



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences**  
**S1 Sports Coaching Education Study Program**

Document Code

**SEMESTER LEARNING PLAN**

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>	<b>SEMESTER</b>	<b>Compilation Date</b>																																																			
Management of Organizing and Referencing Gymnastics Sports	8520204629	Compulsory Study Program Subjects	T=1 P=3 ECTS=6.36	6	July 17, 2024																																																			
<b>AUTHORIZATION</b>	<b>SP Developer</b>		<b>Course Cluster Coordinator</b>		<b>Study Program Coordinator</b>																																																			
	Dr. Fransisca Januarumi, M. Kes		Dr. Fransisca Januarumi, M. Kes		Dr. Or. Muhammad, S.Pd., M.Pd.																																																			
<b>Learning model</b>	Project Based Learning																																																							
<b>Program Learning Outcomes (PLO)</b>	PLO study program which is charged to the course																																																							
	Program Objectives (PO)																																																							
	PO - 1	Able to train well in terms of physical, technical, strategy in early childhood and juniors																																																						
	PLO-PO Matrix																																																							
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="padding: 5px;">P.O</td> </tr> <tr> <td style="padding: 5px;">PO-1</td> </tr> </table>				P.O	PO-1																																																	
P.O																																																								
PO-1																																																								
PO Matrix at the end of each learning stage (Sub-PO)																																																								
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="padding: 5px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td></td> <td style="padding: 5px;">1</td><td style="padding: 5px;">2</td><td style="padding: 5px;">3</td><td style="padding: 5px;">4</td><td style="padding: 5px;">5</td><td style="padding: 5px;">6</td><td style="padding: 5px;">7</td><td style="padding: 5px;">8</td><td style="padding: 5px;">9</td><td style="padding: 5px;">10</td><td style="padding: 5px;">11</td><td style="padding: 5px;">12</td><td style="padding: 5px;">13</td><td style="padding: 5px;">14</td><td style="padding: 5px;">15</td><td style="padding: 5px;">16</td> </tr> <tr> <td style="padding: 5px;">PO-1</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>				P.O	Week																	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	
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PO-1																																																								
<b>Short Course Description</b>	This course discusses management knowledge in organizing a gymnastics championship and also the practice of real assessment in a championship. The goals and benefits obtained will be understood when preparing (planning) a championship, carrying out (action) in the field as well as evaluating and making necessary improvements.																																																							
<b>References</b>	<b>Main :</b>																																																							
	1. 1. Fig, 2020. Code of Points MAG. Swiss - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Swiss - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Swiss - Federation Internationale of Gymnastique																																																							
	<b>Supporters:</b>																																																							
<b>Supporting lecturer</b>	Dr. Fransisca Januarumi Marhaendra Wijaya, S.Pd., M.Kes. Eva Ferdita Yuhantini, S.Pd., M.Kes.																																																							
<b>Week-</b>	Final abilities of each learning stage (Sub-PO)	<b>Evaluation</b>		<b>Help Learning, Learning methods, Student Assignments, [ Estimated time]</b>		Learning materials [ References ]	Assessment Weight (%)																																																	
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )																																																			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																																	

1	Students are able to explain the goals and benefits of planning to hold a championship. Students are able to explain the goals and benefits of planning a championship concept.	Students are able to make championship plans. Students are able to create championship concepts.	<b>Criteria:</b> Able to explain logical concept planning and ideas  <b>Form of Assessment :</b> Participatory Activities	Explanation Questions and answers Discussion 4 X 50		<b>Material:</b> implementation concept <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
2	Students are able to explain the goals and benefits of planning to hold a championship. Students are able to explain the goals and benefits of planning a championship concept.	Students are able to make championship plans. Students are able to create championship concepts.	<b>Criteria:</b> Able to explain logical concept planning and ideas  <b>Form of Assessment :</b> Participatory Activities	Explanation Questions and answers Discussion 4 X 50		<b>Material:</b> organizing events <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
3	Students are able to organize planning concepts into a presentation and explain the competition numbers and assessment mechanisms (MAG and WAG)	Students are able to present the championship concept and planning progress. Students are able to make a rundown and time allocation for the championship. Students are able to practice simple real assessments through video	<b>Criteria:</b> Activeness and involvement before, during and after the championship  <b>Form of Assessment :</b> Participatory Activities	Explanation Questions and answers Discussion 4 X 50		<b>Material:</b> competition numbers <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%

