



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences**  
**S1 Sports Coaching Education Study Program**

Document  
Code

**SEMESTER LEARNING PLAN**

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>			<b>SEMESTER</b>	<b>Compilation Date</b>																																																																																																				
Basic Swimming Skills	8520202097	Compulsory Curriculum Subjects - National	T=2	P=0	ECTS=3.18	1	January 1, 2023																																																																																																				
<b>AUTHORIZATION</b>		<b>SP Developer</b>	<b>Course Cluster Coordinator</b>			<b>Study Program Coordinator</b>																																																																																																					
		Bayu Agung Pramono, S.Pd., M.Kes	Dr. Imam Marsudi, M.Si			Dr. Or. Muhammad, S.Pd., M.Pd.																																																																																																					
<b>Learning model</b>	Case Studies																																																																																																										
<b>Program Learning Outcomes (PLO)</b>	PLO study program which is charged to the course																																																																																																										
	Program Objectives (PO)																																																																																																										
	PO - 1	Able to be responsible for mastering the basic aspects of learning swimming individually and in groups																																																																																																									
	PO - 2	Able to use concepts, theory and practice in conducting swimming lessons at schools and sports clubs																																																																																																									
	PO - 3	Able to be responsible for reviewing and assessing the results of swimming learning and then being able to evaluate the completion of the activities that have been carried out																																																																																																									
	PO - 4	Able to apply water sports teaching knowledge both at school and in sports clubs																																																																																																									
	PLO-PO Matrix																																																																																																										
		<table border="1" style="margin-left: 20px;"> <tr><td>P.O</td></tr> <tr><td>PO-1</td></tr> <tr><td>PO-2</td></tr> <tr><td>PO-3</td></tr> <tr><td>PO-4</td></tr> </table>						P.O	PO-1	PO-2	PO-3	PO-4																																																																																															
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	<table border="1" style="margin-left: 20px;"> <thead> <tr> <th rowspan="2">P.O</th> <th colspan="16">Week</th> </tr> <tr> <th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th><th>13</th><th>14</th><th>15</th><th>16</th> </tr> </thead> <tbody> <tr><td>PO-1</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-2</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-3</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-4</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>						P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	PO-2																	PO-3																	PO-4																
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<b>Short Course Description</b>	This course discusses the stages of learning 4 swimming styles for beginners, which provides experience for students to be able to also evaluate learning outcomes so that later students will be able to provide the best methods to students and also to athletes who are taught or trained.																																																																																																										
<b>References</b>	<b>Main :</b>																																																																																																										
	<ol style="list-style-type: none"> <li>1. Ruben Guzman. 2007. The Swimming Drill Book . United States: Human Kinetics</li> <li>2. Dave. S PhD dan Scott.A. R PhD. 2008. Complete Conditioning for Swimming . United States: Human Kinetics</li> <li>3. Ernest W. M. 1982. Swimming Faster . California State University Chico: Mayfeld publishing Company</li> <li>4. David Haller. 2008. Belajar Berenang . Pionir Jaya: 511 Bandung 40231</li> <li>5. Marta D dan Tina W. 2006. Renang . Ciputat Tangerang 15419:Cerdas Jaya Pondok Hijau</li> <li>6. Terry L dan John Delves. 2004. Total Immersion (The Revolutionary Way to Swim Better, Faster, dan Easier) Fireside. NY 10020: 1230 Avenue of Americas New York.</li> </ol>																																																																																																										
	<b>Supporters:</b>																																																																																																										

	1. Bayu, et., al. Keterampilan dasar renang. Buku Ajar Mahasiswa. 2022						
<b>Supporting lecturer</b>	Prof.Dr. Imam Marsudi, M.Si. Dr. Aghus Sifaq, S.Or., M.Pd. Bayu Agung Pramono, S.Pd., M.Kes. Muhammad Kharis Fajar, S.Pd., M.Pd. Fajar Eka Samudra, S.Or., M.Kes.						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time]		Learning materials [ References ]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Able to be responsible for implementing the stages of swimming learning	1.Able to explain the stages of learning to swim in the process of introducing water 2.Able to develop a water introduction stage process using various water introduction techniques	<b>Criteria:</b> NULL  <b>Form of Assessment :</b> Participatory Activities	Lectures, questions and answers, demonstrations and assignments 2 X 50		<b>Material:</b> basic theory of water recognition <b>Reader:</b> <i>David Haller. 2008. Learning to Swim. Pioneer Jaya: 511 Bandung 40231</i>  <b>Material:</b> basic theory of water recognition. <b>Reference:</b> <i>Ernest WM 1982. Swimming Faster. California State University Chico: Mayfeld publishing Company</i>  <b>Material:</b> basic theory of water recognition <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i>	0%

