

Universitas Negeri Surabaya Faculty of Sports and Health Sciences S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses			CODE				Cour	se Fa	mily		C	Credi	t Wei	ight		SEME	STER	Cor	mpilation æ
basketball co	ball coaching 8520203324 Study Program Elective Courses T=2 P=2 ECTS=6.36 3 March 2024								rch 5,										
AUTHORIZA	ΓΙΟΝ		SP Develop	ber						Co	Course Cluster Coordinator						Study Program Coordinator		
			Bhekti Lestari, S.Pd., M.Kes.						Dr.	Dr. Or. Gigih Siantoro, M.Pd.					Dr. Or. Muhammad, S.Pd., M.Pd.				
Learning model	Case Studies																		
Program	PLO study pro	gram 1	that is char	ged t	the	cou	irse												
Learning Outcomes	Program Object	tives	(PO)																
(PLO)	PO - 1		<-2 Able to ing the sport				al res	spons	ibility	for i	ndivio	lual a	and	group pei	form	ance i	n part	icipatir	ng in and
	PO - 2	CPMI philos	<-8 Able to sophy and pra	analy actice	/ze in of bas	oral sic ba	l and asketi	writte ball ga	en fo ime te	orm b echnic	oth t ques	heore supp	eticall orted	y and co by sports	ncep coa	otually ching s	regard cience	ing th and te	e history, echnology
	PO - 3	CPMI of pla	<-9 Able to a ying basketb	oply lo all fro	ogical, m the	, critio pers	cal, sy pectiv	/stem /e of t	atic a he co	nd inr achin	novati g pro	ve th fessio	inking on ba	g about th sed on sc	e phi ience	losoph e and te	y and l	basic t ogy	echniques
	PO - 4	CPM	<-13 Able to 1	train t	echnic	ques	and t	actics	in the	e spor	rt of b	aske	tball						
	PLO-PO Matrix																		
	PO Matrix at th	e end	P.O PO-1 PO-2 PO-3 PO-4 of each lea	rning	g stag	ge (S	Sub-P	O)	6	7	8	Wee 9	ek	11	12	13	14	15	16
		PC	D-1																
1		PC	D-2																
		PC	D-3																
		PC	D-4																
Short Course Description	Able to practice b) basketb	all game tecl	nnique	es and	d stra	itegie	s corr	ectly	and m	nastei	the l	basic	technical	cond	cepts of	baske	etball,	
References	Main :																		
			1																

		 PB Perb. Danny K Wissel H Persada Krause, (2008). F Budi Ary 	asi 2004. M etode Pe osasih. (2009). Fund Hal. (1996). Bola Ba J.V., Meyer, D, & M Rules of Basketball .	asar Permainan Bolabask	Program Pem III skills & dril	nahiran Teknik dan Takt Is (3r d Ed.). United S	ik . Jakarta: PT	
		Supporters:						
Suppor lecture			Avandi, S.Pd., M.Kes ntoro, S.Pd., M.Pd.					
Week-		al abilities of h learning		aluation	Lea Stude	elp Learning, rning methods, ent Assignments, stimated time]	Learning materials [References	Assessment Weight (%)
		Ď-PO)	Indicator	Criteria & Form	Offline(offline)	Online (<i>online</i>)	1	5 ()
(1)		(2)	(3)	(4)	(5)	(6)	(7)	(8)
	sp cc hi: de ga ar	nderstand lecified college intracts, the story and evelopment of the ume of basketball, id basketball indamentals	 1.1.1 Able to summarize the history, concepts and philosophy of the game of basketball, 2.1.2 Able to provide arguments related to the development of the game of basketball in Indonesia and the world 3.1.3 Able to analyze the fundamentals of the game of basketball theoretically 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities, Tests	Lectures, discussions and questions and answers 4x50		Material: - History of the game of basketball in Indonesia and the world - Concept and philosophy of the game of basketball - Development of the game of basketball in Indonesia and the world - Fundamentals of basketball Reader: Budi Aryanto. (2015). Basic Theory of the Game of Basketball. Yogyakarta: UNY Press. Material: - History of the game of basketball in Indonesia and the world - Fundamentals of basketball in Indonesia and the world - Fundamentals of basketball Reader: Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.	2%