4	Students are able to organize planning concepts into a presentation and explain the competition numbers and assessment mechanisms (MAG and WAG)	Students are able to present the championship concept and planning progress. Students are able to make a rundown and time allocation for the championship. Students are able to practice simple real assessments through video	<b>Criteria:</b> Activeness and involvement before, during and after the championship  <b>Form of Assessment :</b> Participatory Activities, Portfolio Assessment	Explanation Questions and answers Discussion 4 X 50		<b>Material:</b> competition numbers <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
5	Students are able to organize planning concepts into a presentation and explain the competition numbers and assessment mechanisms (MAG and WAG)	Students are able to present the championship concept and planning progress. Students are able to make a rundown and time allocation for the championship. Students are able to practice simple real assessments through video	<b>Criteria:</b> Activeness and involvement before, during and after the championship  <b>Form of Assessment :</b> Participatory Activities, Practice/Performance	Explanation Questions and answers Discussion 4 X 50		<b>Material:</b> competition numbers <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
6	Able to complete activity plans that have been prepared and presented	Able to prove the progress of preparing the championship planning. Able to complete initial activities	<b>Criteria:</b> 1.Able to meet vendors 2.Actively get vendors 3.Discussion  <b>Forms of Assessment :</b> Participatory Activities, Portfolio Assessment, Practice / Performance	Approached several vendors for 4 X 50 sponsorship		<b>Material:</b> gymnastics competitions <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%

7	Able to complete activity plans that have been prepared and presented	Able to prove the progress of preparing the championship planning. Able to complete initial activities	<b>Criteria:</b> 1.Able to meet vendors 2.Actively get vendors 3.Discussion  <b>Form of Assessment :</b> Participatory Activities, Practice/Performance	Approached several vendors for 4 X 50 sponsorship		<b>Material:</b> gymnastics competitions <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
8	Able to complete activity plans that have been prepared and presented	Able to prove the progress of preparing the championship planning. Able to complete initial activities	<b>Criteria:</b> 1.Able to meet vendors 2.Actively get vendors 3.Discussion  <b>Form of Assessment :</b> Participatory Activities, Practice/Performance	Approached several vendors for 4 X 50 sponsorship		<b>Material:</b> gymnastics competitions <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
9	UTS	UTS	<b>Criteria:</b> UTS  <b>Form of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment	UTS 4 X 50		<b>Material:</b> gymnastics competitions <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	15%

10	Able to implement championship planning into a real championship. Able to implement real assessments into a championship	Organizing real championships Get directly involved in real assessment practices	<b>Criteria:</b> Able to explain the course of the championship and assessment  <b>Form of Assessment :</b> Participatory Activities	4 X 50 Discussion		<b>Material:</b> assessment in gymnastics <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
11	Able to implement championship planning into a real championship. Able to implement real assessments into a championship	Organizing real championships Get directly involved in real assessment practices	<b>Criteria:</b> Able to explain the course of the championship and assessment  <b>Form of Assessment :</b> Participatory Activities	4 X 50 Discussion		<b>Material:</b> assessment in gymnastics <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
12	Able to implement championship planning into a real championship. Able to implement real assessments into a championship	Organizing real championships Get directly involved in real assessment practices	<b>Criteria:</b> Able to explain the course of the championship and assessment  <b>Form of Assessment :</b> Participatory Activities	4 X 50 Discussion		<b>Material:</b> assessment in gymnastics <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%

13	Able to implement championship planning into a real championship. Able to implement real assessments into a championship	Organizing real championships Get directly involved in real assessment practices	<b>Criteria:</b> Able to explain the course of the championship and assessment  <b>Form of Assessment :</b> Participatory Activities, Practice/Performance	4 X 50 Discussion		<b>Material:</b> assessment in gymnastics <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
14	Able to analyze the results of activities and make new plans for future programs	Analyzing the results of activities Processing various suggestions and input Presenting assessment reports	<b>Criteria:</b> Able to analyze  <b>Form of Assessment :</b> Participatory Activities, Practice/Performance	Questions and answersDiscussion 4 X 50		<b>Material:</b> gymnastics <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%
15	Able to analyze the results of activities and make new plans for future programs	Analyzing the results of activities Processing various suggestions and input Presenting assessment reports	<b>Criteria:</b> Able to analyze  <b>Form of Assessment :</b> Participatory Activities, Practice/Performance	Questions and answersDiscussion 4 X 50		<b>Material:</b> gymnastics <b>References:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	5%

16	UAS	Able to handle physical exercises and techniques for early childhood in a simple and fun way	<b>Criteria:</b> Can display the results of the training method well  <b>Form of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment	UAS		<b>Material:</b> GYMNASTICS <b>Library:</b> 1. Fig. 2020. Code of Points MAG. Switzerland - Federation Internationale of Gymnastique 2. Fig. 2020. Code of Points WAG. Switzerland - Federation Internationale of Gymnastique 3. Fig. 2020. Code of Points RG. Switzerland - Federation Internationale of Gymnastics	15%
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#### Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
1.	Participatory Activities	64.17%
2.	Project Results Assessment / Product Assessment	15%
3.	Portfolio Assessment	4.17%
4.	Practice / Performance	16.67%
		100%

#### Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.