



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences**  
**S1 Sports Coaching Education Study Program**

Document  
Code

**SEMESTER LEARNING PLAN**

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date
basketball coaching	8520203324	Study Program Elective Courses	T=2	P=2	ECTS=6.36	3	March 5, 2024
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator	
	Bhekti Lestari, S.Pd., M.Kes.		Dr. Or. Gigih Siantoro, M.Pd.			Dr. Or. Muhammad, S.Pd., M.Pd.	

<b>Learning model</b>	<b>Case Studies</b>
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<b>Program Learning Outcomes (PLO)</b>	<b>PLO study program that is charged to the course</b>
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	<b>Program Objectives (PO)</b>
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<b>PO - 1</b>	CPMK-2 Able to take professional responsibility for individual and group performance in participating in and studying the sport of basketball
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<b>PO - 2</b>	CPMK-8 Able to analyze in oral and written form both theoretically and conceptually regarding the history, philosophy and practice of basic basketball game techniques supported by sports coaching science and technology
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<b>PO - 3</b>	CPMK-9 Able to apply logical, critical, systematic and innovative thinking about the philosophy and basic techniques of playing basketball from the perspective of the coaching profession based on science and technology
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<b>PO - 4</b>	CPMK-13 Able to train techniques and tactics in the sport of basketball
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	<b>PLO-PO Matrix</b>
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	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr><td>P.O</td></tr> <tr><td>PO-1</td></tr> <tr><td>PO-2</td></tr> <tr><td>PO-3</td></tr> <tr><td>PO-4</td></tr> </table>	P.O	PO-1	PO-2	PO-3	PO-4
P.O						
PO-1						
PO-2						
PO-3						
PO-4						

	<b>PO Matrix at the end of each learning stage (Sub-PO)</b>
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	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <th rowspan="2">P.O</th> <th colspan="16">Week</th> </tr> <tr> <th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th><th>13</th><th>14</th><th>15</th><th>16</th> </tr> <tr> <td>PO-1</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td>PO-2</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td>PO-3</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td>PO-4</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>	P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	PO-2																	PO-3																	PO-4																
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PO-4																																																																																																						

<b>Short Course Description</b>	Able to practice basketball game techniques and strategies correctly and master the basic technical concepts of basketball,
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<b>References</b>	<b>Main :</b>
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<ol style="list-style-type: none"> <li>1. PB Perbasi. Pedoman Bolabasket Modern . Jakarta.</li> <li>2. PB Perbasi 2004. Metode Pelatihan Dasar . Jakarta</li> <li>3. Danny Kosasih. (2009). Fundamental Basketball First Step to Win . Semarang: Penerbit Karangturi Media.</li> <li>4. Wissel Hal. (1996). Bola Basket Dilengkapi dengan Program Pemahiran Teknik dan Taktik . Jakarta: PT Raja Grafindo Persada.</li> <li>5. Krause, J.V., Meyer, D. &amp; Meyer, J. (2008). Basketball skills &amp; drills ( 3rd Ed.) . United State: Human Kinetics.</li> <li>6. FIBA. (2008). Rules of Basketball . Munich: FIBA.</li> <li>7. Budi Aryanto. (2015). Teori Dasar Permainan Bolabasket. Yogyakarta: UNY Press.</li> <li>8. FIBA. (2022). Rules of Basketball. Munich: FIBA.</li> </ol>							
<b>Supporters:</b>							
<b>Supporting lecturer</b>		Prof. Dr. Agus Hariyanto, M.Kes. Raymond Ivano Avandi, S.Pd., M.Kes. Dr. Or. Gigih Siantoro, S.Pd., M.Pd. Bhekti Lestari, S.Pd., M.Kes.					
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time]		Learning materials [References]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Understand specified college contracts, the history and development of the game of basketball, and basketball fundamentals	<ol style="list-style-type: none"> <li>1.1.1 Able to summarize the history, concepts and philosophy of the game of basketball,</li> <li>2.1.2 Able to provide arguments related to the development of the game of basketball in Indonesia and the world</li> <li>3.1.3 Able to analyze the fundamentals of the game of basketball theoretically</li> </ol>	<b>Criteria:</b> given full marks if actively participating  <b>Form of Assessment :</b> Participatory Activities, Tests	Lectures, discussions and questions and answers 4x50		<b>Material:</b> - History of the game of basketball in Indonesia and the world - Concept and philosophy of the game of basketball - Development of the game of basketball in Indonesia and the world - Fundamentals of basketball <b>Reader:</b> <i>Budi Aryanto. (2015). Basic Theory of the Game of Basketball. Yogyakarta: UNY Press.</i>  <b>Material:</b> - History of the game of basketball in Indonesia and the world - Fundamentals of basketball <b>Reader:</b> <i>Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.</i>	2%

