



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date																																
Basic Sports Game Skills	8520202347		T=1 P=1 ECTS=3.18	2	July 18, 2024																																
AUTHORIZATION	SP Developer		Course Cluster Coordinator	Study Program Coordinator																																	
	Dr. Or. Muhammad, S.Pd., M.Pd.																																	
Learning model	Project Based Learning																																				
Program Learning Outcomes (PLO)	PLO study program which is charged to the course																																				
	Program Objectives (PO)																																				
	PLO-PO Matrix																																				
		<table border="1" style="margin: auto;"> <tr> <td style="width: 100px; height: 30px;">P.O</td> </tr> </table>					P.O																														
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Short Course Description	Understanding of basic movement theory, basic techniques and basic sports game skills																																				
	<table border="1" style="margin: auto;"> <tr> <td rowspan="2" style="width: 50px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 20px;">1</td> <td style="width: 20px;">2</td> <td style="width: 20px;">3</td> <td style="width: 20px;">4</td> <td style="width: 20px;">5</td> <td style="width: 20px;">6</td> <td style="width: 20px;">7</td> <td style="width: 20px;">8</td> <td style="width: 20px;">9</td> <td style="width: 20px;">10</td> <td style="width: 20px;">11</td> <td style="width: 20px;">12</td> <td style="width: 20px;">13</td> <td style="width: 20px;">14</td> <td style="width: 20px;">15</td> <td style="width: 20px;">16</td> </tr> </table>					P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
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References	Main :																																				
	<ol style="list-style-type: none"> 1. Marianne Torbert. 2011. Secrets to Succes in Sport & Play: A Practical Guide to Skill Development . USA: Human Kinetic. 2. Craig A. Wrisberg. 2007. Sport Skill Instruction for Coaches. USA: Human Kinetics 3. Robin Vealey S, Melissa A. Chase. 2016. Best Practice for Youth Sport: Science and Strategies for Positive Athlete. USA: Human Kinetics 4. Hilda Ann Fronske, Rolayne Wilson. 2002. Teaching Cues for Basic Sport Skill for Elementary and Middle School Students . USA: Human Kinetics 																																				
	Supporters:																																				
Supporting lecturer	Drs. Machfud Irsyada, M.Pd. Drs. Arif Bulqini, M.Kes. Dr. Or. Muhammad, S.Pd., M.Pd.																																				
Week	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																														
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																														

1	Understanding college contracts Understanding of basic sports game skills	<ol style="list-style-type: none"> 1. Able to understand college contracts 2. Able to explain the meaning of sports games 3. Able to explain basic sports game skills 4. Able to group types of sports games 5. Able to explain the values in sports games 	Criteria: Essays and presentations	Lectures and discussions 2 X 50			0%
2	The importance of having knowledge of the basic movements of sports games	<ol style="list-style-type: none"> 1. Be able to mention the basic types of movements in sports games 2. Able to distinguish the basic movements of sports games 	Criteria: Assessment rubric	Lectures and discussions 2 X 50			0%
3	Understand the basic techniques of sports games	<ol style="list-style-type: none"> 1. Basic techniques of sports games 2. Various kinds of basic technical exercises 3. Various kinds of theoretical exercises 4. How to measure basic engineering abilities 	Criteria: Grading rubik	Lectures and discussions 2 X 50			0%
4	Understanding of basic sports game skills	<ol style="list-style-type: none"> 1. The meaning of basic sports game skills 2. Theoretical foundations of basic game sports skills 		Lectures and discussions 2 X 50			0%
5	Understanding of the basic skills and values contained in individual game sports	<ol style="list-style-type: none"> 1. Understanding of basic individual game sports skills 2. How to apply these values 		Practice, Lecture and discussion 2 X 50			0%
6		Understanding of basic team/team sports skills		Practice, lecture and discussion 2 X 50			0%
7		Understanding of the basic sports skills of Table Tennis, Tennis, Badminton and Squash		Practice, Lecture and Discussion 2 X 50			0%
8		Understanding of the basic sports skills of Table Tennis, Tennis, Badminton and Squash		Practice, Lecture and Discussion 2 X 50			0%
9	Midterm exam			2 X 50			0%

10		Understanding of the basic sports skills of Table Tennis, Tennis, Badminton and Squash		Practice, Lecture and Discussion 2 X 50			0%
11		Understanding the basic sports skills of football, volleyball, sepaktakraw, basketball and softball		Practice, lecture and discussion 2 X 50			0%
12		Understanding the basic sports skills of football, volleyball, sepaktakraw, basketball and softball		Practice, lecture and discussion 2 X 50			0%
13		Understanding the basic sports skills of football, volleyball, sepaktakraw, basketball and softball		Practice, lecture and discussion 2 X 50			0%
14		Understanding the basic sports skills of football, volleyball, sepaktakraw, basketball and softball		Practice, lecture and discussion 2 X 50			0%
15		Understanding the basic sports skills of football, volleyball, sepaktakraw, basketball and softball		Practice, lecture and discussion 2 X 50			0%
16	Final exams			2 X 50			0%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
		0%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.

