

## Universitas Negeri Surabaya Faculty of Sports and Health Sciences S1 Sports Coaching Education Study Program

Document Code

## SEMESTER LEARNING PLAN

| Courses                        |   | CODE  | CODE Course F                       |           | se Fan                                 | nily     | Credit Weight |       |                                   |                  | SEME                    | STER                 | Cor<br>Dat               | npilati<br>e      |                   |
|--------------------------------|---|---|-------------------------------------|-----------|--|----------|---------------|-------|-----------------------------------|------------------|-------------------------|----------------------|--------------------------|-------------------|-------------------|
| Research me                    | thodology   | 852020312   | 2                                   |           |  |          |               | Т     | =3 F                              | P=0              | ECTS=4.7                | 7                    | 3                        | Apri<br>202       | il 30,<br>3       |
| AUTHORIZAT                     | ΓΙΟΝ  | SP Develop  | SP Developer                        |           |  |          | Cour          | se C  | luste                             | er Co            | ordinator               | Study                | Study Program Coordinato |                   |                   |
|                                |   | Prof. Dr. I M   | Prof. Dr. I Made Sriundy M., M. Pd. |           | Prof. Dr. I Made Sriundy M., M.<br>Pd. |          |               | Dr. C | Dr. Or. Muhammad, S.Pd.,<br>M.Pd. |                  |                         |                      |                          |                   |                   |
| Learning<br>model              | Project Based L   | earning   |                                     |           |  |          |               |       |                                   |                  |                         |                      |                          |                   |                   |
| Program                        | PLO study program which is charged to the course  |   |                                     |           |  |          |               |       |                                   |                  |                         |                      |                          |                   |                   |
| Learning<br>Outcomes           | Program Objectives (PO)   |   |                                     |           |  |          |               |       |                                   |                  |                         |                      |                          |                   |                   |
| (PLO)                          | PO - 1 Able to identify critical problems that can be solved through scientific research;       |   |                                     |           |  |          |               |       |                                   |                  |                         |                      |                          |                   |                   |
|                                | PO - 2  |   |                                     |           |  |          |               |       |                                   |                  |                         |                      |                          |                   |                   |
|                                | PO - 3 Able to develop research paradigms and designs that are relevant to research problems    |   |                                     |           |  |          |               |       |                                   |                  |                         |                      |                          |                   |                   |
|                                | PO - 4 Able to choose the right research method according to the research problem to be studied |   |                                     |           |  |          |               |       |                                   |                  |                         |                      |                          |                   |                   |
|                                | PO - 5  | Able to choose the  | e right analys                      | is techni | que fo                                 | r the re | esearc        | h pr  | oblen                             | n to b           | e studied               |                      |                          |                   |                   |
|                                | PLO-PO Matrix   |   |                                     |           |  |          |               |       |                                   |                  |                         |                      |                          |                   |                   |
|                                | PO Matrix at th   | P.0<br>PO-1<br>PO-2<br>PO-3<br>PO-4<br>PO-5<br>e end of each lea<br>P.0<br>PO-1<br>PO-1<br>PO-2<br>PO-3<br>PO-4<br>PO-5 | arning stag                         | 3 4       | <b>5</b>                               | 6        | 7             | 8     | Wee<br>9                          | k<br>10          |                         | 2 13                 |                          | 15                | 16                |
| Short<br>Course<br>Description | research problem  | basic concepts of<br>ns, literature reviev<br>ata analysis and int  | v. identification                   | on and c  | peratio                                | onal d   | efinitio      | on of | varia                             | s, res<br>ables, | earch des<br>formulatio | gn plann<br>n of hyp | ing and<br>otheses       | identi<br>s, data | fication<br>sourc |