2	Analyze theories and concepts and master body control movements and movement techniques without the ball in basketball	<p>1.1.1 Able to analyze and conclude theories and concepts of body control and movement techniques without the ball in basketball</p> <p>2.1.2 Able to correctly practice various movement techniques without the ball in basketball.</p>	<p><b>Criteria:</b> performance test</p> <p><b>Form of Assessment :</b> Participatory Activities, Practice/Performance</p>	Tutorial, discussion and questions and answers 4 x 50		<p><b>Material:</b> - Theory and concept of body control in basketball - Theory and concept of movement without the ball in basketball - Various body control movements and basic techniques of movement without the ball in basketball</p> <p><b>Reference:</b> <i>PB Perbasi 2004. Basic Training Methods. Jakarta</i></p> <hr/> <p><b>Material:</b> - Theory and concept of body control in basketball - Theory and concept of movement without the ball in basketball - Various body control movements and basic techniques of movement without the ball in basketball</p> <p><b>Reference:</b> <i>Krause, JV, Meyer, D, &amp; Meyer, J. (2008). Basketball skills &amp; drills (3rd Ed.) . United States: Human Kinetics. 6. FIBA. (2008). Rules of Basketball. Munich: FIBA.</i></p>	2%
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3	Analyze theories and concepts and master basic ballhandling technical movements in basketball	<p>1.1.1 Able to analyze and conclude theories and concepts of basic ballhandling technical movements in basketball</p> <p>2.1.2 Able to practice various basic ballhandling technical movements in basketball correctly</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Tutorial, discussion and questions and answers 4 x 50		<p><b>Material:</b> - Theory and concept of basic ballhandling technical movements in basketball - Various basic ballhandling technical movements in basketball <b>Library:</b> <i>PB Perbasi. Modern Basketball Guidelines. Jakarta.</i></p> <hr/> <p><b>Material:</b> - Theory and concept of basic ballhandling technical movements in basketball - Various basic ballhandling technical movements in basketball <b>Library:</b> <i>Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.</i></p>	2%
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4	Analyze theories and concepts and master basic passing and catching technical movements in basketball	<p>1.1.1 Able to analyze and conclude theories and concepts of basic passing and catching technical movements in basketball</p> <p>2.1.2 Able to practice various basic passing and catching techniques in basketball correctly</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Tutorial, discussion and questions and answers 4 x 50		<p><b>Material:</b> - Theory and concept of basic passing and catching technical movements in basketball - Various basic passing and catching technical movements in basketball</p> <p><b>Library:</b> <i>Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.</i></p> <p><b>Material:</b> - Theory and concept of basic passing and catching technical movements in basketball - Various basic passing and catching technical movements in basketball</p> <p><b>Reference:</b> <i>Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafindo Persada.</i></p>	2%
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5	Analyze theories and concepts and master basic dribbling technical movements in basketball	<p>1.1.1 Able to analyze and conclude theories and concepts of basic dribbling technical movements in basketball</p> <p>2.1.2 Able to correctly practice various basic dribbling technical movements in basketball</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Tutorial, discussion and questions and answers 4 x 50		<p><b>Material:</b> - Theory and concept of basic dribbling technical movements in basketball - Various basic dribbling technical movements in basketball</p> <p><b>Library:</b> <i>Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.</i></p> <hr/> <p><b>Material:</b> - Theory and concepts of basic dribbling technical movements in basketball - Various basic dribbling technical movements in basketball</p> <p><b>Reference:</b> <i>Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafindo Persada.</i></p>	2%
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6	Analyze theories and concepts and master basic shooting techniques in basketball	<p>1.1.1 Able to analyze and conclude theories and concepts of basic shooting technique movements in basketball</p> <p>2.1.2 Able to practice various basic shooting techniques in basketball correctly</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Learning: Tutorial, discussion and questions and answers 4 x 50		<p><b>Material:</b> - Theory and concept of basic shooting technique movements in basketball - Various basic shooting technique movements in basketball</p> <p><b>Library:</b> <i>Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.</i></p> <hr/> <p><b>Material:</b> - Theory and concepts of basic shooting technique movements in basketball - Various basic shooting technique movements in basketball</p> <p><b>Reference:</b> <i>Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafindo Persada.</i></p>	2%
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7	Analyze theories and concepts and master basic shooting techniques in basketball	<p>1.1.1 Able to analyze and conclude theories and concepts of basic shooting technique movements in basketball</p> <p>2.1.2 Able to practice various basic shooting techniques in basketball correctly</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Learning: Tutorial, discussion and questions and answers 4 x 50		<p><b>Material:</b> - Theory and concept of basic shooting technique movements in basketball - Various basic shooting technique movements in basketball <b>Library:</b> <i>Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.</i></p> <hr/> <p><b>Material:</b> - Theory and concepts of basic shooting technique movements in basketball - Various basic shooting technique movements in basketball <b>Reference:</b> <i>Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafindo Persada.</i></p>	2%
8	Midterm exam	Skilled in practicing basic basketball playing techniques	<p><b>Criteria:</b> You will be given maximum marks if you are able to practice and explain the basic techniques of playing basketball correctly</p> <p><b>Form of Assessment :</b> Practice/Performance, Test</p>	UTS 4 X 50		<p><b>Material:</b> basic basketball techniques <b>Reader:</b> <i>Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.</i></p> <hr/> <p><b>Material:</b> basic basketball techniques <b>Reader:</b> <i>Budi Aryanto. (2015). Basic Theory of the Game of Basketball. Yogyakarta: UNY Press.</i></p>	20%



