



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences**  
**S1 Sports Coaching Education Study Program**

Document Code

**SEMESTER LEARNING PLAN**

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>			<b>SEMESTER</b>	<b>Compilation Date</b>																																	
Regulations and Refereeing for Athletic Sports	8520204436		T=1	P=0	ECTS=1.59	6	July 18, 2024																																	
<b>AUTHORIZATION</b>		<b>SP Developer</b>		<b>Course Cluster Coordinator</b>		<b>Study Program Coordinator</b>																																		
		.....		.....		Dr. Or. Muhammad, S.Pd., M.Pd.																																		
<b>Learning model</b>	Case Studies																																							
<b>Program Learning Outcomes (PLO)</b>	PLO study program which is charged to the course																																							
	Program Objectives (PO)																																							
	PLO-PO Matrix																																							
		P.O																																						
	PO Matrix at the end of each learning stage (Sub-PO)																																							
		<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td style="width: 5%;">P.O</td> <td colspan="16">Week</td> </tr> <tr> <td></td> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> </table>						P.O	Week																	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
P.O	Week																																							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																								
<b>Short Course Description</b>	Examine the basic rules of athletics, field numbers and track numbers, as well as the sizes of equipment used in athletic competitions																																							
<b>References</b>	<b>Main :</b>																																							
	1. Persatuan Atletik Seluruh Indonesia. 2016. Peraturan Teknis Perlombaan Atletik 2016-2017 ( <i>Technical Rules 2016-2017</i> ). IAAF. 2018. <i>Competition Rules 2018-2019</i> . Monaco: Cedex																																							
	<b>Supporters:</b>																																							
<b>Supporting lecturer</b>	EDY MINTARTO Fifit Yeti Wulandari, S.Pd., M.Pd.																																							
<b>Week-</b>	<b>Final abilities of each learning stage (Sub-PO)</b>	<b>Evaluation</b>		<b>Help Learning, Learning methods, Student Assignments, [ Estimated time]</b>		<b>Learning materials [ References ]</b>	<b>Assessment Weight (%)</b>																																	
		<b>Indicator</b>	<b>Criteria &amp; Form</b>	<b>Offline ( offline )</b>	<b>Online ( online )</b>																																			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																	

1	Understand and master the duties within an athletic organization	1.Understand the names and main duties of each position in an athletic organization 2.understand the terms in the fields of athletic organizations		lecture, discussion 4 X 50			0%
2	Know and understand the positions in international athletic competitions	1.understand the duties of a race official 2.understand the terms of race officials		4 X 50 discussion lecture			0%
3	Understand the duties of field technical officers	1. understand the terms and names of technical officers 2. understand the duties of technical officers		lecture, discussion 4 X 50			0%
4	Know and understand the facilities and infrastructure of athletic competitions	1.Know the dimensions of the race track and field 2.Know the weight of equipment used in athletic competitions 3.Know the locations and important points in the race	<b>Criteria:</b> range 0-100	lectures, discussions 4 X 50			0%
5	age and gender categories, competition registration	1. competition age category and gender 2 stages of competition registration		4 X 50 discussion lecture			0%
6	clothing, shoes, athlete bibs, and advertising and assistance to athletes	1. Provisions for clothing, size and number of spikes on shoes, additions to shoes and provisions for athlete bib numbers 2. permitted and prohibited assistance		lecture, discussion 4 X 50			0%
7	disqualification, protest and appeal in athletic competitions	1. disqualification steps 2. protest and appeal steps		lectures and discussions 4 X 50			0%
8	Know and understand the parts of the track numbers	1. trajectory measurement 2. Start Block 3. start conditions 4. Competition Conditions 5. Finish		Friendly conversation, discussion, field observation 4 X 50			0%

9	Midterm exam	1. Positions of International Officers 2. Names and Duties of Technical Officers 3. Competition facilities 4. Athlete Rights and Obligations, Registration and Clothing 5. Disqualification, Protest and Appeal 6. Track Numbers	<b>Criteria:</b> Value Range 0-100	Written Test, Multiple Choice and Essay 4 X 50			0%
10	Understanding how to record time and finish photos. Determining ranking and qualifying for track events. The results are the same	1. know and understand how to record the time for each track number 2. qualification stages and ranking determination 3. ranking process if the results are the same		4 X 50 discussion lecture			0%
11	Knowing, Understanding Relay Races	1. Race Distance 2. Changeover Zone Size and Spacing		lecture, discussion, observation 4 X 50			0%
12	know and understand the parts in field numbers	1. Linear Throw 2. Throw Rotation		lecture, discussion, observation 4 X 50			0%
13	Know and understand jump numbers	1. size of the race arena 2. size of competition equipment 3. vertical jump 4. horizontal jump		discussion lecture, exercise 4 X 50			0%
14	Understanding Combined Event Races	1. Competition numbers 2. Competition Category		lecture, discussion 4 X 50			0%
15	know and understand indoor competitions. Know about outdoor competitions. Know and understand the recording and recognition of records	1. track number and field number 2. trail running, cross country 3. recording, provisions, recognition of records		4 X 50 discussion lecture			0%
16	Final exams	Meeting Materials 10-15	<b>Criteria:</b> Value Range 0-100	Written and Oral Exams 4 X 50			0%

#### Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

#### Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program)

which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.

3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.