|                     | <ol> <li>Thomas,<br/>Human K</li> <li>Cochran<br/>indoensia</li> <li>Spradley</li> <li>Lexy J. N</li> <li>Miles Ma</li> <li>Lee Rayr</li> </ol>  | Jerry R. 1985. Intro<br>Kinetics Publishers I<br>Willian G. 1991. T<br>a.<br>James P. 1980. Pa<br>Joeleong. 2006. Me<br>thew B and A. Mich   | engantar Metodologi Pene<br>oduction to Reasearch: in<br>Inc.<br>eknik Penarikan Sampel<br>articipant Observation. Ne<br>etodologi Penelitian Kualita<br>nael Huberman. 1992. Ana<br>earching Sensitive Topics | Health, physica<br>Editisi Ketiga (F<br>w York : Holt, R<br>atif Edisi Revisi.<br>alisis Data Kualii | I Education, Recreation,<br>Penerjemah: Rudiansyal<br>inehart and Winston.<br>Bandung: PT. Remaja F<br>tatif. Jakarta: PT. Grame | , and Dance. Char<br>h). Jakarta: Pener<br>Rosdakarya<br>edia.   | npaign, Illinois<br>bit Universitas |  |
|---------------------|--|--|--|--|--|--|-------------------------------------|--|
|                     | Supporters:  |  |  |  |  |  |                                     |  |
| Support<br>lecturer |  |  | , M.Pd.  |  |  |  |                                     |  |
| Week-               | Final abilities of<br>each learning<br>stage   | Ev   | valuation  | Lear<br>Stude  | Help Learning,<br>Learning methods,<br>Student Assignments,<br>[Estimated time]  |  | Assessment<br>Weight (%)            |  |
|                     | (Sub-PO)   | Indicator  | Criteria & Form  | Offline (<br>offline )   | Online ( <i>online</i> )   | [ References<br>]  |                                     |  |
| (1)                 | (2)  | (3)  | (4)  | (5)  | (6)  | (7)  | (8)                                 |  |
| 1                   | Get to know<br>various types of<br>research and<br>scientific methods,<br>understand the<br>types of research,<br>good research<br>criteria and be able<br>to distinguish<br>between<br>methodology and<br>method  | Get to know<br>various types<br>of research and<br>scientific<br>methods,<br>understand the<br>types of<br>research, good<br>research, good<br>research and be<br>able to<br>distinguish<br>between<br>methodology<br>and method   | Criteria:<br>Lectures, discussions<br>and questions and<br>answers<br>Form of Assessment :<br>Participatory Activities   | Presentation<br>of theory,<br>discussion<br>and<br>questions<br>and answers<br>3 X 50                |  | Material:<br>getting to<br>know the<br>types of<br>research<br>Library:<br>Sriundy M. 1<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.  | 0%                                  |  |
| 2                   | Students are able<br>to review scientific<br>literature, select<br>scientific works that<br>are appropriate to<br>the type of<br>research, provide<br>critical<br>assessments of the<br>content of a<br>scientific work, and<br>can build research<br>concepts based on<br>the literature they<br>have reviewed. | Students are<br>able to review<br>scientific<br>literature,<br>select scientific<br>works that are<br>appropriate to<br>the type of<br>research,<br>provide critical<br>assessments of<br>the content of a<br>scientific work,<br>and can build<br>research<br>concepts<br>based on the<br>literature they<br>have reviewed. | Criteria:<br>active participation<br>Form of Assessment :<br>Participatory Activities  | Lectures,<br>discussions,<br>exercises<br>and<br>assignments.<br>3 X 50                              |  | Material:<br>literature<br>review<br>Bibliography:<br>Sriundy M. 1<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.<br>Material:<br>literature<br>review<br>Bibliography:<br>Lexy J.<br>Moeleong.<br>2006.<br>Qualitative<br>Research<br>Methodology<br>Revised<br>Edition.<br>Bandung: PT.<br>Rosdakarya<br>Teenager | 0%                                  |  |

| 3 | Students are able<br>to formulate their<br>research problems  | Students are<br>able to<br>formulate their<br>research<br>problems  | Criteria:<br>Lectures, discussions<br>and questions and<br>answers<br>Form of Assessment :<br>Participatory Activities,<br>Tests                | Lectures,<br>case studies<br>and<br>3 X 50<br>exercises | Material:<br>problem<br>formulation<br>Reference:<br>Sriundy M. I<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.<br>Material:<br>problem<br>formulation<br>Reader: Lexy<br>J. Moeleong.<br>2006.<br>Qualitative<br>Research<br>Methodology<br>Revised<br>Edition.<br>Bandung: PT.<br>Rosdakarya<br>Teenager   | 5% |
|---|---|---|---|---|--|----|
| 4 | Students are able<br>to create research<br>designs (Research<br>Design) according<br>to the type of<br>research   | Students are<br>able to create<br>research<br>designs<br>(Research<br>Design)<br>according to<br>the type of<br>research  | Criteria:<br>Lectures, discussions<br>and questions and<br>answers<br>Form of Assessment :<br>Participatory Activities                          | Lectures,<br>case studies<br>and<br>3 X 50<br>exercises | Material:<br>research<br>design<br>Reference:<br>Sriundy M. I<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.  | 5% |
| 5 | Students know<br>various data<br>collection<br>techniques in<br>research, sources<br>of research data<br>and are able to<br>determine the<br>amount of data size<br>that is considered<br>statistically<br>appropriate for a<br>study | Students know<br>various data<br>collection<br>techniques in<br>research,<br>sources of<br>research data<br>and are able to<br>determine the<br>amount of data<br>size that is<br>considered<br>statistically<br>appropriate for<br>a study | Criteria:<br>Lectures, discussions<br>and questions and<br>answers<br>Form of Assessment :<br>Participatory Activities,<br>Practice/Performance | Lectures,<br>case studies<br>and<br>3 × 50<br>exercises | Material: data<br>collection<br>techniques<br>Reference:<br>Sriundy M. 1<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.<br>Material: data<br>collection<br>techniques<br>Reference:<br>Cochran<br>Willian G.<br>1991.<br>Sampling<br>Techniques<br>Third Edition<br>(Translator:<br>Rudiansyah).<br>Jakarta:<br>Indonesian<br>University<br>Publishers. | 0% |
| 6 | Students can<br>model problems<br>that are the object<br>of research<br>mathematically,<br>create simulations<br>of these problems<br>and know several<br>application<br>software that can<br>be used for<br>simulations.             | Students can<br>model<br>problems that<br>are the object<br>of research<br>mathematically,<br>create<br>simulations of<br>these problems<br>and know<br>several<br>application<br>software that<br>can be used for<br>simulations.          | Criteria:<br>active participation<br>Form of Assessment :<br>Participatory Activities,<br>Practice/Performance                                  | lectures,<br>discussions<br>and<br>exercises<br>3 X 50  | Material:<br>modeling<br>Reference:<br>Sriundy M. I<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.  | 0% |

