



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences**  
**S1 Sports Coaching Education Study Program**

Document Code

**SEMESTER LEARNING PLAN**

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>			<b>SEMESTER</b>	<b>Compilation Date</b>
Golf	8520202072		T=2	P=0	ECTS=3.18	1	July 18, 2024
<b>AUTHORIZATION</b>		<b>SP Developer</b>		<b>Course Cluster Coordinator</b>		<b>Study Program Coordinator</b>	
		.....		.....		Dr. Or. Muhammad, S.Pd., M.Pd.	
<b>Learning model</b>	Case Studies						
<b>Program Learning Outcomes (PLO)</b>	PLO study program which is charged to the course						
	Program Objectives (PO)						
	PLO-PO Matrix						
		P.O					
<b>Short Course Description</b>	This course discusses the basic techniques in Golf, consisting of the ability to hit the ball (back stroke, swing, impact, follow motion) and the ability to apply basic techniques in the game and the rules of the Golf game.						
<b>References</b>	<b>Main :</b>						
	1. Nicklaus, Jack. 2003. Golf Instruksi : Pedoman Peningkatan Teknik Lengkap dengan Gambar. Semarang: Dahara Prize						
	<b>Supporters:</b>						
<b>Supporting lecturer</b>	Mohammad Faruk, S.Pd., M.Kes.						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time]		Learning materials [ References ]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Students understand the study contract for 1 semester	students understand the lecture content well		lectures and discussions 2 X 50			0%

P.O

P.O	Week															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

2	After attending this lecture (at the end of the meeting) students understand and are able to perform individual grip and swing techniques well and correctly	1.Grip technique (how to hold the stick) 2.Vision technique (view and body position when making a punch)	<b>Criteria:</b> Students are able to demonstrate all the techniques that are the assessment items	practice, demonstration, question and answer 2 X 50			0%
3	After attending this lecture (at the end of the meeting) students understand and are able to perform hitting for distance techniques well and correctly.	- Swing technique - Back swing - Contact with the ball - Body position (shoulders, waist and legs - Advanced movements	<b>Criteria:</b> Students are able to demonstrate teaching points well and correctly	Practical, demonstration 2 X 50			0%
4	After attending this lecture (at the end of the meeting) students understand and are able to perform hitting for distance techniques well and correctly.	- Swing technique - Back swing - Contact with the ball - Body position (shoulders, waist and legs - Advanced movements	<b>Criteria:</b> the same as meeting 3	demonstration, practice 2 X 50			0%
5	After attending this lecture (at the end of the meeting) students understand and are able to perform iron shot techniques properly and correctly	- Swinging the Long iron - Contact with the ball - Advanced movement	<b>Criteria:</b> Students are able to demonstrate the technique of hitting techniques using an iron	2 X 50 Demonstration			0%
6	After attending this lecture (at the end of the meeting) students understand and are able to perform short distance hitting techniques well and correctly	- Swing - Type of stroke - Use of type of stick	<b>Criteria:</b> Students are able to demonstrate all punch technique procedures	Practice/demonstration 2 X 50			0%
7	After attending this lecture (at the end of the meeting) students understand and are able to perform short distance hitting techniques well and correctly	- Swing - Type of stroke - Use of type of stick	<b>Criteria:</b> Students are able to demonstrate all punch technique procedures	Practice/demonstration 2 X 50			0%
8	Midterm exam	Students are able to practice basic grip and punch techniques		2 X 50			0%
9	After attending this lecture (at the end of the meeting) students understand and are able to perform putting techniques well and correctly	- Swing - Ball Contact - Advanced movement - Grip - Swing - Ball contact - Advanced movement - Long distance shot - Short stroke Putting	<b>Criteria:</b> Able to carry out technical procedures	Demonstration, question and answer 2 X 50			0%

10	After attending this lecture (at the end of the meeting) students understand and are able to perform putting techniques well and correctly	- Swing - Ball Contact - Advanced movement - Grip - Swing - Ball contact - Advanced movement - Long distance shot - Short stroke Putting	<b>Criteria:</b> Able to carry out technical procedures	Demonstration, question and answer 2 X 50			0%
11	After attending this lecture (at the end of the meeting) students understand the rules of the game properly and correctly	- Application of game rules	<b>Criteria:</b> Able to apply the rules of the game properly and correctly	lecture and practice 2 X 50			0%
12	After attending this lecture (at the end of the meeting) students understand and are able to play on the track with good and correct technique	- Facing the wind - Facing the ground		practice 2 X 50			0%
13	After attending this lecture (at the end of the meeting) students understand and are able to play on the track with good and correct technique	- Facing the wind - Facing the ground		practice 2 X 50			0%
14							0%
15							0%
16							0%

#### Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

#### Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.

