



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date
Sports Coaching Evaluation	8520202057		T=2	P=0	ECTS=3.18	6	January 1, 2024

AUTHORIZATION	SP Developer	Course Cluster Coordinator	Study Program Coordinator
	Bayu Agung Pramono, S.Pd., M.Kes	Dr. Oce Wiriawan, M.Kes	Dr. Or. Muhammad, S.Pd., M.Pd.

Learning model	Project Based Learning
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Program Learning Outcomes (PLO)	PLO study program which is charged to the course
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	Program Objectives (PO)
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PO - 1	Able to analyze athlete performance
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PO - 2	able to master the concepts and theory of sports coaching evaluation
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PO - 3	able to make decisions regarding sports coaching evaluations
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PO - 4	Able to maintain a professional nature
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	PLO-PO Matrix
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	<table border="1"> <tr><td>P.O</td></tr> <tr><td>PO-1</td></tr> <tr><td>PO-2</td></tr> <tr><td>PO-3</td></tr> <tr><td>PO-4</td></tr> </table>	P.O	PO-1	PO-2	PO-3	PO-4
P.O						
PO-1						
PO-2						
PO-3						
PO-4						

	PO Matrix at the end of each learning stage (Sub-PO)
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	<table border="1"> <tr> <th rowspan="2">P.O</th> <th colspan="16">Week</th> </tr> <tr> <th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th><th>13</th><th>14</th><th>15</th><th>16</th> </tr> <tr> <td>PO-1</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td>PO-2</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td>PO-3</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td>PO-4</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>	P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	PO-2																	PO-3																	PO-4																
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Short Course Description	This course discusses the meaning of evaluation in coaching, the scope of sports coaching evaluation, coaching evaluation techniques, analysis and processes in evaluation and the use of evaluation results for sports performance.
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References	<p>Main :</p> <ol style="list-style-type: none"> Jay Hoffman . 2014. Physical Aspects of Sports Training and Performance . University of Central Florida Howkey and Roy. 2017. Sport Science. Jerman <p>Supporters:</p>
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	1. video tutorial Youtube						
Supporting lecturer	Dr. Oce Wiriawan, M.Kes. Dr. Mochamad Purnomo, S.Pd., M.Kes. Bayu Agung Pramono, S.Pd., M.Kes. Dr. Donny Ardy Kusuma, S.Pd., M.Kes.						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline (offline)	Online (online)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Able to analyze athlete performance	understand athlete performance	Criteria: able to master the concepts and theory of sports coaching evaluation Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Tests	Lectures, discussions		Material: peformance analysis Reader: Jay Hoffman. 2014. <i>Physical Aspects of Sports Training and Performance.</i> University of Central Florida	5%
2	Able to analyze athlete performance	Able to analyze athlete performance	Criteria: able to explain athlete performance analysis Form of Assessment : Participatory Activities	Lectures, Discussions		Material: Athlete performance analysis Reader: Jay Hoffman. 2014. <i>Physical Aspects of Sports Training and Performance.</i> University of Central Florida	5%
3	Able to analyze athlete performance	Able to analyze athlete performance	Criteria: Able to analyze athlete performance Form of Assessment : Participatory Activities	Lectures, Discussions		Material: analyzing athlete performance. Reference: Howkey and Roy. 2017. <i>Sports Science.</i> German	5%
4	Able to analyze athlete performance	Able to analyze athlete performance	Criteria: Able to analyze athlete performance Form of Assessment : Participatory Activities	Lectures, Discussions		Material: able to analyze athlete performance Reader: Jay Hoffman. 2014. <i>Physical Aspects of Sports Training and Performance.</i> University of Central Florida	5%
5	able to master the concepts and theory of sports coaching evaluation	able to master the concepts and theory of sports coaching evaluation	Criteria: able to master the concepts and theory of sports coaching evaluation Form of Assessment : Participatory Activities	coaching evaluation		Material: able to analyze athlete performance. Reference: Howkey and Roy. 2017. <i>Sports Science.</i> German	5%

