



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences**  
**S1 Sports Coaching Education Study Program**

Document Code

**SEMESTER LEARNING PLAN**

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date
REGULATIONS AND REFEREES FOR AQUATIC/DIVING SPORTS	8520204580	Compulsory Study Program Subjects	T=1	P=0	ECTS=1.59	1	January 1, 2023
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator	
	Bayu Agung Pramono, S.Pd., M.Kes		Dr. Imam Marsudi, M.Si			Dr. Or. Muhammad, S.Pd., M.Pd.	

<b>Learning model</b>	Case Studies
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<b>Program Learning Outcomes (PLO)</b>	PLO study program which is charged to the course																																															
	Program Objectives (PO)																																															
	PLO-PO Matrix																																															
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="width: 50px; height: 20px;">P.O</td> <td colspan="15"></td> </tr> </table>															P.O																															
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<b>PO Matrix at the end of each learning stage (Sub-PO)</b>																																																
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td rowspan="2" style="width: 50px; height: 20px;">P.O</td> <td colspan="15" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 20px;">1</td> <td style="width: 20px;">2</td> <td style="width: 20px;">3</td> <td style="width: 20px;">4</td> <td style="width: 20px;">5</td> <td style="width: 20px;">6</td> <td style="width: 20px;">7</td> <td style="width: 20px;">8</td> <td style="width: 20px;">9</td> <td style="width: 20px;">10</td> <td style="width: 20px;">11</td> <td style="width: 20px;">12</td> <td style="width: 20px;">13</td> <td style="width: 20px;">14</td> <td style="width: 20px;">15</td> <td style="width: 20px;">16</td> </tr> </table>															P.O	Week															1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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1		2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																																

<b>Short Course Description</b>	The Swimming Sports Regulations and Refereeing course presents the scope, management of swimming competitions, officials, arrangement of series in semi-final and direct final competitions, swimming competition regulations (start method, reversal, age groups, individual and group medley procedures)
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<b>References</b>	<b>Main :</b>	
		<ol style="list-style-type: none"> <li>1. Bureau, F. 2016. FINA RULES ON THE PREVENTION OF THE MANIPULATION OF, 1–9.</li> <li>2. Congress, F. 2017. FINA CODE OF ETHICS.</li> <li>3. Congress, F. 2017. FINA CONSTITUTION.</li> <li>4. Covering, R., Fees, A., Vote, M., Of, R., For, O., Of, R., ... Format, C. (2018). FINA BY LAWS, 1–87.</li> <li>5. Fina. 2017. Explanatory Memorandum for 2017 FINA Swimming Rule Changes, 7–10.</li> <li>6. Fina. 2017. FINA GENERAL RULES, (July), 1–12.</li> <li>7. Fina. 2017. INTERPRETATION FINA Swimming Rules, 7–8.</li> <li>8. Fina. 2017. WORLD RECORD &amp; WORLD JUNIOR RECORD APPLICATION FORM, (September), 2017.</li> <li>9. FINA. 2017. Fina Swimming Rules, (September), 1–20.</li> </ol>
	<b>Supporters:</b>	

<b>Supporting lecturer</b>	Prof.Dr. Imam Marsudi, M.Si. Bayu Agung Pramono, S.Pd., M.Kes.
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Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time]		Learning materials [ References ]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Students are able to understand and practice swimming competition management	students organize swimming competition management	<b>Criteria:</b> A grade is obtained if students can explain the scope of swimming competition management and put it into practice	Theory and practice 4 X 50			0%

2	Students are able to understand and practice swimming competition management	students organize swimming competition management	<b>Criteria:</b> A grade is obtained if students can explain the scope of swimming competition management and put it into practice	Theory and practice 4 X 50			0%
3	Students are able to understand and practice swimming competition management	students organize swimming competition management	<b>Criteria:</b> A grade is obtained if students can explain the scope of swimming competition management and put it into practice	Theory and practice 4 X 50			0%
4	Students are able to organize swimming competition simulations in the semifinal system and directly in the final	students practice swimming competition simulations in the semi-final and final systems	<b>Criteria:</b> Students get an A grade if 70% can successfully carry out a simulation of the semi-final and final system swimming competitions	lecture and practice 4 X 50			0%
5	Students are able to organize swimming competition simulations in the semifinal system and directly in the final	students practice swimming competition simulations in the semi-final and final systems	<b>Criteria:</b> Students get an A grade if 70% can successfully carry out a simulation of the semi-final and final system swimming competitions	lecture and practice 4 X 50			0%
6	Students are able to understand the Start assessment used in swimming competitions	Students understand the starting principles for each style in swimming competitions	<b>Criteria:</b> Students will get an A if they are able to provide an assessment that is in accordance with the lecturer's assessment standards for identifying the start in the video	lecture and practice 4 X 50			0%
7	students are able to apply judging on 5 swimming styles (freestyle, butterfly, breaststroke, backstroke and medley) regarding the application of disqualifications (stroke, start, dolphin, reversal and finish)	Students are able to practice judging by observing videos	<b>Criteria:</b> Students get a B if they can only answer the freestyle swimming assessment theory in writing. Students get an A if they can answer in writing and directly assess a freestyle swimming video.	LecturesStudent centerdiscussiondirect practice 4 X 50			0%
8	UTS			4 X 50			0%
9	students are able to apply judging on 5 swimming styles (freestyle, butterfly, breaststroke, backstroke and medley) regarding the application of disqualifications (stroke, start, dolphin, reversal and finish)	Students are able to practice judging by observing videos	<b>Criteria:</b> Students get a B if they can only answer the freestyle swimming assessment theory in writing. Students get an A if they can answer in writing and directly assess a freestyle swimming video.	LecturesStudent centerdiscussiondirect practice 4 X 50			0%
10							0%
11							0%
12							0%
13							0%
14							0%
15							0%
16							0%

No	Evaluation	Percentage
		0%

#### Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.