



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences,
Physical Education, Health & Recreation Undergraduate Study
Program

Document
Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date																																																		
Small Ball Learning	8520102265	Compulsory Study Program Subjects	T=0	P=0	ECTS=0	4	January 1, 2024																																																		
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator																																																			
	Afifan Yulfadinata, S.Pd., M.Pd.		Prof. Dr. Abdul Rahman Tuasikal, M.Pd			Dr. Mochamad Ridwan, S.Pd., M.Pd.																																																			
Learning model	Project Based Learning																																																								
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																																								
	Program Objectives (PO)																																																								
	PO - 1	Understanding and mastery of table tennis theory and practice, including: basic techniques, tactics and strategies, rules and learning in the game of table tennis. Lectures are carried out with lectures, practice, project assignments and reflection.																																																							
	PLO-PO Matrix																																																								
		<table border="1" style="margin: auto;"> <tr><td style="padding: 5px;">P.O</td></tr> <tr><td style="padding: 5px;">PO-1</td></tr> </table>						P.O	PO-1																																																
P.O																																																									
PO-1																																																									
PO Matrix at the end of each learning stage (Sub-PO)																																																									
	<table border="1" style="margin: auto;"> <thead> <tr> <th rowspan="2" style="padding: 5px;">P.O</th> <th colspan="16" style="padding: 5px;">Week</th> </tr> <tr> <th style="padding: 5px;">1</th> <th style="padding: 5px;">2</th> <th style="padding: 5px;">3</th> <th style="padding: 5px;">4</th> <th style="padding: 5px;">5</th> <th style="padding: 5px;">6</th> <th style="padding: 5px;">7</th> <th style="padding: 5px;">8</th> <th style="padding: 5px;">9</th> <th style="padding: 5px;">10</th> <th style="padding: 5px;">11</th> <th style="padding: 5px;">12</th> <th style="padding: 5px;">13</th> <th style="padding: 5px;">14</th> <th style="padding: 5px;">15</th> <th style="padding: 5px;">16</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">PO-1</td> <td style="text-align: center;">✓</td> <td style="text-align: center;">✓</td> <td style="text-align: center;">✓</td> <td style="text-align: center;">✓</td> <td style="text-align: center;">✓</td> <td style="text-align: center;">✓</td> <td style="text-align: center;">✓</td> <td style="text-align: center;">✓</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>						P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1	✓	✓	✓	✓	✓	✓	✓	✓									
P.O	Week																																																								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																																									
PO-1	✓	✓	✓	✓	✓	✓	✓	✓																																																	
Short Course Description	Understanding and mastery of theory and practice in various variations of games using small balls, including: game design strategies, modified rules, and learning in small ball games. Lectures are carried out with lectures, practice, project assignments and reflection.																																																								
References	Main :																																																								
	<ol style="list-style-type: none"> 1. Nurhasan. 2001. Macam-Macam Jenis Tes Keolahragaan dan Pengukuran Prinsip-Prinsip Gerak dalam Olahraga. Bandung: Direktorat Jendral Olahraga. 2. Kellogg, M., & Brown, N. (2017). 3. Farrow, G., & Abernethy, B. (2016). "Skill Acquisition in Small-Sided Games: What do we Know?" International Journal of Sports Science & Coaching, Vol. 11, No. 3. 																																																								
	Supporters:																																																								
	<ol style="list-style-type: none"> 1. Husdarta, S. J. (2011). Manajemen Pendidikan Jasmani. Bandung: Alfabeta. 																																																								
Supporting lecturer	Dr. Setiyo Hartoto, M.Kes. Dr. Sapto Wibowo, S.Pd., M.Pd. Dony Andrijanto, S.Pd., M.Kes. Andhega Wijaya, S.Pd.Jas., M.Or. Dwi Lorry Juniarisca, S.Pd., M.Ed. Afifan Yulfadinata, S.Pd., M.Pd. Dr. Nur Ahmad Arief, S.Pd., M.Pd. Diva Ristie Valentina, S.Pd., M.Pd.																																																								

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline (offline)	Online (online)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Understand the basic concepts of table tennis lectures. Understand the history of the development of table tennis internationally, in Asia and in Indonesia	1.Explain the history of the development of table tennis in the international world. in Asia and in Indonesia 2.Identify table tennis organizations internationally, in Asia and in Indonesia	Criteria: A value of 90, if the report complies with the predetermined grid Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment	Lectures, discussions, assignments and presentations 2 X 50			5%
2	Understand the basic concepts of table tennis lectures. Understand the history of the development of table tennis internationally, in Asia and in Indonesia	1.Explain the history of the development of table tennis in the international world. in Asia and in Indonesia 2.Identify table tennis organizations internationally, in Asia and in Indonesia	Criteria: A value of 90, if the report complies with the predetermined grid. Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment	Lectures, discussions, assignments and presentations 2 X 50			5%
3	Understand various types of small ball equipment including tennis balls, ping-pong balls, baseballs, and other modified small balls.	1.Discuss the various types of equipment in learning small ball games. 2.Identify various types of small ball equipment.	Criteria: A value of 90, if the report complies with the predetermined grid. Form of Assessment : Project Results Assessment / Product Assessment	Scientific Learning Cooperative Learning Lecture Product Performance Discussion Report Mastery Presentation Product assessment sheet 2 X 50			4%
4	Understand various types of small ball equipment including tennis balls, ping-pong balls, baseballs, and other modified small balls.	1.Discuss the various types of equipment in learning small ball games. 2.Identify various types of small ball equipment.	Criteria: A value of 90, if the report complies with the predetermined grid. Form of Assessment : Project Results Assessment / Product Assessment	Scientific Learning Cooperative Learning Lecture Product Performance Discussion Report Mastery Presentation Product assessment sheet 2 X 50			4%

