
3. Olympic Solidarity. 2001. Sport Administration Manual. IOC: Lausanne.
4. Roesdiyanto dan Nengah IS. 2009. Sejarah Olahraga dan Pendidkan Jasmani. Malang: UM Press
5. Rusli Lutan dfan Sukadiyanto. 2004. Akar Sejarah dan Dimensi keolahragaan Nasional. Jakarta Dirjen Olahraga. Depdiknas.
6. Sukadiyanto. 2000. Sejarah Olahraga. Jakarta: Dirjen Dikdasmen Depdiknas

Supporters:

Supporting lecturer	Dr. Himawan Wismanadi, M.Pd. Dr. Noortje Anita Kumaat, M.Kes.

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline (*offline*)	Online (*online*)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)

1	Introduction to Lectures	The Learning Contract includes the rules and lecture materials	**Criteria:** -	Lectures, discussions and questions and answers 2 X 50			0%
2	History of Sports in Prehistoric Times	1. Able to understand and explain the basic concepts of sports history 2. Able to understand and explain the origins of sports in the world	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and questions and answers 2 X 50			0%
3	History of Sports in Prehistoric Times	1. Able to understand and explain the basic concepts of sports history 2. Able to understand and explain the origins of sports in the world	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and questions and answers 2 X 50			0%
4	History of Sports in the Age of Civilization	1. Able to understand and explain the historical development of sports during the civilization era 2. Able to understand and explain the historical development of sports in Europe during the global era	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and 2 X 50 Assignments			0%
5	History of Sports in the Age of Civilization	1. Able to understand and explain the historical development of sports during the civilization era 2. Able to understand and explain the historical development of sports in Europe during the global era	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and 2 X 50 Assignments			0%
6	Able to explain the history and history of sports, basic concepts of sports and the Olympics		**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%
7	Able to explain the history and history of sports, basic concepts of sports and the Olympics		**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%
8	Able to explain the meaning of history, history of sports, basic concepts of sports in the Olympics	UTS	**Criteria:** UTS	Written test 2 X 50			0%

9	Able to explain the history of sports and basic concepts of sports development in Indonesia	1.Able to understand and explain the historical development of sports in Indonesia before independence 2.Able to understand and explain the historical development of sports in Indonesia after independence	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%
10	Able to explain the history of sports and basic concepts of sports development in Indonesia	1.Able to understand and explain the historical development of sports in Indonesia before independence 2.Able to understand and explain the historical development of sports in Indonesia after independence	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%
11	Able to explain the history of sports and identify sports as well as infrastructure and rules for matches and games	1.Able to understand and explain the history of each sport 2.Able to understand and explain the facilities and infrastructure as well as the rules of games and competitions for each sport	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%
12	Able to explain the history of sports and identify sports as well as infrastructure and rules for matches and games	1.Able to understand and explain the history of each sport 2.Able to understand and explain the facilities and infrastructure as well as the rules of games and competitions for each sport	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%

No	Learning outcome	Sub-PO	Assessment	Forms of learning			Percentage
13	Able to explain the history of sports and identify sports as well as infrastructure and rules for matches and games	1. Able to understand and explain the history of each sport 2. Able to understand and explain the facilities and infrastructure as well as the rules of games and competitions for each sport	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%
14	Able to explain the history of sports and identify sports as well as infrastructure and rules for matches and games	1. Able to understand and explain the history of each sport 2. Able to understand and explain the facilities and infrastructure as well as the rules of games and competitions for each sport	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%
15	Able to explain the history of sports and identify sports as well as infrastructure and rules for matches and games	1. Able to understand and explain the history of each sport 2. Able to understand and explain the facilities and infrastructure as well as the rules of games and competitions for each sport	**Criteria:** Full marks if you are able to answer all the questions correctly. Completeness of the report	Lectures, discussions and group assignments 2 X 50			0%
16	UAS	UAS	**Criteria:** UAS	UAS 2 X 50			0%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
		0%

Notes
1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** abilities in the process and student learning outcomes are specific and measurable statements that identify the abilities or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.

9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.