6	able to master the concepts and theory of sports coaching evaluation	Able to analyze athlete performance	<p>Criteria: able to master the concepts and theory of sports coaching evaluation</p> <p>Form of Assessment : Participatory Activities</p>	offline	offline	<p>Material: able to analyze athlete performance. Reference: <i>Howkey and Roy. 2017. Sports Science. German</i></p>	5%
7	able to master the concepts and theory of sports coaching evaluation	Able to analyze athlete performance	<p>Criteria: able to master the concepts and theory of sports coaching evaluation</p> <p>Form of Assessment : Participatory Activities</p>	offline	offline	<p>Material: able to analyze athlete performance. Reference: <i>Howkey and Roy. 2017. Sports Science. German</i></p>	5%
8	able to master the concepts and theory of sports coaching evaluation	Able to analyze athlete performance	<p>Criteria: Able to analyze athlete performance</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Tests</p>	sports coaching evaluation		<p>Material: able to analyze athlete performance Reader: <i>Jay Hoffman. 2014. Physical Aspects of Sports Training and Performance. University of Central Florida</i></p>	16%
9	able to master the concepts and theory of sports coaching evaluation	Able to analyze athlete performance	<p>Criteria: Able to analyze athlete performance</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Tests</p>	evaluation of training programs		<p>Material: able to analyze athlete performance. Reference: <i>Howkey and Roy. 2017. Sports Science. German</i></p>	5%
10	able to master the concepts and theory of sports coaching evaluation	Able to analyze athlete performance	<p>Criteria: Able to analyze athlete performance</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Tests</p>	evaluation of training programs		<p>Material: able to analyze athlete performance. Reference: <i>Howkey and Roy. 2017. Sports Science. German</i></p>	5%
11	able to master the concepts and theory of sports coaching evaluation	able to master the concepts and theory of sports coaching evaluation	<p>Criteria: able to master the concepts and theory of sports coaching evaluation</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Tests</p>	evaluation of training programs		<p>Material: able to analyze athlete performance Reader: <i>Jay Hoffman. 2014. Physical Aspects of Sports Training and Performance. University of Central Florida</i></p>	5%

12	able to master the concepts and theory of sports coaching evaluation	Able to analyze athlete performance	<p>Criteria: able to master the concepts and theory of sports coaching evaluation</p> <p>Form of Assessment : Participatory Activities</p>	evaluation of training programs		<p>Material: able to analyze athlete performance Reader: Jay Hoffman. 2014. <i>Physical Aspects of Sports Training and Performance.</i> University of Central Florida</p>	6%
13	able to master the concepts and theory of sports coaching evaluation	Able to analyze athlete performance	<p>Criteria: able to master the concepts and theory of sports coaching evaluation</p> <p>Form of Assessment : Participatory Activities</p>	evaluation of training programs		<p>Material: able to analyze athlete performance Reader: Jay Hoffman. 2014. <i>Physical Aspects of Sports Training and Performance.</i> University of Central Florida</p>	6%
14	able to master the concepts and theory of sports coaching evaluation	Able to analyze athlete performance	<p>Criteria: able to master the concepts and theory of sports coaching evaluation</p> <p>Form of Assessment : Participatory Activities</p>	evaluation of training programs		<p>Material: able to analyze athlete performance Reader: Jay Hoffman. 2014. <i>Physical Aspects of Sports Training and Performance.</i> University of Central Florida</p>	6%
15	able to master the concepts and theory of sports coaching evaluation	able to master the concepts and theory of sports coaching evaluation	<p>Criteria: 1.able to master the concepts and theory of sports coaching evaluation 2.able to master the concepts and theory of sports coaching evaluation</p> <p>Form of Assessment : Participatory Activities</p>	evaluation of training programs		<p>Material: able to analyze athlete performance Reader: Jay Hoffman. 2014. <i>Physical Aspects of Sports Training and Performance.</i> University of Central Florida</p>	6%
16	able to master the concepts and theory of sports coaching evaluation	able to master the concepts and theory of sports coaching evaluation	<p>Criteria: able to master the concepts and theory of sports coaching evaluation</p> <p>Form of Assessment : Participatory Activities</p>	Offline		<p>Material: uts Reader: Jay Hoffman . 2014. <i>Physical Aspects of Sports Training and Performance.</i> University of Central Florida</p>	10%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
1.	Participatory Activities	76.01%

2.	Project Results Assessment / Product Assessment	12.01%
3.	Test	12.01%
		100%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.