			1		rr	
2	Analyze theories	1.1.1 Able to	Criteria:	Tutorial,	Material: -	2%
	and concepts and	analyze and	performance test	discussion	Theory and	
	master body		•	and	concept of	
	control movements	conclude	Form of Assessment :	questions	body control	
	and movement	theories and	Participatory Activities,			
	techniques without	concepts of	Practice/Performance	and	in basketball -	
	the ball in	body control	Practice/Periormance	answers	Theory and	
	basketball	and		4 x 50	concept of	
					movement	
		movement			without the	
		techniques			ball in	
		without the			basketball -	
		ball in			Various body	
		basketball				
		2.1.2 Able to			control	
					movements	
		correctly			and basic	
		practice			techniques of	
		various			movement	
		movement			without the	
					ball in	
		techniques			basketball	
		without the				
		ball in			Reference:	
		basketball.			PB Perbasi	
					2004. Basic	
					Training	
					Methods.	
					Jakarta	
					Material: -	
					Theory and	
					concept of	
					body control	
					in basketball -	
					Theory and	
					concept of	
					movement	
					without the	
					ball in	
					basketball -	
					Various body	
					control	
					movements	
					and basic	
					techniques of	
					movement	
					without the	
					ball in	
					basketball	
					Reference:	
					Krause, JV,	
					Meyer, D, &	
					Meyer, J.	
					(2008).	
					Basketball	
					skills & drills	
					(3r d Ed.) .	
					United States:	
					Human	
					Kinetics. 6.	
					FIBA. (2008).	
					Rules of	
					Basketball. Munich: FIBA.	

3	Analyze theories and concepts and	1.1.1 Able to	Criteria: given full marks if	Tutorial, discussion		Aterial: - Theory and	2%
	master basic	analyze and	actively participating	and		concept of	
	ballhandling	conclude	actively participating	questions		asic	
	technical	theories and	Form of Assessment :	and		allhandling	
	movements in	concepts of	Participatory Activities	answers		echnical	
	basketball	basic		4 x 50		novements in	
		ballhandling		4 X 30		asketball -	
		technical			-	arious basic	
		movements				allhandling	
		in basketball				echnical	
		2.1.2 Able to				novements in	
		practice				asketball	
		various basic				ibrary: PB	
		ballhandling				Perbasi.	
		technical				Aodern	
		movements				Basketball	
		in basketball				Guidelines.	
		correctly				akarta.	
		conectly					
					N	/laterial: -	
						heory and	
						oncept of	
						asic	
						allhandling	
						echnical	
					n	novements in	
					b	asketball -	
					V	/arious basic	
					b	allhandling	
					te	echnical	
					n	novements in	
					b	asketball	
						.ibrary:	
						Danny	
						(osasih.	
						2009).	
						Basketball	
						undamentals	
						irst Step to	
						Vin.	
						Semarang:	
						(arangturi	
						<i>Nedia</i>	
					P	Publishers.	

			1		1	1
4	Analyze theories and concepts and master basic passing and catching technical movements in basketball	 1.1.1 Able to analyze and conclude theories and concepts of basic passing and catching technical movements in basketball 2.1.2 Able to practice various basic passing and catching techniques in basketball correctly 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities	Tutorial, discussion and questions and answers 4 x 50	Material: - Theory and concept of basic passing and catching technical movements i basketball - Various basid passing and catching technical movements i basketball Library: Danny Kosasih. (2009). Basketball Fundamenta. First Step to Win. Semarang: Karangturi Media Publishers.Material: - Theory and concept of basic passing and catching technical movements i basketballMaterial: - Theory and concept of basic passing and catching technical movements i basketballMaterial: - Theory and concept of basic passing and catching technical movements i basketballMaterial: - Utious basid passing and catching technical movements i basketballReference: Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafind Persada.	n n ks n n s n h

