



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences**  
**S1 Sports Coaching Education Study Program**

Document Code

## SEMESTER LEARNING PLAN

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>			<b>SEMESTER</b>	<b>Compilation Date</b>										
PLANNING OF SHOOTING SPORT BRANCH TRAINING PROGRAM	8520204563		T=1	P=3	ECTS=6.36	5	July 17, 2024										
<b>AUTHORIZATION</b>	<b>SP Developer</b>		<b>Course Cluster Coordinator</b>			<b>Study Program Coordinator</b>											
	.....		.....			Dr. Or. Muhammad, S.Pd., M.Pd.											
<b>Learning model</b>	Project Based Learning																
<b>Program Learning Outcomes (PLO)</b>	PLO study program that is charged to the course																
	Program Objectives (PO)																
	PLO-PO Matrix																
		P.O															
	PO Matrix at the end of each learning stage (Sub-PO)																
	P.O	Week															
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
<b>Short Course Description</b>	This course examines planning training programs for shooting sports including objectives, benefits, structuring factors, and periodization of training, annual training programs, monthly training programs, programs, weekly training, daily training programs, and training sessions. Learning Outcomes																
<b>References</b>	<b>Main :</b>																
	<b>Supporters:</b>																
<b>Supporting lecturer</b>	Dr. Mochamad Purnomo, S.Pd., M.Kes.																
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time ]		Learning materials [ References ]	Assessment Weight (%)										
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )												
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)										
1	Basics and introduction to shooting sports	Students are able to identify and interpret the basics and introduction to shooting sports		Lecture method Evaluation Written Test Assignment 4 X 50			0%										

2	know the types, models and shooting equipment	Students are able to understand and know the types, models and shooting equipment		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
3	Gun parts and ammunition in shooting sports	Students are able to identify and know the parts of rifles and ammunition in shooting sports		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
4	Shooting safety	Students are able to know and identify use and safety in shooting sports		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
5	The basics of shooting a shotgun	Students are able to identify and interpret the basics of shooting a shotgun		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
6	The basics of shooting a shotgun	Students are able to identify and interpret the basics of shooting a shotgun		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
7	Select a shotgun and muzzle load	Students are able to identify and interpret when selecting a shotgun and muzzle load		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
8	Midterm exam		<b>Criteria:</b> Full marks are obtained if you do all the questions correctly according to the assessment procedures	4 X 50			0%
9	training techniques and shooting practice models	Students are able to identify and interpret training techniques and shooting practice models		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
10	training techniques and shooting practice models	Students are able to identify and interpret training techniques and shooting practice models		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
11	Hand training and concentration (Focus)	Students are able to identify and interpret methods of hand training and concentration (Focus) in shooting sports		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%

12	Concentration and hunting	Students are able to identify how to concentrate in hunting		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
13	planning training programs for shooting sports	Students are able to identify how to create and plan a shooting sports training program		Lecture method for 4 X 50 Assignment Written Test Evaluation			0%
14	Can create a shooting training program	Students are able and mastered in creating shooting training programs		Evaluation lecture method a. Written Test b. Job Practical Test c. Assignment/ Porto Folio 4 X 50			0%
15	Can create a shooting training program	Students are able and mastered in creating shooting training programs		Evaluation lecture method a. Written Test b. Job Practical Test c. Assignment/ Porto Folio 4 X 50			0%
16							0%

**Evaluation Percentage Recap: Project Based Learning**

No	Evaluation	Percentage
		0%

**Notes**

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.