9	Evaluate the implementation of basic techniques in actual basketball games	<p>1.1.1 Able to design and practice forms of basic game technique training</p> <p>2.1.2 Able to analyze and evaluate forms of training in basic basketball game techniques</p>	<p><b>Criteria:</b> given maximum marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Tutorial, discussion and questions and answers 4 X 50		<p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>Reference:</b> <i>Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafindo Persada.</i></p> <hr/> <p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>References:</b> <i>Krause, JV, Meyer, D, &amp; Meyer, J. (2008). Basketball skills &amp; drills (3rd Ed.) . United States: Human Kinetics. 6. FIBA. (2008). Rules of Basketball. Munich: FIBA.</i></p> <hr/> <p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>Library:</b> <i>PB Perbasi. Modern Basketball Guidelines. Jakarta.</i></p>	2%
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10	Evaluate the implementation of basic techniques in actual basketball games	<p>1.1.1 Able to design and practice forms of basic game technique training</p> <p>2.1.2 Able to analyze and evaluate forms of training in basic basketball game techniques</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Tutorial, discussion and questions and answers 4 X 50		<p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>Reference:</b> <i>Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafindo Persada.</i></p> <hr/> <p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>References:</b> <i>Krause, JV, Meyer, D, &amp; Meyer, J. (2008). Basketball skills &amp; drills (3rd Ed.) . United States: Human Kinetics. 6. FIBA. (2008). Rules of Basketball. Munich: FIBA.</i></p> <hr/> <p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>Library: PB Perbasi. Modern Basketball Guidelines. Jakarta.</b></p>	2%
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11	Evaluate the implementation of basic techniques in actual basketball games	<p>1.1.1 Able to design and practice forms of basic game technique training</p> <p>2.1.2 Able to analyze and evaluate forms of training in basic basketball game techniques</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Tutorial, discussion and questions and answers 4 X 50		<p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>Reference:</b> <i>Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafindo Persada.</i></p> <hr/> <p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>References:</b> <i>Krause, JV, Meyer, D, &amp; Meyer, J. (2008). Basketball skills &amp; drills (3rd Ed.) . United States: Human Kinetics. 6. FIBA. (2008). Rules of Basketball. Munich: FIBA.</i></p> <hr/> <p><b>Material:</b> - Forms of training in basic basketball playing techniques - Division of age groups in basketball competitions in Indonesia</p> <p><b>Library:</b> <i>PB Perbasi. Modern Basketball Guidelines. Jakarta.</i></p>	2%
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12	Evaluate the implementation of basketball game concepts and philosophies in actual games	<p>1.1.1 Able to analyze basketball game rules according to the latest FIBA rules</p> <p>2.1.2 Able to analyze the concepts and philosophy of basketball in actual games</p> <p>3.1.3 Able to evaluate the concepts and philosophy of basketball in actual games</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities, Tests</p>	Lectures, discussions and questions and answers 4 X 50		<p><b>Material:</b> - Basketball game rules according to FIBA rules - Concept and philosophy of basketball game <b>Reader:</b> <i>Budi Aryanto. (2015). Basic Theory of the Game of Basketball. Yogyakarta: UNY Press.</i></p> <hr/> <p><b>Material:</b> - Basketball game rules according to FIBA rules - Concept and philosophy of basketball game <b>Library:</b> <i>PB Perbasi. Modern Basketball Guidelines. Jakarta.</i></p>	5%
13	Evaluating the implementation of table officiating in basketball matches	<p>1.1.1 Able to analyze the various duties of Table Officials in basketball matches</p> <p>2.1.2 Able to carry out and evaluate Table Official duties for basketball games in actual games</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Tutorial, discussion and questions and answers 4 x 50		<p><b>Material:</b> - Various table officiating in basketball matches <b>Library:</b> <i>FIBA. (2022). Rules of Basketball. Munich: FIBA.</i></p>	5%
14	Evaluate the implementation of signals and refereeing techniques in basketball games	<p>1.1.1 Able to analyze various referee signals in basketball games</p> <p>2.1.2 Able to carry out and evaluate referee signals for basketball games in actual games</p>	<p><b>Criteria:</b> given full marks if actively participating</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Tutorial, discussion and questions and answers 4 x 50		<p><b>Material:</b> - FIBA rules - Various refereeing signals in basketball games - Refereeing techniques in basketball matches <b>Library:</b> <i>FIBA. (2022). Rules of Basketball. Munich: FIBA.</i></p> <hr/> <p><b>Material:</b> - FIBA rules - Various refereeing signals in basketball games - Refereeing techniques in basketball matches <b>Reader:</b> <i>Budi Aryanto. (2015). Basic Theory of the Game of Basketball. Yogyakarta: UNY Press.</i></p>	5%

