



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date		
School Health Education	8520202144		T=2 P=0 ECTS=3.18	1	July 18, 2024		
AUTHORIZATION	SP Developer		Course Cluster Coordinator		Study Program Coordinator		
		Dr. Or. Muhammad, S.Pd., M.Pd.		
Learning model	Case Studies						
Program Learning Outcomes (PLO)	PLO study program which is charged to the course						
	Program Objectives (PO)						
	PLO-PO Matrix						
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Short Course Description	Understanding and mastery of knowledge about school health education as well as mastery of basic knowledge of minor illnesses and their management in schools, and understanding of school health efforts						
References	Main :						
	Supporters:						
Supporting lecturer	Dr. Rini Ismalasari, S.Pd., M.Kes. dr. Azizati Rochmania, Sp.KFR.						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline (offline)	Online (online)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Understanding School Health Education	- Understanding school health education - Background to PKS - Objectives of PKS		Combination of lectures, questions and answers, discussions and assignments 2 X 50			0%
2	Know the minor illnesses that often occur at school	1.Understanding of diarrheal disease 2.Causes of diarrhea 3.First aid for diarrhea 4.Prevention of diarrheal disease		Combination of Lecture, Question and Answer and Discussion 2 X 50			0%

3	Students understand personal health and its maintenance	Understanding the elements of personal hygiene (cleanliness of skin, nails, hair, eyes, nose, ears, mouth, teeth and clothing). Understanding various diseases caused by personal uncleanliness. Understanding regular living as an effort to maintain personal health		Presentation of personal hygiene elements per group. - Discussion 2 X 50			0%
4	Students understand Environmental Health (School and Household)	Understanding school environmental sanitation Understanding household environmental sanitation Understanding types of environmental pollution and their consequences		discussion, lecture and question and answer 2 X 50			0%
5	Students understand Disease Prevention and Immunization	Understand the meaning, causes, methods of transmission and prevention of infectious diseases Understand the meaning, causes and prevention of non-communicable diseases Understand the aims and objectives of immunization		Lecture Discussion Questions and answers 2 X 50			0%
6	Students understand Disease Prevention and Immunization	Understand the meaning, causes, methods of transmission and prevention of infectious diseases Understand the meaning, causes and prevention of non-communicable diseases Understand the aims and objectives of immunization		Lecture Discussion Questions and answers 2 X 50			0%
7	Students understand Nutrition, Food and Health	Understanding knowledge about food and nutrition Understanding knowledge about healthy nutrition Understanding the influence of nutrition on physical development Understanding the effects and diseases caused by poor nutrition		Lecture Discussion Questions and answers 2 X 50			0%
8	Midterm exam			2 X 50			0%
9	Students understand first aid for illness (P3P)	Understand the use of light and traditional medicines Understand the meaning and purpose of P3P Understand the use of compresses and sugar-salt solutions		Lecture Discussion Questions and answers 2 X 50			0%
10	Know the minor illnesses that often occur at school	Understanding of minor illnesses at school and first aid procedures 1. Fever 2. Nosebleeds 3. Faint		Discussion Questions and answers 2 X 50			0%
11	Know the minor illnesses that often occur at school	Understanding of minor illnesses at school and first aid procedures 1. Fever 2. Nosebleeds 3. Faint		Discussion Questions and answers 2 X 50			0%
12	Know the minor illnesses that often occur at school	Understanding of minor illnesses at school and first aid procedures 1. Fever 2. Nosebleeds 3. Faint		Discussion Questions and answers 2 X 50			0%
13	A. Conduct an analysis of narcotics and addictive substances	1. Understanding Narcotics and Addictive Substances 2. Drug Classification 3. Due to drug use 4. Dealing with drug victims		Lecture Discussion Questions and answers 2 X 50			0%
14	Understanding of School Health Business	1. Understanding School Health Business 2. UKS basics 3. UKS Organizational Structure 4. UKS Activity Program		Lectures, Discussions, Questions and Answers and Assignments 2 X 50			0%
15	UKS Program Presentation	Students are able to analyze and present the School's health business program		Presentation Discussion Questions and answers 2 X 50			0%

16	Final exams			2 X 50			0%
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Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.