	1	1	1	1	1 1	
5	Analyze theories and concepts and master basic dribbling technical movements in basketball	 1.1.1 Able to analyze and conclude theories and concepts of basic dribbling technical movements in basketball 2.1.2 Able to correctly practice various basic dribbling technical movements in basketball 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities	Tutorial, discussion and questions and answers 4 x 50	Material: - Theory and concept of basic dribbling technical movements i basketball - Various basi dribbling technical movements i basketball Library: Danny Kosasih. (2009). Basketball Fundamenta First Step to Win. Semarang: Karangturi Media Publishers.Material: - Theory and concepts of basic dribbling technical movements i basketballMaterial: - Theory and concepts of basic dribbling technical movements i basketballMaterial: - Theory and concepts of basic dribbling technical movements i basketballMaterial: - Utibling technical movements i basketballMaterial: - Utibling technical movements i basketballReference: Wissel Hal. (1996). Basketball is Equipped win a Technical and Tactics Skills Program. Jakarta: PT Raja Grafind Persada.	n Is n s n

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6	Analyze theories and concepts and master basic shooting techniques in basketball	 1.1.1 Able to analyze and conclude theories and concepts of basic shooting technique movements in basketball 2.1.2 Able to practice various basic shooting techniques in basketball correctly 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities	Learning: Tutorial, discussion and questions and answers 4 x 50	Material: - Theory and concept of basic shooting technique movements in basketball - Various basic shooting technique movements in basketball Library: Danny Kosasih. (2009). Basketball First Step to Win. Semarang: Karangturi Media Publishers.Material: - Theory and concepts of basic shooting technique movements in basketballVarious basic shooting technique movements in basketball First Step to Win. Semarang: Karangturi Media Publishers.Material: - Theory and concepts of basic shooting technique movements in basketball - Various basic shooting technique movements in basketball Reference: Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafindo Persada.	

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7	Analyze theories and concepts and master basic shooting techniques in basketball	 1.1.1 Able to analyze and conclude theories and concepts of basic shooting technique movements in basketball 2.1.2 Able to practice various basic shooting techniques in basketball correctly 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities	Learning: Tutorial, discussion and questions and answers 4 x 50	Material: - Theory and concept of basic shooting technique movements in basketball - Various basic shooting technique movements in basketball Library: Danny Kosasih. (2009). Basketball Fundamental First Step to Win. Semarang: Karangturi Media Publishers.Material: - Theory and concepts of basic shooting technique movements in basketballMaterial: - Theory and concepts of basic shooting technique movements in basketball - Various basic shooting technique movements in basketball - Various basic shooting technique movements in basketball - Various basic Shooting technique movements in basketball - Reference: Wissel Hal. (1996). Basketball is Equipped with a Technical and Tactics Skills Program. Jakarta: PT Raja Grafinde Persada.	
8	Midterm exam	Skilled in practicing basic basketball playing techniques	Criteria: You will be given maximum marks if you are able to practice and explain the basic techniques of playing basketball correctly Form of Assessment : Practice/Performance, Test	UTS 4 X 50	Material: basic basic basketball techniquesReader: Danny Kosasih. (2009). Basketball Fundamental First Step to Win. Semarang: Karangturi Media Publishers.Material: basic basketball techniquesMaterial: basic basketball techniquesMaterial: basic basketball techniquesMaterial: basic basketball techniquesMaterial: basic basketball techniquesMaterial: basic basketball techniquesMaterial: basic basketball techniquesMaterial: basic basketball techniquesMaterial: basic basketball techniquesMaterial: 	

