



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date																																	
Gymnastics Sports Regulations and Referees	8520204449		T=1 P=0 ECTS=1.59	6	July 18, 2024																																	
AUTHORIZATION	SP Developer		Course Cluster Coordinator		Study Program Coordinator																																	
		Dr. Or. Muhammad, S.Pd., M.Pd.																																	
Learning model	Case Studies																																					
Program Learning Outcomes (PLO)	PLO study program which is charged to the course																																					
	Program Objectives (PO)																																					
	PLO-PO Matrix																																					
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr><td style="width: 30px; height: 20px;">P.O</td></tr> </table>				P.O																																
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	PO Matrix at the end of each learning stage (Sub-PO)																																					
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td rowspan="2" style="width: 30px; height: 20px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 20px; height: 20px;">1</td> <td style="width: 20px; height: 20px;">2</td> <td style="width: 20px; height: 20px;">3</td> <td style="width: 20px; height: 20px;">4</td> <td style="width: 20px; height: 20px;">5</td> <td style="width: 20px; height: 20px;">6</td> <td style="width: 20px; height: 20px;">7</td> <td style="width: 20px; height: 20px;">8</td> <td style="width: 20px; height: 20px;">9</td> <td style="width: 20px; height: 20px;">10</td> <td style="width: 20px; height: 20px;">11</td> <td style="width: 20px; height: 20px;">12</td> <td style="width: 20px; height: 20px;">13</td> <td style="width: 20px; height: 20px;">14</td> <td style="width: 20px; height: 20px;">15</td> <td style="width: 20px; height: 20px;">16</td> </tr> </table>					P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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Short Course Description	Gymnastics Sports Regulations and Refereeing are basic and advanced courses in understanding the rules of the gymnastics discipline as a whole and the skills of judging and refereeing in championships.																																					
References	Main :																																					
	<ol style="list-style-type: none"> 1. WAG Code of Points 2017. Federation Int de Gymnastique 2. MAG Code of Points 2017. Federation Int de Gymnastique 3. Rhythmic Gymnastic Code of Points 2017. Federation Int de Gymnastique 4. Aerobic Gymnastics Code of Points 2017. Federation Int de Gymnastique 5. WAG Australian Level 2017. Federation Gymnastics of Aus 6. MAG Australian Level 2015. Federation Gymnastics of Aus 7. Buku Pedoman O2sn 2014. Kemenegpora 2014 																																					
	Supporters:																																					
Supporting lecturer	Dr. Fransisca Januarumi Marhaendra Wijaya, S.Pd., M.Kes. Eva Ferdita Yuhantini, S.Pd., M.Kes.																																					
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																															
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																															

1	Understand the basic rules of the Code of Points for championships.	- Skilled in implementing competition rules - Skilled in organizing championships		- Presentation - Question and answer - 4 X 50 case discussion			0%
2	Understand the basic rules of the Code of Points for championships.	- Skilled in implementing competition rules - Skilled in organizing championships		- Presentation - Question and answer - 4 X 50 case discussion			0%
3	- Memorize and understand drawing symbols - Memorize and understand the value of movements - Memorize and understand the scoring mechanism	- Can draw symbols without a book - Can say the value of each movement - Can calculate the value of a series of movements		- Presentation-Practice 4 X 50			0%
4	- Memorize and understand drawing symbols - Memorize and understand the value of movements - Memorize and understand the scoring mechanism	- Can draw symbols without a book - Can say the value of each movement - Can calculate the value of a series of movements		- Presentation-Practice 4 X 50			0%
5	- Memorize and understand drawing symbols - Memorize and understand the value of movements - Memorize and understand the scoring mechanism	- Can draw symbols without a book - Can say the value of each movement - Can calculate the value of a series of movements		- Presentation-Practice 4 X 50			0%
6	Able to calculate initial value, bonus and execution	- Understand the initial value calculation - Understand the bonus value - Understand the requirement value - Understand general deductions		- Presentation-Practice-Discussion 4 X 50			0%
7	Able to calculate initial value, bonus and execution	- Understand the initial value calculation - Understand the bonus value - Understand the requirement value - Understand general deductions		- Presentation-Practice-Discussion 4 X 50			0%
8	UTS	UTS		UTS 4 X 50			0%
9	Able to practice competition rules in championships	- Understand the competition rules - Understand the scoring rules		Competition practice. Discussion of the 4 X 50 case			0%
10	Able to practice competition rules in championships	- Understand the competition rules - Understand the scoring rules		Competition practice. Discussion of the 4 X 50 case			0%

11	- Can organize small/simple championships - Can judge and referee championships	- Able to carry out competition rules - Able to calculate the series of movements in the championship		Practice Case discussion 4 X 50			0%
12	- Can organize small/simple championships - Can judge and referee championships	- Able to carry out competition rules - Able to calculate the series of movements in the championship		Practice Case discussion 4 X 50			0%
13	- Can organize small/simple championships - Can judge and referee championships	- Able to carry out competition rules - Able to calculate the series of movements in the championship		Practice Case discussion 4 X 50			0%
14	- Can organize small/simple championships - Can judge and referee championships	- Able to carry out competition rules - Able to calculate the series of movements in the championship		Practice Case discussion 4 X 50			0%
15	- Can organize small/simple championships - Can judge and referee championships	- Able to carry out competition rules - Able to calculate the series of movements in the championship		Practice Case discussion 4 X 50			0%
16	UAS	UAS		UAS 4 X 50			0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.

11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.