



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date																																																			
TRAINING BRANCH OF ROLLER SPORTS	8520204546	Compulsory Study Program Subjects	T=1 P=3 ECTS=6.36	3	January 1, 2024																																																			
AUTHORIZATION	SP Developer		Course Cluster Coordinator		Study Program Coordinator																																																			
	Dr. Irmantara Subagio, M.Kes		Dr. Irmantara Subagio, M.Kes		Dr. Or. Muhammad, S.Pd., M.Pd.																																																			
Learning model	Case Studies																																																							
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																																							
	Program Objectives (PO)																																																							
	PO - 1	able to master the concepts and theories of roller skating in the world of sports coaching																																																						
	PLO-PO Matrix																																																							
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr><td style="width: 50px; height: 20px;">P.O</td></tr> <tr><td style="width: 50px; height: 20px;">PO-1</td></tr> </table>				P.O	PO-1																																																	
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PO-1																																																								
PO Matrix at the end of each learning stage (Sub-PO)																																																								
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="width: 50px; height: 20px;">P.O</td> <td colspan="16">Week</td> </tr> <tr> <td></td> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> <tr> <td>PO-1</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>					P.O	Week																	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																																								
PO-1																																																								
Short Course Description	Good basic understanding of the theory and practice of roller skating																																																							
References	Main :																																																							
	1. CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.																																																							
	Supporters:																																																							
Supporting lecturer	Dr. Irmantara Subagio, M.Kes. Dr. Mochamad Purnomo, S.Pd., M.Kes.																																																							
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																																	
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																																			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																																	
1	Students are able to identify the characteristics of game activities	1.Course rules, explanation of the rules and duties 2.Explanation of history and development 3.Structured division of tasks	Criteria: presentation Form of Assessment : Participatory Activities, Tests	Discussion of the characteristics of the 4 X 50 roller skating game		Material: Basic techniques Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	3%																																																	

2	Able to know in general and specifically the game of Roller Skating	1.Course rules 2.Explanation of history and development 3.Structured division of tasks	Criteria: Full marks are obtained if you do all the questions correctly. Form of Assessment : Participatory Activities	Lectures, discussions, questions and answers, demonstrations, tactical approaches and 4 X 50 assignments		Material: Basic techniques Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	3%
3	Able to know in general and specifically the game of Roller Skating	1.Course rules 2.Explanation of history and development 3.Structured division of tasks	Criteria: Full marks are obtained if you do all the questions correctly. Form of Assessment : Participatory Activities	Lectures, discussions, questions and answers, demonstrations, tactical approaches and 4 X 50 assignments		Material: Basic techniques Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	3%
4	Able to know and explain the arena used in roller skating championships	A description of the standard roller skating arena	Criteria: Full marks are obtained if you do everything correctly Form of Assessment : Participatory Activities	Lectures, discussions, questions and answers, demonstrations, tactical approaches and 4 X 50 assignments		Material: roller skating facilities Reference: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%
5	Able to know the choice of roller skates according to your needs	Selection of roller skates for 1. Inline skate adjustable size 2. Inline skate Fitness 3. Inline skate slalom 4. Urban inline skating 5. Inline skate agree Inline skate speed	Criteria: Full marks are obtained if you do everything correctly. Form of Assessment : Participatory Activities	4 X 50 discussion		Material: roller skating criteria Reference: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	3%
6	Able to know the choice of roller skates according to your needs	Selection of roller skates for 1. Inline skate adjustable size 2. Inline skate Fitness 3. Inline skate slalom 4. Urban inline skating 5. Inline skate agree Inline skate speed	Criteria: Full marks are obtained if you do everything correctly. Form of Assessment : Participatory Activities	4 X 50 discussion		Material: roller skating criteria Reference: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	3%
7	Able to know and understand the rules of the roller skating game	An explanation of roller skating regulations	Criteria: Full marks are obtained if you are able to practice the rules of the roller skating game Form of Assessment : Participatory Activities	Lectures, discussions, questions and answers, demonstrations and 4 X 50 assignments		Material: rules for roller skating. Reference: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%
8	UTS	Basic balance practices in roller skating	Criteria: Full marks are obtained if you are able to practice basic fencing technical skills Form of Assessment : Participatory Activities, Practice/Performance	UTS 4 X 50		Material: UTS Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	15%
9	Students understand the concept of developing techniques and tactics in the game	Students are able to develop techniques and tactics on roller skating	Criteria: Assignments and practicums Form of Assessment : Participatory Activities, Practice/Performance	practice		Material: Game techniques Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%
10	Students understand the concept of developing techniques and tactics in the game	Students are able to develop techniques and tactics on roller skating	Criteria: Assignments and practicums Form of Assessment : Participatory Activities, Practice/Performance	practice		Material: Game techniques Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%
11	Students can carry out practice in the field based on the lesson plan that has been created for one learning session.	Students are able to practice the lesson plan that has been created	Criteria: Assignments and practicums Form of Assessment : Participatory Activities, Practice/Performance	practice		Material: field practice Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%

12	Students can carry out practice in the field based on the lesson plan that has been created for one learning session.	Students are able to practice the lesson plan that has been created	Criteria: Assignments and practicums Form of Assessment : Participatory Activities, Practice/Performance	practice		Material: field practice Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%
13	Students can carry out practice in the field based on the lesson plan that has been created for one learning session.	Students are able to practice the lesson plan that has been created	Criteria: Assignments and practicums Form of Assessment : Participatory Activities, Practice/Performance	practice		Material: field practice Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%
14	Students can carry out practice in the field based on the lesson plan that has been created for one learning session.	Students are able to practice the lesson plan that has been created	Criteria: Assignments and practicums Form of Assessment : Participatory Activities, Practice/Performance	practice		Material: field practice Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%
15	Students can carry out practice in the field based on the lesson plan that has been created for one learning session.	Students are able to practice the lesson plan that has been created	Criteria: Assignments and practicums Form of Assessment : Participatory Activities, Practice/Performance	practice		Material: field practice Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	5%
16	UAS	carry out UAS	Criteria: UAS Form of Assessment : Participatory Activities, Tests	UAS		Material: UAS Library: CERS. 2018. CONFEDERATION EUROPEENNE DE ROLLER - SKATING.	25%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
1.	Participatory Activities	61%
2.	Practice / Performance	25%
3.	Test	14%
		100%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.