9	Evaluate the	1	Critoria	Tutorial	84-4	20/
9	implementation of	1.1.1 Able to	Criteria: given maximum marks	Tutorial,	Material: -	2%
	basic techniques in	design and	if actively participating	discussion	Forms of	
	actual basketball	practice	in actively participating	and	training in	
	games	forms of	Form of Assessment :	questions	basic	
	_	basic game	Participatory Activities	and	basketball	
		technique	Fanicipatory Activities	answers	playing	
		training		4 X 50	techniques -	
		2.1.2 Able to			Division of	
		analyze and			age groups in	
					basketball	
		evaluate			competitions	
		forms of			in Indonesia	
		training in			Reference:	
		basic			Wissel Hal.	
		basketball			(1996).	
		game			Basketball is	
		techniques			Equipped with	
					a Technical	
					and Tactics	
					Skills	
					Program.	
					Jakarta: PT	
					Raja Grafindo	
					Persada.	
					1 015404.	
					Material: -	
					Forms of	
					training in	
					basic	
					basketball	
					playing	
					techniques -	
					Division of	
					age groups in	
					basketball	
					competitions	
					in Indonesia	
					References:	
					Krause, JV,	
					Meyer, D, &	
					Meyer, J.	
					(2008).	
					Basketball	
					skills & drills	
					(3r d Ed.) . United States:	
					Human Kinatian C	
					Kinetics. 6.	
					FIBA. (2008).	
					Rules of	
					Basketball.	
					Munich: FIBA.	
					P	
					Material: -	
					Forms of	
					training in	
					basic	
					basic	
					playing	
					techniques -	
					Division of	
					age groups in	
					basketball	
					competitions	
					in Indonesia	
					Library: PB	
					Perbasi.	
					Modern	
					Basketball	
					Guidelines.	
			1	1		1
					Jakarta.	

					1	
10	Evaluate the	1.1.1 Able to	Criteria:	Tutorial,	Material: -	2%
	implementation of basic techniques in	design and	given full marks if	discussion	Forms of	
	actual basketball	practice	actively participating	and	training in	
	games	forms of	Form of According to	questions	basic	
	U	basic game	Form of Assessment : Participatory Activities	and	basketball	
		technique	Participatory Activities	answers	playing	
		training		4 X 50	techniques -	
		2.1.2 Able to			Division of	
					age groups ir	1
		analyze and			basketball	
		evaluate			competitions	
		forms of			in Indonesia	
		training in			Reference:	
		basic			Wissel Hal.	
		basketball			(1996).	
		game			Basketball is	
		techniques			Equipped with	1
					a Technical	
					and Tactics	
					Skills	
					Program.	
					Jakarta: PT	
					Raja Grafindo)
					Persada.	
						-
					Material: -	
					Forms of	
					training in	
					basic	
					basic basketball	
					playing	
					techniques -	
					Division of	
					age groups in	
					basketball	
					competitions	
					in Indonesia	
					References:	
					Krause, JV,	
					Meyer, D, &	
					Meyer, J.	
					(2008).	
					Basketball	
					skills & drills	
					(3r d Ed.) .	
					United States	:
					Human	
					Kinetics. 6.	
					FIBA. (2008).	
					Rules of	
					Basketball.	
					Munich: FIBA	
						-
					Material: -	
					Forms of	
					training in	
					basic	
					basic	
					playing	
					techniques -	
					Division of	
					age groups in	
					basketball	
					competitions	
					in Indonesia	
					Library: PB	
					Perbasi.	
					Modern	
				1	Basketball	
1						
					Guidelines.	
					Guidelines. Jakarta.	

					1	
11	Evaluate the	1.1.1 Able to	Criteria:	Tutorial,	Material: -	2%
	implementation of	design and	given full marks if	discussion	Forms of	
	basic techniques in	practice	actively participating	and	training in	
	actual basketball games	forms of		questions	basic	
	games	basic game	Form of Assessment :	and	basketball	
			Participatory Activities	answers	playing	
		technique		4 X 50	techniques -	
		training			Division of	
		2.1.2 Able to			age groups in	
		analyze and			basketball	
		evaluate			competitions	
		forms of			in Indonesia	
		training in			Reference:	
		basic			Wissel Hal.	
		basketball			(1996).	
		game			Basketball is	
		techniques			Equipped with	
		leciniques			a Technical	
					and Tactics	
					Skills	
					Program. Jakarta: PT	
					Raja Grafindo	
					Persada.	
					P	
					Material: -	
					Forms of	
					training in	
					basic	
					basketball	
					playing	
					techniques -	
					Division of	
					age groups in	
					basketball	
					competitions	
					in Indonesia	
					References:	
					Krause, JV,	
					Meyer, D, &	
					Meyer, J.	
					(2008).	
					Basketball	
					skills & drills	
					(3r d Ed.) .	
					United States:	
					Human	
					Kinetics. 6.	
					FIBA. (2008).	
					Rules of	
					Basketball.	
					Munich: FIBA.	
					Material: -	
					Forms of	
					training in	
					basic	
					basketball	
					playing	
					techniques -	
					Division of	
					age groups in	
					basketball	
					competitions	
					in Indonesia	
					Library: PB	
					Perbasi.	
					Modern	
					Basketball	
					Guidelines. Jakarta.	

