



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date																																		
Teaching and Learning Strategy *	8520203215		T=3 P=0 ECTS=4.77	4	July 18, 2024																																		
AUTHORIZATION	SP Developer		Course Cluster Coordinator		Study Program Coordinator																																		
		Dr. Or. Muhammad, S.Pd., M.Pd.																																		
Learning model	Case Studies																																						
Program Learning Outcomes (PLO)	PLO study program which is charged to the course																																						
	Program Objectives (PO)																																						
	PLO-PO Matrix																																						
		<table border="1" style="margin: auto;"> <tr><td style="width: 50px; height: 20px;">P.O</td></tr> </table>					P.O																																
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	PO Matrix at the end of each learning stage (Sub-PO)																																						
	<table border="1" style="margin: auto;"> <tr> <td style="width: 50px; height: 20px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td></td> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> </table>					P.O	Week																	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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Short Course Description	Through this Teaching and Learning Strategy course, students are able to reflect on SBM concepts orally and in writing and can implement them into the learning process according to their respective fields of knowledge.																																						
References	Main :																																						
	1. Surtikanti. 2008. Strategi Belajar Mengajar. Surakarta																																						
	Supporters:																																						
Supporting lecturer	Dr. Nurkholis, M.Pd. Dr. Amrozi Khamidi, S.Pd., M.Pd. Dr. Abdul Hafidz, S.Pd., M.Pd. Dr. Or. Muhammad, S.Pd., M.Pd.																																						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																
1	1. introduction 2. college contract	Students understand the targets and objectives of lectures for one semester		brightmahnya answer discussion 3 X 50			0%																																

2	Examining the Concept of Physical Education, Sports and Health in Teaching and Learning Strategies	After taking part in the lesson, students are expected to be able to understand the Concept of Physical Education, Sports and Health in Teaching and Learning Strategies	Criteria: 1.liveliness 2.ability to explain again 3.understanding	lecturediscussion answer 3 X 50			0%
3	Basic concepts of teaching Components of teaching and learning New paradigm of teaching	After participating in the lesson, students understand the basic concepts of teaching, the need for a paradigm shift regarding teaching Physical Education, Sports and Health	Criteria: 1.mastery of the material 2.retention of material	lecturediscussionshort presentation 3 X 50			0%
4	Study of the Sports and Health Physical Education Curriculum	After participating in the lesson, students understand the study of the Physical Education, Sports and Health curriculum	Criteria: 1.mastery of the material 2.material application	lecturediscussion answer 3 X 50			0%
5	Assess learning strategy factors. Discuss considerations for selecting learning strategies	After attending the lecture, students are able to mention learning strategy factors. Explain the considerations for selecting learning strategies	Criteria: 1.understanding 2.mastery 3.applicative	lecture discussion 3 X 50			0%
6	Various methods in instructional transactions	After attending the lecture, students are able to understand the position of methods in teaching and learning. Analyze the selection and determination of methods. Mention the various teaching methods.	Criteria: 1.understanding 2.mastery	lecturediscussion answer 3 X 50			0%
7	mastery of Learning Methods	after attending the lecture, students explain the meaning of success. Mention indicators of success. Assessment of success. Level of success. Improvement program. Factors that influence success.	Criteria: 1.mastery 2.understanding 3.presentation	lecturediscussion answer 3 X 50			0%
8	Midterm Exam (UTS)	Students are able to do UTS questions well	Criteria: 1.mastery of the material 2.explanation of understanding	written test 3 X 50			0%

9	understanding active learning strategies	After attending the lecture, students are able to analyze the need for active learning. Explain the nature of active learning. Name and apply strategies to activate the class.	Criteria: 1.mastery 2.understanding	lecturediscussion answer 3 X 50			0%
10	Types of learning strategies Learning scenarios	After attending the lecture, students are able to name types of learning strategies. Explain the concepts and principles of using expository, discovery, inquiry, cooperative learning and CTL learning strategies. Understand and design procedures for implementing expository, discovery, inquiry, cooperative learning and CTL learning strategies.	Criteria: 1.mastery 2.understanding	lecturediscussion answer 3 X 50			0%
11	Mastering material about a teacher's teaching skills	After attending lectures, students are able to master the teaching skills of a teacher	Criteria: 1.understanding 2.mastery 3.resubmission	lecturediscussionshort presentation 3 X 50			0%
12	mastery of learning preparation and learning scenarios	After attending lectures, students are able to master learning preparation and learning scenarios	Criteria: 1.understanding 2.mastery of material	lecturediscussion answer 3 X 50			0%
13	prepare teaching materials and learning scenarios	Students are able to prepare teaching and learning activities and create learning scenarios	Criteria: 1.mastery 2.understanding 3.exposure	lecturediscussion answer 3 X 50			0%
14	knowledge about teaching skills and teaching styles	After attending lectures, students understand teaching skills and teaching styles	Criteria: 1.understanding 2.mastery	lecturediscussion answer 3 X 50			0%
15	Final Semester Examination (UAS)	Students are able to solve exam questions well	Criteria: mastery of the material	written test oral test 3 X 50			0%
16							0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study

- program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
 3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
 4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
 5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
 6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
 7. **Forms of assessment:** test and non-test.
 8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
 9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
 10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
 11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
 12. TM=Face to face, PT=Structured assignments, BM=Independent study.