SEMESTER LEARNING PLAN

Courses	**CODE**	**Course Family**	**Credit Weight**			**SEMESTER**	**Compilation Date**
coaching the sport of table tennis	8520203328	Study Program Elective Courses	**T=2**	**P=2**	**ECTS=6.36**	3	July 17, 2024

AUTHORIZATION	**SP Developer**	**Course Cluster Coordinator**	**Study Program Coordinator**
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Learning model	**Project Based Learning**

Program Learning Outcomes (PLO)	**PLO study program which is charged to the course**
	Program Objectives (PO)
	PO - 1 — Able to utilize science and technology to improve table tennis playing skills
	PO - 2 — Understand the knowledge, techniques, game strategies and rules of table tennis
	PO - 3 — Apply basic table tennis techniques
	PO - 4 — Responsible for mastering the basic technical skills of table tennis and having a good attitude

PLO-PO Matrix

P.O
PO-1
PO-2
PO-3
PO-4

PO Matrix at the end of each learning stage (Sub-PO)

P.O	Week															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
PO-1																
PO-2																
PO-3																
PO-4																

Short Course Description	This course discusses techniques, tactics, strategies, training methods in table tennis consisting of forehand, backhand and service skills

References	**Main :**

1. Bakker, Theo, 1993, Tenis Meja : Pelajaran, Perlengkapan, Teknik (Alih Bahasa : Tjun Surjaman). Jakarta : PT Rosda Jaya Putra
2. Barnes, Chester, 1992, Tenis Meja Langkah Menjadi Jua ra, Semarang : Dahara Prize
3. Hafidz, Abdul, 2010, Teknik dan Dasar Tenis Meja, Surabaya : Unesa University Press
4. Hodges, Larry, 2007, Tenis Meja Tingkat Pemula (alih bahasa : Eri Desmarini Nasution), Jakarta : PT Raja Grafindo Perkasa
5. Kertamanah, Alex, 2003, Teknik dan Taktik Mahir Permainan Tenis M eja, Jakarta : PT Raja Grafindo Perkasa
6. Peraturan Tenis Meja : 2009-2010 (Sumber ITTF), Jakarta : Jurnal Tenis Meja
7. Simson, Peter, 2007, Teknik Bermain Pingpong (alih bahasa : Tana Sumpena), Bandung : PT Pionir Jaya

Supporters:	

Supporting lecturer	Dr. Abdul Hafidz, S.Pd., M.Pd.

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline (offline)	Online (online)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Understand the history and development of world and Indonesian table tennis	Understanding the history and development of table tennis	Criteria: Full marks will be given if you can explain correctly	Lectures, discussions and questions and answers 4 X 50			0%
2	Understand the history and development of world and Indonesian table tennis	Understanding the history and development of table tennis	Criteria: Full marks will be given if you can explain correctly	Lectures, discussions and questions and answers 4 X 50			0%
3	Understand Grip techniques	Understand Grip techniques	Criteria: Full marks will be given if you can explain correctly	Lectures, discussions and questions and answers 4 X 50			0%
4	Understand and master forehand techniques in table tennis	Mastering Forehand Techniques	Criteria: Full marks will be given if you can explain and practice correctly	Listening, Practice and discussion 4 X 50			0%
5	Understand and master backhand techniques in table tennis	Performing backhand technique	Criteria: Full marks will be given if you can explain and practice correctly	Listening, Practice, and searching on the internet 4 X 50			0%
6	Understand and master forehand and backhand techniques in table tennis	Able to do technique well	Criteria: Full marks will be given if you can explain and practice correctly	Listening, Practice, and searching on the internet 4 X 50			0%
7	Understand and master the steps in table tennis	Able to do Footwork	Criteria: Full marks will be given if you can explain and practice correctly	Listening, Practice and discussion 4 X 50			0%
8				4 X 50			0%
9	Understand and master basic service techniques in table tennis	Perform basic service techniques	Criteria: Full marks will be given if you can explain and practice correctly	Listening, Practice and discussion 4 X 50			0%

10	Understand and apply forehand, backhand, steps and serves	Able to perform techniques in table tennis	**Criteria:** Full marks will be given if you can explain and practice correctly	Listening, Practice and discussion 4 X 50			0%
11	Create a table tennis training program	Create an exercise program	**Criteria:** Full marks will be given if you can explain correctly	Listening, Practice and discussion 4 X 50			0%
12	Create a table tennis training program	Create a monthly exercise program	**Criteria:** Full marks will be given if you can explain correctly	Listening, Practice and discussion 4 X 50			0%
13	Create a table tennis training program	Create weekly and daily exercise programs	**Criteria:** Full marks will be given if you can explain correctly	Listening, Practice and discussion 4 X 50			0%
14							0%
15							0%
16							0%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
		0%

Notes
1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.