2	Able to formulate basic patterns in the stages of learning Freestyle swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic freestyle swimming techniques</li> <li>2. Able to organize the stages of movement in freestyle swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> practice test</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Lectures, questions and answers, demonstrations and assignments 2 X 50		<p><b>Material:</b> freestyle swimming learning theory <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reader:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reference:</b> <i>Ernest WM 1982. Swimming Faster. California State University Chico: Mayfeld publishing Company</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory. <b>Reader:</b> <i>Terry L and John Delves. 2004. Total Immersion (The Revolutionary Way to Swim Better, Faster, and Easier) Fireside. NY 10020: 1230 Avenue of the Americas New York.</i></p>	0%
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3	Able to formulate basic patterns in the stages of learning Freestyle swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic freestyle swimming techniques</li> <li>2. Able to organize the stages of movement in freestyle swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> practice test</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Lectures, questions and answers, demonstrations and assignments 2 X 50		<p><b>Material:</b> freestyle swimming learning theory <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reader:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reference:</b> <i>Ernest WM 1982. Swimming Faster. California State University Chico: Mayfeld publishing Company</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory. <b>Reader:</b> <i>Terry L and John Delves. 2004. Total Immersion (The Revolutionary Way to Swim Better, Faster, and Easier) Fireside. NY 10020: 1230 Avenue of the Americas New York.</i></p>	7%
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4	Able to formulate basic patterns in the stages of learning Freestyle swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic freestyle swimming techniques</li> <li>2. Able to organize the stages of movement in freestyle swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> practice test</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Lectures, questions and answers, demonstrations and assignments 2 X 50		<p><b>Material:</b> freestyle swimming learning theory <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reader:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reference:</b> <i>Ernest WM 1982. Swimming Faster. California State University Chico: Mayfeld publishing Company</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p> <hr/> <p><b>Material:</b> freestyle swimming learning theory. <b>Reader:</b> <i>Terry L and John Delves. 2004. Total Immersion (The Revolutionary Way to Swim Better, Faster, and Easier) Fireside. NY 10020: 1230 Avenue of the Americas New York.</i></p>	0%
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5	Able to formulate basic patterns in the stages of learning Backstroke swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic backstroke swimming techniques</li> <li>2. Able to organize the stages of movement in backstroke swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> practice test</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	demonstration and practice 2 X 50		<p><b>Material:</b> basic backstroke swimming techniques <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reader:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Ernest WM 1982. Swimming Faster. California State University Chico: Mayfeld publishing Company</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Marta D and Tina W. 2006. Swimming. Ciputat Tangerang 15419: Cerdas Jaya Pondok Hijau</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p>	7%
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6	Able to formulate basic patterns in the stages of learning Backstroke swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic backstroke swimming techniques</li> <li>2. Able to organize the stages of movement in backstroke swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> practice test</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	demonstration and practice 2 X 50		<p><b>Material:</b> basic backstroke swimming techniques <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reader:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Ernest WM 1982. Swimming Faster. California State University Chico: Mayfeld publishing Company</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Marta D and Tina W. 2006. Swimming. Ciputat Tangerang 15419: Cerdas Jaya Pondok Hijau</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p>	0%
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7	Able to formulate basic patterns in the stages of learning Backstroke swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic backstroke swimming techniques</li> <li>2. Able to organize the stages of movement in backstroke swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> practice test</p> <p><b>Form of Assessment :</b> Participatory Activities, Practice/Performance</p>	demonstration and practice 2 X 50		<p><b>Material:</b> basic backstroke swimming techniques <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reader:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Ernest WM 1982. Swimming Faster. California State University Chico: Mayfeld publishing Company</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Marta D and Tina W. 2006. Swimming. Ciputat Tangerang 15419: Cerdas Jaya Pondok Hijau</i></p> <hr/> <p><b>Material:</b> basic backstroke swimming techniques <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p>	7%
8	UTS	<ol style="list-style-type: none"> <li>1. UTS freestyle practice</li> <li>2. UTS Paktek backstroke</li> </ol>	<p><b>Criteria:</b> practice test</p> <p><b>Form of Assessment :</b> Participatory Activities, Practical Assessment</p>	UTS 2 X 50		<p><b>Material:</b> Basic swimming skills <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p>	17%