| 7  | Students can<br>display research<br>results in various<br>appropriate<br>formats, interpret<br>their research<br>results and are able<br>to analyze research<br>results statistically,<br>numerically and<br>graphically. | Students can<br>display<br>research<br>results in<br>various<br>appropriate<br>formats,<br>interpret their<br>research<br>results and are<br>able to analyze<br>research<br>results<br>statistically,<br>numerically<br>and<br>graphically. | Criteria:<br>Lectures, discussions<br>and questions and<br>answers<br>Form of Assessment :<br>Participatory Activities,<br>Practice/Performance | Lectures,<br>case studies<br>and<br>3 X 50<br>exercises                      | Material:<br>interpretation<br>of data<br>analysis<br><b>Reference:</b><br><i>Sriundy M. I</i><br><i>Made.</i> 2006.<br>Introduction to<br><i>Research</i><br><i>Methodology:</i><br><i>Sports and</i><br><i>Physical</i><br><i>Education.</i><br><i>Surabaya:</i><br><i>Hand out.</i>   | 0%  |
|----|---|---|---|--|--|-----|
| 8  | Evaluate<br>understanding and<br>absorption of<br>material 1 -7   | Evaluate<br>understanding<br>and absorption<br>of material 1 -7   | Criteria:<br>Writing test<br>Form of Assessment :<br>Participatory Activities,<br>Tests   | written test<br>3 X 50   | Material:<br>meetings 1-7<br>Reader:<br>Sriundy M. I<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.   | 25% |
| 9  | Students know<br>various forms of<br>citation and are<br>able to apply<br>certain citation and<br>referencing styles<br>(IEEE sytle)<br>according to the<br>reference format in<br>the study program.                     | Students know<br>various forms<br>of citation and<br>are able to<br>apply certain<br>citation and<br>referencing<br>styles (IEEE<br>sytle)<br>according to<br>the reference<br>format in the<br>study program.                              | Criteria:<br>active participation<br>Form of Assessment :<br>Participatory Activities   | Lectures,<br>discussions<br>and<br>exercises<br>3 X 50                       | Material:<br>library<br>citations<br>Reference<br>: Sriundy M. I<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.<br>Material:<br>citation<br>Bibliography:<br>Thomas, Jerry<br>R. 1985.<br>Introduction to<br>Research: in<br>Health,<br>Physical<br>Education,<br>Recreation,<br>and Dance.<br>Champaign,<br>Illinois:<br>Human<br>Kinetics<br>Publishers<br>Inc. | 0%  |
| 10 | Students are able<br>to create a<br>research proposal<br>and understand the<br>content that must<br>be written in each<br>part of the research<br>proposal  | Students are<br>able to create a<br>research<br>proposal and<br>understand the<br>content that<br>must be written<br>in each part of<br>the research<br>proposal  | Criteria:<br>assignment<br>Form of Assessment :<br>Participatory Activities,<br>Project Results<br>Assessment / Product<br>Assessment           | Lectures,<br>discussions,<br>exercises<br>3 X 50                             | Material:<br>meetings 1-7<br>Reader:<br>Sriundy M. I<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.   | 5%  |
| 11 | Students can apply<br>the knowledge<br>gained during<br>lectures to produce<br>a research<br>proposal   | Students can<br>apply the<br>knowledge<br>gained during<br>lectures to<br>produce a<br>research<br>proposal   | Criteria:<br>assignment<br>Form of Assessment :<br>Participatory Activities   | Training and<br>consultation<br>with<br>prospective<br>supervisors<br>3 X 50 | Material:<br>meetings 1-7<br>Reader:<br>Sriundy M. I<br>Made. 2006.<br>Introduction to<br>Research<br>Methodology:<br>Sports and<br>Physical<br>Education.<br>Surabaya:<br>Hand out.   | 5%  |

