



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date																																
volleyball coaching	8520203323		T=2	P=2	ECTS=6.36	3	July 17, 2024																																
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator																																	
			Dr. Or. Muhammad, S.Pd., M.Pd.																																	
Learning model	Case Studies																																						
Program Learning Outcomes (PLO)	PLO study program which is charged to the course																																						
	Program Objectives (PO)																																						
	PLO-PO Matrix																																						
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="width: 100px; height: 30px;">P.O</td> </tr> </table>						P.O																															
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	PO Matrix at the end of each learning stage (Sub-PO)																																						
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td rowspan="2" style="width: 50px; height: 30px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 20px;">1</td> <td style="width: 20px;">2</td> <td style="width: 20px;">3</td> <td style="width: 20px;">4</td> <td style="width: 20px;">5</td> <td style="width: 20px;">6</td> <td style="width: 20px;">7</td> <td style="width: 20px;">8</td> <td style="width: 20px;">9</td> <td style="width: 20px;">10</td> <td style="width: 20px;">11</td> <td style="width: 20px;">12</td> <td style="width: 20px;">13</td> <td style="width: 20px;">14</td> <td style="width: 20px;">15</td> <td style="width: 20px;">16</td> </tr> </table>						P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																							
Short Course Description	Understanding knowledge and skills in game situations, drilling models, tactics and strategies in volleyball games.																																						
References	Main :																																						
	<ol style="list-style-type: none"> 1. American sport education program.2007. coaching youth volleyball. Canada : Human Kinetic. 2. FIVB. 2011. Coach Manual (level 1). Lussane : FEDERATION INTERNATIONALE DE VOLLEYBALL 3. Kenny bonnie and Gregory cindy. 2006. Volleyball step to success. Canada : Human Kinetics. 4. Mike Line 2003. Complete Conditioning for Volleyball : Human Kinetic 5. Joel Dearing 2003. Volleyball Fundamentals: Human Kinetic. 																																						
	Supporters:																																						
Supporting lecturer	Drs. Machfud Irsyada, M.Pd. Dr. Or. Muhammad, S.Pd., M.Pd.																																						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																

1	Mastering general defense tactics and strategies	Putting general tactics and strategy into practice	Criteria: Full marks will be given if the strategic tactics technique is appropriate and correct Form of Assessment : Participatory Activities	practice and discussion 4 X 50			0%
2	Mastering the tactics and strategy of receiving serve (serve receive) Mastering the tactics and strategy of receiving serve (serve receive)	Practicing the tactics and strategy of receiving serve 2 and 3. Practicing the tactics and strategy of receiving serve 2 and 3	Criteria: Full marks will be given if you receive the serve accurately and correctly	practice and discussion 4 X 50			0%
3	Mastering the tactics and strategy of receiving serve (serve receive) Mastering the tactics and strategy of receiving serve (serve receive)	Practicing the tactics and strategy of receiving serve 2 and 3. Practicing the tactics and strategy of receiving serve 2 and 3	Criteria: Full marks will be given if you receive the serve accurately and correctly	practice and discussion 4 X 50			0%
4	Mastering defensive tactics and strategies through serving. Mastering defensive tactics and strategies through receiving smashes.	Practicing the strategy of receiving serves 4,5,6 Practicing the strategy of receiving smashes	Criteria: Full marks will be given if your serve and smash skills are precise and correct	practice 4 X 50			0%
5	Mastering defensive tactics and strategies through serving. Mastering defensive tactics and strategies through receiving smashes.	Practicing the strategy of receiving serves 4,5,6 Practicing the strategy of receiving smashes	Criteria: Full marks will be given if your serve and smash skills are precise and correct	practice 4 X 50			0%
6	Mastering defense tactics and strategies for receiving smashes Mastering defense tactics and strategies for receiving blocks	Understand and practice tactics and strategies for receiving smashes or cover blocks Understanding and practicing tactics and strategies for receiving blocks or cover smashes	Criteria: Full marks will be given if the skills in receiving serves and covering blocks are precise and correct	practice 4 X 50			0%
7	Mastering defense tactics and strategies for receiving smashes Mastering defense tactics and strategies for receiving blocks	Understand and practice tactics and strategies for receiving smashes or cover blocks Understanding and practicing tactics and strategies for receiving blocks or cover smashes	Criteria: Full marks will be given if the skills in receiving serves and covering blocks are precise and correct	practice 4 X 50			0%
8	UTS	UTS	Criteria: UTS	UTS 4 X 50			0%
9	Serve attack tactics and strategies Serve attack tactics and strategies	Understand and practice the tactics and strategy of attacking the serve area. Practicing the tactics and strategy of attacking the serve according to the ball's rotation	Criteria: Full marks will be given if mastery of serving and covering block skills is precise and correct	practice 4 X 50			0%
10	Serve attack tactics and strategies Serve attack tactics and strategies	Understand and practice the tactics and strategy of attacking the serve area. Practicing the tactics and strategy of attacking the serve according to the ball's rotation	Criteria: Full marks will be given if mastery of serving and covering block skills is precise and correct	practice 4 X 50			0%

11	Tactics and attack strategies using serve techniques. Tactics and strategies for smash attacks	Practicing serve attack tactics and strategies according to various types of serves. Understanding and practicing attack tactics and strategies through smashes	Criteria: Full marks will be given if your serving and attacking skills are precise and correct	practice lectures and discussions 4 X 50			0%
12	Tactics and attack strategies using serve techniques. Tactics and strategies for smash attacks	Practicing serve attack tactics and strategies according to various types of serves. Understanding and practicing attack tactics and strategies through smashes	Criteria: Full marks will be given if your serving and attacking skills are precise and correct	practice lectures and discussions 4 X 50			0%
13	Smash attack tactics and strategies Mastering forms of game approach development Mastering drilling techniques	Understand and apply attack tactics and strategies through smashes. Practice the game approach with a plus or minus game score. Practice various forms/models of drilling from the 5 techniques.	Criteria: Full marks will be given if playing skills are precise and correct	4 X 50 lecture discussion practice			0%
14	Smash attack tactics and strategies Mastering forms of game approach development Mastering drilling techniques	Understand and apply attack tactics and strategies through smashes. Practice the game approach with a plus or minus game score. Practice various forms/models of drilling from the 5 techniques.	Criteria: Full marks will be given if playing skills are precise and correct	4 X 50 lecture discussion practice			0%
15	Smash attack tactics and strategies Mastering forms of game approach development Mastering drilling techniques	Understand and apply attack tactics and strategies through smashes. Practice the game approach with a plus or minus game score. Practice various forms/models of drilling from the 5 techniques.	Criteria: Full marks will be given if playing skills are precise and correct	4 X 50 lecture discussion practice			0%
16	UAS	UAS	Criteria: UAS	UAS 4 X 50			0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent

methods.

10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.