15	Evaluate the implementation of signals and refereeing techniques in basketball games	1.1.1 Able to analyze various referee signals in basketball games 2.1.2 Able to carry out and evaluate referee signals for basketball games in actual games	<b>Criteria:</b> given full marks if actively participating  <b>Form of Assessment :</b> Participatory Activities	Tutorial, discussion and questions and answers 4 x 50		<b>Material:</b> - FIBA rules - Various refereeing signals in basketball games - Refereeing techniques in basketball matches <b>Library:</b> FIBA. (2022). <i>Rules of Basketball</i> . Munich: FIBA.  <b>Material:</b> - FIBA rules - Various refereeing signals in basketball games - Refereeing techniques in basketball matches <b>Reader:</b> Budi Aryanto. (2015). <i>Basic Theory of the Game of Basketball</i> . Yogyakarta: UNY Press.	5%
16	Final exams	UAS	<b>Criteria:</b> Full marks will be given if you are able to practice and explain basic basketball techniques correctly  <b>Form of Assessment :</b> Practice / Performance	4 x 50 tutorial		<b>Material:</b> Game rules <b>Reader:</b> Budi Aryanto. (2015). <i>Basic Theory of the Game of Basketball</i> . Yogyakarta: UNY Press.  <b>Material:</b> basketball fundamentals <b>Reader:</b> Danny Kosasih. (2009). <i>Basketball Fundamentals First Step to Win</i> . Semarang: Karangturi Media Publishers.	40%

#### Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
1.	Participatory Activities	35.5%
2.	Practice / Performance	51%
3.	Test	13.5%
		100%

#### Notes

- 1. Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- 2. The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.

6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.