| 12 | Students can apply<br>the knowledge<br>gained during<br>lectures to produce<br>a research<br>proposal | Students can<br>apply the<br>knowledge<br>gained during<br>lectures to<br>produce a<br>research<br>proposal | Criteria:<br>assignment<br>Form of Assessment :<br>Participatory Activities   | Training and<br>consultation<br>with<br>prospective<br>supervisors<br>3 X 50 | Read<br>Srium<br>Made<br>Introd<br>Rese<br>Meth<br>Spon<br>Phys                            | ings 1-7<br>ler:<br>dy M. I<br>e. 2006.<br>Juction to<br>arch<br>odology:<br>ts and<br>ical<br>ation.<br>baya:  |  |
|----|---|---|---|--|--|---|--|
| 13 | Students can apply<br>the knowledge<br>gained during<br>lectures to produce<br>a research<br>proposal | Students can<br>apply the<br>knowledge<br>gained during<br>lectures to<br>produce a<br>research<br>proposal | Criteria:<br>assignment<br>Form of Assessment :<br>Participatory Activities,<br>Project Results<br>Assessment / Product<br>Assessment | Training and<br>consultation<br>with<br>prospective<br>supervisors<br>3 X 50 | Read<br>Srium<br>Made<br>Introd<br>Rese<br>Meth<br>Spon<br>Phys                            | ings 1-7<br>ler:<br>dy M. I<br>e. 2006.<br>Juction to<br>arch<br>odology:<br>ts and<br>ical<br>ation.<br>baya:  |  |
| 14 | Students can apply<br>the knowledge<br>gained during<br>lectures to produce<br>a research<br>proposal | Students can<br>apply the<br>knowledge<br>gained during<br>lectures to<br>produce a<br>research<br>proposal | Criteria:<br>assignment<br>Form of Assessment :<br>Participatory Activities,<br>Project Results<br>Assessment / Product<br>Assessment | Training and<br>consultation<br>with<br>prospective<br>supervisors<br>3 X 50 | Read<br>Srium<br>Made<br>Introo<br>Rese<br>Meth<br>Spon<br>Phys                            | ings 1-7<br>ler:<br>dy M. I<br>e. 2006.<br>Juction to<br>arch<br>odology:<br>ts and<br>ical<br>ation.<br>baya:  |  |
| 15 | Students are able<br>to present their<br>research proposals<br>and defend their<br>contents           | Students are<br>able to present<br>their research<br>proposals and<br>defend their<br>contents              | Criteria:<br>assignment<br>Form of Assessment :<br>Participatory Activities,<br>Project Results<br>Assessment / Product<br>Assessment | Presentation<br>Evaluation<br>3 X 50   | Read<br>Srium<br>Made<br>Introc<br>Rese<br>Meth<br>Sport<br>Phys<br>Educ                   | ings 1-7<br>ler:<br>dy M. I<br>e. 2006.<br>Juction to<br>varch<br>odology:<br>ts and<br>ical<br>ation.<br>baya: |  |
| 16 | UAS   | material<br>mastery 80%   | Criteria:<br>project<br>Form of Assessment :<br>Project Results<br>Assessment / Product<br>Assessment                                 | Written<br>Exam<br>2 x 50  | lectur<br>mate<br>Read<br>Srium<br>Made<br>Introd<br>Rese<br>Meth<br>Sport<br>Phys<br>Educ | rials<br>ler:<br>dy M. I<br>e. 2006.<br>Juction to<br>arch<br>odology:<br>is and<br>ical<br>ation.<br>baya:     |  |

## Evaluation Percentage Recap: Project Based Learning

| No | Evaluation                                      | Percentage |
|----|---|------------|
| 1. | Participatory Activities                        | 40%        |
| 2. | Project Results Assessment / Product Assessment | 45%        |
| 3. | Test  | 15%        |
|    |   | 100%       |

Notes

- 1. Learning Outcomes of Study Program Graduates (PLO Study Program) are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- 2. The PLO imposed on courses are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.

- 3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. Indicators for assessing ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment: test and non-test.
- 8. Forms of learning: Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- 9. Learning Methods: Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning,
- Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods. 10. Learning materials are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.