12	Evaluate the implementation of basketball game concepts and philosophies in actual games	 1.1.1 Able to analyze basketball game rules according to the latest FIBA rules 2.1.2 Able to analyze the concepts and philosophy of basketball in actual games 3.1.3 Able to evaluate the concepts and philosophy of basketball in actual games 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities, Tests	Lectures, discussions and questions and answers 4 X 50	Material: - Basketball game rules according to FIBA rules - Concept and philosophy of basketball game Reader: Budi Aryanto. (2015). Basic Theory of the Game of Basketball. Yogyakarta: UNY Press. Material: - Basketball game rules according to FIBA rules - Concept and philosophy of basketball game Library: PB Perbasi. Modern Basketball Guidelines. Jakarta.	5%
13	Evaluating the implementation of table officiating in basketball matches	 1.1.1 Able to analyze the various duties of Table Officials in basketball matches 2.1.2 Able to carry out and evaluate Table Official duties for basketball games in actual games 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities	Tutorial, discussion and questions and answers 4 x 50	Material: - Various table officiating in basketball matches Library: FIBA. (2022). Rules of Basketball. Munich: FIBA.	5%
14	Evaluate the implementation of signals and refereeing techniques in basketball games	 1.1.1 Able to analyze various referee signals in basketball games 2.1.2 Able to carry out and evaluate referee signals for basketball games in actual games 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities	Tutorial, discussion and questions and answers 4 x 50	Material: - FIBA rules - Various refereeing signals in basketball games - Refereeing techniques in basketball matches Library: FIBA. (2022). Rules of Basketball. Munich: FIBA. Material: - FIBA rules - Various refereeing signals in basketball games - Refereeing techniques in basketball games - Refereeing techniques in basketball matches Reader: Budi Aryanto. (2015). Basic Theory of the Game of Basketball. Yogyakarta: UNY Press.	5%

15	Evaluate the implementation of signals and refereeing techniques in basketball games	 1.1.1 Able to analyze various referee signals in basketball games 2.1.2 Able to carry out and evaluate referee signals for basketball games in actual games 	Criteria: given full marks if actively participating Form of Assessment : Participatory Activities	Tutorial, discussion and questions and answers 4 x 50	Material: - FIBA rules - Various refereeing signals in basketball games - Refereeing techniques in basketball matches Library: FIBA. (2022). Rules of Basketball. Munich: FIBA. Material: - FIBA rules - Various refereeing signals in basketball games - Refereeing techniques in basketball matches Reader: Budi Aryanto. (2015). Basic Theory of the Game of Basketball. Yogyakarta: UNY Press.	5%
16	Final exams	UAS	Criteria: Full marks will be given if you are able to practice and explain basic basketball techniques correctly Form of Assessment : Practice / Performance	4 x 50 tutorial	Material: Game rules Reader: Budi Aryanto. (2015). Basic Theory of the Basketball. Yogyakarta: UNY Press. Material: basketball fundamentals Reader: Danny Kosasih. (2009). Basketball Fundamentals First Step to Win. Semarang: Karangturi Media Publishers.	40%

Evaluation Percentage Recap: Case Study

Evaluation refeelinge Recup. Case Stat					
No	Evaluation	Percentage			
1.	Participatory Activities	35.5%			
2.	Practice / Performance	51%			
3.	Test	13.5%			
		100%			

Notes

- 1. Learning Outcomes of Study Program Graduates (PLO Study Program) are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- 2. The PLO imposed on courses are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. Program Objectives (PO) are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. Indicators for assessing ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.

- 6. Assessment Criteria are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment: test and non-test.
- 8. Forms of learning: Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- 9.
- Learning Methods: Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods. 10. Learning materials are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.