9	Able to formulate basic patterns in the stages of learning Butterfly Style swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic butterfly swimming techniques</li> <li>2. Able to organize the stages of movement in butterfly swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> Practice Test</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Lectures, discussions, questions and answers and assignments 2 X 50		<p><b>Material:</b> basic butterfly swimming techniques. <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic butterfly swimming techniques. <b>Reference:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic butterfly swimming techniques. <b>Reference:</b> <i>Terry L and John Delves. 2004. Total Immersion (The Revolutionary Way to Swim Better, Faster, and Easier) Fireside. NY 10020: 1230 Avenue of the Americas New York.</i></p> <hr/> <p><b>Material:</b> basic butterfly swimming techniques. <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p>	0%
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10	Able to formulate basic patterns in the stages of learning Butterfly Style swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic butterfly swimming techniques</li> <li>2. Able to organize the stages of movement in butterfly swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> Practice Test</p> <p><b>Form of Assessment :</b> Participatory Activities, Tests</p>	Lectures, discussions, questions and answers and assignments 2 X 50		<p><b>Material:</b> basic butterfly swimming techniques. <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic butterfly swimming techniques. <b>Reference:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic butterfly swimming techniques. <b>Reference:</b> <i>Terry L and John Delves. 2004. Total Immersion (The Revolutionary Way to Swim Better, Faster, and Easier) Fireside. NY 10020: 1230 Avenue of the Americas New York.</i></p> <hr/> <p><b>Material:</b> basic butterfly swimming techniques. <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p>	7%
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11	Able to formulate basic patterns in the stages of learning Breaststroke swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic breaststroke swimming techniques</li> <li>2. Able to organize the stages of movement in breaststroke swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> Practice test</p> <p><b>Form of Assessment :</b> Participatory Activities, Practice/Performance</p>	Lectures, discussions, questions and answers and assignments 2 X 50		<p><b>Material:</b> basic breaststroke swimming techniques <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic breaststroke swimming techniques <b>Reader:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic breaststroke swimming techniques <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p>	0%
12	Able to formulate basic patterns in the stages of learning Breaststroke swimming for students and prospective athletes	<ol style="list-style-type: none"> <li>1. Able to master basic breaststroke swimming techniques</li> <li>2. Able to organize the stages of movement in breaststroke swimming in an orderly manner</li> </ol>	<p><b>Criteria:</b> Practice test</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Lectures, discussions, questions and answers and assignments 2 X 50		<p><b>Material:</b> basic breaststroke swimming techniques <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic breaststroke swimming techniques <b>Reader:</b> <i>Dave. S PhD and Scott.A. R PhD. 2008. Complete Conditioning for Swimming. United States: Human Kinetics</i></p> <hr/> <p><b>Material:</b> basic breaststroke swimming techniques <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p>	7%

13	Able to be responsible for mastering procedures for organizing swimming sports both independently and in groups	<ol style="list-style-type: none"> <li>1. Get to know the committee and referees of swimming competitions</li> <li>2. Know how to make swimming competition event books with final and indirect final systems</li> </ol>	<p><b>Criteria:</b> NULL</p> <p><b>Form of Assessment :</b> Participatory Activities, Practical Assessment</p>	Lectures, discussions, questions and answers and assignments 2 X 50		<p><b>Material:</b> swimming competition committee and referees</p> <p><b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i></p>	0%
14	Know the theory of creating a swimming competition system	<ol style="list-style-type: none"> <li>1. Students are able to give at least 3 examples of problems that often occur during the swimming learning process</li> <li>2. Students are able to identify the sources of problems that occur</li> <li>3. Identifying muscle problems based on the source and the impact they will have on society</li> <li>4. Students are able to explain the impact of muscle problems and then design patterns to solve these problems</li> </ol>	<p><b>Criteria:</b> Analytical rubric</p> <p><b>Forms of Assessment :</b> Participatory Activities, Practical Assessment, Tests</p>	Lectures, discussions, questions and answers and assignments 2 X 50		<p><b>Material:</b> swimming competition system</p> <p><b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i></p>	8%

15	Know the theory of creating a swimming competition system	<ol style="list-style-type: none"> <li>1. Students are able to give at least 3 examples of problems that often occur during the swimming learning process</li> <li>2. Students are able to identify the sources of problems that occur</li> <li>3. Identifying muscle problems based on the source and the impact they will have on society</li> <li>4. Students are able to explain the impact of muscle problems and then design patterns to solve these problems</li> </ol>	<b>Criteria:</b> Analytical rubric  <b>Forms of Assessment :</b> Participatory Activities, Practical Assessment, Tests	Lectures, discussions, questions and answers and assignments 2 X 50		<b>Material:</b> swimming competition system <b>Reader:</b> <i>Ruben Guzman. 2007. The Swimming Drill Book. United States: Human Kinetics</i>	10%
16	UAS	understanding basic swimming skills	<b>Criteria:</b> UAS  <b>Forms of Assessment :</b> Participatory Activities, Practical Assessment, Tests	2 X 50		<b>Material:</b> swimming <b>Reference:</b> <i>Bayu, et., al. Basic swimming skills. Student Textbook. 2022</i>	30%

#### Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
1.	Participatory Activities	52.5%
2.	Practical Assessment	24.5%
3.	Practice / Performance	3.5%
4.	Test	19.5%
		100%

#### Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.

