

 <b>UNESA</b>	<b>Universitas Negeri Surabaya</b> <b>Faculty of Sports and Health Sciences</b> <b>S1 Sports Coaching Education Study Program</b>					<b>Document Code</b>	
<b>SEMESTER LEARNING PLAN</b>							
Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date
Basic Skills of Traditional Sports	8520202348		T=1	P=1	ECTS=3.18	2	July 17, 2024
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator	
	.....		.....			Dr. Or. Muhammad, S.Pd., M.Pd.	
Learning model	Project Based Learning						
Program Learning Outcomes (PLO)	PLO study program that is charged to the course						
	Program Objectives (PO)						
	PLO-PO Matrix						
		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">P.O</div>					
Short Course Description	This course discusses the basic knowledge of recreational sports, equipment and facilities, as well as the theory and practice of various types of recreational sports and traditional sports; Classification & Career Development in the Field of Recreation at school and outside school; Development of Recreational Sports Programs; Theory and Practice of managing recreational/tourism sports activities.						
	References	Main :					<ol style="list-style-type: none"> <li>1. Allen, Lawrence. 2011. Recreation as a Developmental Experience, Willey Periodical. USA</li> <li>2. Ancok, Jamaludin, Prof.,Ph.D. 2003. Outbound Management Training . Jogyakarta. UII Press.</li> <li>3. Departemen Pendidikan dan Kebudayaan. 1998/1999. Peraturan Permainan Olahraga Asli/Tradisional, Buku I dan II. Direktorat Keolahragaan Direktorat Jenderal Pendidikan Luar Sekolah Pemuda dan Olahraga.</li> <li>4. Harisson G. Erpelding M. 2012. Outdoor Program Administration. Human Kinetic. United Kingdom</li> <li>5. Manuel Baud-Bovy and Fred Lawson. 1977. Tourism and Recreation Development. CBI Publishing Company, INC . Boston, Massachusetts.</li> <li>6. Richard G. Kraus. 1977. Recreation Today. Goodyear Publishing Company. California</li> <li>7. Susanta, Agustinus. 2008. Merancang Outbound Training Professional. Yogyakarta. Andi Offset.</li> <li>8. Tisna Sopandi. 1983. Aneka Permainan Tradisional. Pustaka Buana. Bandung</li> <li>9. Murtafiatun.2018. Kumpulan Permainan Tradisional Nusantara. CV Solusi Distribusi. Sleman Yogyakarta.</li> </ol>
Supporters:							
Supporting lecturer		Dra. Ika Jayadi, M.Kes. Dr. Rini Ismalasari, S.Pd., M.Kes. Dr. Aghus Sifaq, S.Or., M.Pd. Shery Iris Zalillah, S.Pd.,M.Kes. Dani Primanata, S.Pd.,M.Pd.					

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time]		Learning materials [ References ]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Prepare a detailed small game lecture contract with the rules agreed upon by the lecturer and students. Understand the nature, types and benefits of games. Understand the meaning, basic principles, targets, benefits and values contained in traditional sports	Students are able to explain assessment procedures and rules for traditional sports lecture activities for one semester. Students are able to explain the nature, types and benefits of games. Students are able to explain the meaning, basic principles, goals, benefits and values contained in traditional sports		Oral 3 X 50			0%
2							0%
3							0%
4							0%
5							0%
6							0%
7							0%
8							0%
9							0%
10							0%
11							0%
12							0%
13							0%
14							0%
15							0%
16							0%

**Evaluation Percentage Recap: Project Based Learning**

No	Evaluation	Percentage
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#### Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.