



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date																																																																																																				
GOLF SPORT TRAINING	8520204551	Study Program Elective Courses	T=1	P=3	ECTS=6.36	3	March 1, 2022																																																																																																				
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator																																																																																																					
	Andri Suyoko,S.Pd.,M.Kes		Andri Suyoko, S.Pd.,M.Kes.			Dr. Or. Muhammad, S.Pd., M.Pd.																																																																																																					
Learning model	Project Based Learning																																																																																																										
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																																																																																										
	Program Objectives (PO)																																																																																																										
	PO - 1	Able to create a sports training program according to the sport being pursued																																																																																																									
	PO - 2	Golf sports coaching expert																																																																																																									
	PO - 3	Sports performance improvement consultant.																																																																																																									
	PO - 4	Analyze athletes' abilities and performances in training and competition																																																																																																									
	PLO-PO Matrix																																																																																																										
		<table border="1" style="margin-left: 40px;"> <tr><td>P.O</td></tr> <tr><td>PO-1</td></tr> <tr><td>PO-2</td></tr> <tr><td>PO-3</td></tr> <tr><td>PO-4</td></tr> </table>						P.O	PO-1	PO-2	PO-3	PO-4																																																																																															
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PO Matrix at the end of each learning stage (Sub-PO)																																																																																																											
	<table border="1" style="margin-left: 40px;"> <thead> <tr> <th rowspan="2">P.O</th> <th colspan="16">Week</th> </tr> <tr> <th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th><th>13</th><th>14</th><th>15</th><th>16</th> </tr> </thead> <tbody> <tr><td>PO-1</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-2</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-3</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-4</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>						P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	PO-2																	PO-3																	PO-4																
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Short Course Description	This course discusses knowledge, techniques and strategies for playing golf skills training which consists of training the ability to hit the ball (hitting, putting) and the ability to apply golf skills in the game as well as applying the rules of the golf game.																																																																																																										
References	Main :																																																																																																										
		1. Newsham,Gavin. 2006. Go Play Golf:Read It, Watch It, Do It. American: Dorling Kindersley Limited. 2. MacCord, Gary. 2006. Golf for Dummies . Canada: Wiley Pub., Inc.																																																																																																									
	Supporters:																																																																																																										
Supporting lecturer	Mohammad Faruk, S.Pd., M.Kes.																																																																																																										

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline (offline)	Online (online)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Understand the philosophy of the game of golf	Able to practice warm-up models in golf	Criteria: Understand the basic material for understanding golf philosophy Form of Assessment : Participatory Activities, Practice/Performance	Lectures, questions and answers and discussions 4 X 50		Material: Philosophy of the game of golf Reader: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	5%
2	Understand the philosophy of the game of golf	Able to practice warm-up models in golf	Criteria: Understand the basic material for understanding golf philosophy Form of Assessment : Participatory Activities, Practice/Performance	Lectures, questions and answers and discussions 4 X 50		Material: Philosophy of the game of golf Reader: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	5%
3	Understand the philosophy of the game of golf	Able to practice warm-up models in golf	Criteria: Understand the basic material for understanding golf philosophy Form of Assessment : Participatory Activities, Practice/Performance	Lectures, questions and answers and discussions 4 X 50		Material: Philosophy of the game of golf Reader: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	5%
4	Deepen the ability to train basic backswing and downswing techniques	1.Able to design basic backswing and downswing technical exercises 2.Practicing basic backswing and downswing technique training	Criteria: downswing Form of Assessment : Participatory Activities, Tests	Field practice, lectures, questions and answers and discussions 2 X 50		Material: downswing Reference: <i>MacCord, Gary. 2006. Golf for Dummies. Canada: Wiley Pub., Inc.</i>	0%
5	Deepen the ability to train basic backswing and downswing techniques	1.Able to design basic backswing and downswing technical exercises 2.Practicing basic backswing and downswing technique training	Criteria: downswing Form of Assessment : Participatory Activities, Tests	Field practice, lectures, questions and answers and discussions 2 X 50		Material: downswing Reference: <i>MacCord, Gary. 2006. Golf for Dummies. Canada: Wiley Pub., Inc.</i>	0%

