	Universitas Negeri Surabaya **Faculty of Sports and Health Sciences** **S1 Sports Coaching Education Study Program**		**Document Code**

SEMESTER LEARNING PLAN

Courses		CODE	Course Family	Credit Weight			SEMESTER	Compilation Date
KEMPO SPORT REGULATIONS AND REFEREES		8520204599		T=1	P=3	ECTS=6.36	6	July 18, 2024
AUTHORIZATION		SP Developer		Course Cluster Coordinator			Study Program Coordinator	
		....		....			Dr. Or. Muhammad, S.Pd., M.Pd.	

Learning model	Case Studies

Program Learning Outcomes (PLO)	**PLO study program that is charged to the course**
	Program Objectives (PO)
	PLO-PO Matrix

	P.O

PO Matrix at the end of each learning stage (Sub-PO)

P.O	Week															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

Short Course Description	Understanding of the basics of karate refereeing rules, both general and specific, for judges or karate, as well as applying the basic skills of being a judge or kempo referee and kempo rules

References	**Main :**
	1. Bompa Tudor O, Half G Gregory 2015: Theory and Methodology of Training 5th Edition, Lippincott Williams & Wilkins 2. Powers SK, Howley ET, 2009: Exercise Physiology, McGraw Hill; 3. Robinson paul E, 2015 Fondation of Sport Coaching, 2nd Edition, Routledge 4. Bompa Tudor O, 2005, Total Training for your Champhion, Human Kinetics 5. Bompa Tudor O Carrera Michael, 2000, Periodezation Training for Sport, Human Kinetics 6. Bompa Tudor O, Michael Carrera, 2015, Conditioning Young Athlete, Human Kinetics 7. Yulfadinata Afifan, Wisnu Hari, 2017, Buku Ajar Mahasiswa Beladiri Karate
	Supporters:

Supporting lecturer	Muhammad Kharis Fajar, S.Pd., M.Pd. Andri Suyoko, S.Pd., M.Kes.

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline (*offline*)	Online (*online*)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)

1	Ability to understand the rules of kata competitions and the judging/refereeing system.	1.Students are able to explain the point criteria included in the assessment category to get the maximum score 2.Students are able to explain the various assessments for word categories 3.Students are able to explain various types of violations for word categories		The discussion lecture answers 4 X 50			0%
2	Ability to understand the rules of the word scoring category competition and the judging system	1.Students are able to explain the assessment criteria which include disqualification and reduction in marks 2.Students are able to explain the various disqualifications for word categories 3.Students are able to explain the various types of value reductions for word categories		The discussion lecture answers 4 X 50			0%
3	Ability to understand the rules of word category competitions and the judging system.	1.Students are able to explain the criteria for points that get the maximum value or score 2.Students are able to explain the various assessments for word categories 3.Students are able to explain various types of violations for word categories		The discussion lecture answers 4 X 50			0%
4	Ability to understand the rules of kumite (sparring) category matches	Students are able to explain the kumite (sparring) category assessment system		Lecture Discussion Questions and answers 4 X 50			0%
5	Ability to understand the rules of kumite (sparring) category matches	Students are able to explain the kumite (sparring) category assessment system		Lecture Discussion Questions and answers 4 X 50			0%
6	Ability to understand the rules of kumite (sparring) category matches	Students are able to explain the kumite (sparring) category assessment system		Lecture Discussion Questions and answers 4 X 50			0%
7	Ability to understand the rules of kumite (sparring) category matches	Students are able to explain the kumite (sparring) category assessment system		Lecture Discussion Questions and answers 4 X 50			0%
8	Ability to understand the rules of kumite (sparring) category matches	Students are able to explain the kumite (sparring) category assessment system		Lecture Discussion Questions and answers 4 X 50			0%

No	Sub-PO	Indicators		Forms of learning / Learning Methods			Weight
9	Ability to understand the rules of kumite (sparring) category matches	Students are able to explain the kumite (sparring) category assessment system		LectureDiscussionQuestions and answersPractice 4 X 50			0%
10	UTS			4 X 50			0%
11	Students are able to understand and simulate the kata category assessment system Students are able to understand and simulate the kumite category assessment system	1.Explanation of the simulation practice of assessing word categories 2.Explanation of the practice of simulating kumite category assessments		Lecture Discussion Questions and answers 4 X 50 simulation practice			0%
12	Students are able to understand and simulate the kata category assessment system Students are able to understand and simulate the kumite category assessment system	1.Explanation of the simulation practice of assessing word categories 2.Explanation of the practice of simulating kumite category assessments		Lecture Discussion Questions and answers 4 X 50 simulation practice			0%
13	Students are able to understand and simulate the kata category assessment system Students are able to understand and simulate the kumite category assessment system	1.Explanation of the simulation practice of assessing word categories 2.Explanation of the practice of simulating kumite category assessments		Lecture Discussion Questions and answers 4 X 50 simulation practice			0%
14	Students are able to understand and simulate the kata category assessment system Students are able to understand and simulate the kumite category assessment system	1.Explanation of the simulation practice of assessing word categories 2.Explanation of the practice of simulating kumite category assessments		Lecture Discussion Questions and answers 4 X 50 simulation practice			0%
15							0%
16							0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes
1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.