6	Deepen the ability to train basic backswing and downswing techniques	1.Able to design basic backswing and downswing technical exercises 2.Practicing basic backswing and downswing technique training	Criteria: downswing Form of Assessment : Participatory Activities, Tests	Field practice, lectures, questions and answers and discussions 2 X 50		Material: downswing Reference: <i>MacCord, Gary. 2006. Golf for Dummies. Canada: Wiley Pub., Inc.</i>	0%
7	Deepen the ability to train basic backswing and downswing techniques	1.Able to design basic backswing and downswing technical exercises 2.Practicing basic backswing and downswing technique training	Criteria: downswing Form of Assessment : Participatory Activities, Tests	Field practice, lectures, questions and answers and discussions 2 X 50		Material: downswing Reference: <i>MacCord, Gary. 2006. Golf for Dummies. Canada: Wiley Pub., Inc.</i>	0%
8	Deepen the ability to train basic backswing and downswing techniques	UTS	Criteria: Retention of material Form of Assessment : Test	Field practice, lectures, questions and answers and discussions 2 X 50		Material: backswing downswing Reference: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	30%
9	Deepen the ability to practice basic fairway shot techniques	1.Able to plan basic fairway shot technique exercises 2.Practicing basic fairway shot technique training	Criteria: 5 Form of Assessment : Participatory Activities	Field practice, lectures, questions and answers and discussions 2 X 50		Material: fairway shoot Reader: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	5%
10	Deepen the ability to practice bunker shots	1.Able to design bunker shot technique exercises 2.Practicing bunker shot technique training	Criteria: Bunker shoot Form of Assessment : Participatory Activities, Practical Assessment	Field practice, lectures, questions and answers and discussions 2 X 50		Material: bunker shoot Reader: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	5%
11	Deepen the ability to practice bunker shots	1.Able to design bunker shot technique exercises 2.Practicing bunker shot technique training	Criteria: practice bunker shooting Form of Assessment : Participatory Activities, Practical Assessment	Field practice, lectures, questions and answers and discussions 2 X 50		Material: bunker shot Reference: <i>MacCord, Gary. 2006. Golf for Dummies. Canada: Wiley Pub., Inc.</i>	5%

12	Deepen the ability to practice putting shots	1.Able to design putting shot technique exercises 2.Practicing putting shot technique training	Criteria: putting Forms of Assessment : Participatory Activities, Practical Assessment, Practical / Performance	Field practice, lectures, questions and answers and discussions 2 X 50		Material: putting' Bibliography: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	5%
13	Deepen the ability to train strategies for evaluating techniques based on coaching points	1.Able to design strategy exercises to evaluate techniques based on coaching points 2.Practicing strategy training to evaluate techniques based on coaching points	Criteria: coaching point Forms of Assessment : Participatory Activities, Practical Assessment, Practical / Performance	Field practice, lectures, questions and answers and discussions 2 X 50		Material: coaching point References: <i>MacCord, Gary. 2006. Golf for Dummies. Canada: Wiley Pub., Inc.</i>	5%
14	Deepen the ability to train strategies for evaluating techniques based on coaching points	1.Able to design strategy exercises to evaluate techniques based on coaching points 2.Practicing strategy training to evaluate techniques based on coaching points	Criteria: coaching point Form of Assessment : Practical Assessment	Field practice, lectures, questions and answers and discussions 2 X 50		Material: coaching point Reader: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	5%
15	Deepen the ability to train strategies for evaluating techniques based on coaching points	1.Able to design strategy exercises to evaluate techniques based on coaching points 2.Practicing strategy training to evaluate techniques based on coaching points	Criteria: coaching point Form of Assessment : Practical Assessment, Test	Field practice, lectures, questions and answers and discussions 2 X 50		Material: coaching point Reader: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	6%
16	all cpmk	UAS	Criteria: coaching point Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment	UAS 2 X 50		Material: uas Bibliography: <i>Newsham, Gavin. 2006. Go Play Golf: Read It, Watch It, Do It. American: Dorling Kindersley Limited.</i>	19%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
1.	Participatory Activities	30.34%
2.	Project Results Assessment / Product Assessment	9.5%
3.	Practical Assessment	16.34%

4.	Practice / Performance	10.84%
5.	Test	33%
		100%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.