5	Knowing Students are expected to have a deep understanding of the rules of the selected small ball game (for example, the rules of rounders) and be able to apply them consistently during the game. And provide character values	<ol style="list-style-type: none"> 1.Explains the concept of basic table tennis stance and footwork techniques 2.Analyze variations and combinations of basic stance and footwork techniques in table tennis 3.Practicing various variations and combinations of basic stance and footwork techniques in table tennis 	<p>Criteria: A score of 20, if you can summarize according to the specified grid and can practice basic techniques correctly</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment</p>	Cooperative Learning Lectures Performance Products Reports Discussions Mastery 2 X 50		6%
6	Knowing Students are expected to have a deep understanding of the rules of the selected small ball game (for example, the rules of rounders) and be able to apply them consistently during the game. And provide character values	<ol style="list-style-type: none"> 1.Explains the concept of basic table tennis stance and footwork techniques 2.Analyze variations and combinations of basic stance and footwork techniques in table tennis 3.Practicing various variations and combinations of basic stance and footwork techniques in table tennis 	<p>Criteria: A score of 20, if you can summarize according to the specified grid and can practice basic techniques correctly</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment</p>	Cooperative Learning Lectures Performance Products Reports Discussions Mastery 2 X 50		5%
7	Knowing Students are expected to have a deep understanding of the rules of the selected small ball game (for example, the rules of rounders) and be able to apply them consistently during the game. And provide character values	<ol style="list-style-type: none"> 1.Explains the concept of basic table tennis stance and footwork techniques 2.Analyze variations and combinations of basic stance and footwork techniques in table tennis 3.Practicing various variations and combinations of basic stance and footwork techniques in table tennis 	<p>Criteria: A score of 20, if you can summarize according to the specified grid and can practice basic techniques correctly</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment</p>	Cooperative Learning Lectures Performance Products Reports Discussions Mastery 2 X 50		5%
8		UTS	<p>Criteria: able to understand meeting material 1-7</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Practice / Performance, Tests</p>	2 X 50		10%

9	Understand the concept of analyzing game situations, as well as designing effective game strategies and tactics.	<ol style="list-style-type: none"> 1.Explain the rules of the small ball game according to the rules that have been made 2.Describe the modified rules of the small ball game 	<p>Criteria: A score of 10 is obtained if you can answer the question correctly.</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment</p>	Cooperatife Learning Lecture Product Performance Mastery Discussion Report 2 X 50			5%
10	Understand the theoretical concepts of table tennis equipment	<ol style="list-style-type: none"> 1.Explain the rules of table tennis matches according to the latest regulations 2.Describe the table tennis rules and international competition provisions 	<p>Criteria: A score of 10 is obtained if you can answer the question correctly.</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Practices / Performance</p>	Cooperative Learning Lectures Performance Products Reports Discussions Mastery 2 X 50			8%
11	Understand the theoretical concepts of table tennis equipment	<ol style="list-style-type: none"> 1.Explain the rules of table tennis matches according to the latest regulations 2.Describe the table tennis rules and international competition provisions 	<p>Criteria: A score of 10 is obtained if you can answer the question correctly.</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Practices / Performance</p>	Cooperative Learning Lectures Performance Products Reports Discussions Mastery 2 X 50			8%
12	Understand the theoretical concepts of table tennis equipment	<ol style="list-style-type: none"> 1.Explain the rules of table tennis matches according to the latest regulations 2.Describe the table tennis rules and international competition provisions 	<p>Criteria: A score of 10 is obtained if you can answer the question correctly.</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Practices / Performance</p>	Cooperative Learning Lectures Performance Products Reports Discussions Mastery 2 X 50			8%
13	Understand the theoretical concepts of table tennis equipment	<ol style="list-style-type: none"> 1.Explain the rules of table tennis matches according to the latest regulations 2.Describe the table tennis rules and international competition provisions 	<p>Criteria: A score of 10 is obtained if you can answer the question correctly.</p> <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Practices / Performance</p>	Cooperative Learning Lectures Performance Products Reports Discussions Mastery 2 X 50			8%

14	Understand the theoretical concepts of small ball game equipment	1.Explain the rules of small ball matches according to the latest regulations 2.Describe the rules of small ball and the provisions of international competitions	Criteria: A score of 10 is obtained if you can answer the question correctly. Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Practices / Performance	Cooperative Learning Lectures Performance Products Reports Discussions Mastery 2 X 50			5%
15	Understand the theoretical concepts of table tennis equipment	1.Explain the rules of small ball matches according to the modified regulations 2.Describe the rules of small ball and the provisions of international competitions	Criteria: A score of 10 is obtained if you can answer the question correctly. Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Practices / Performance	Cooperatife Learning Lecture Product Performance Mastery Discussion Report 2 X 50			5%
16	UAS	UAS	Criteria: able to understand meeting material 1-15 Form of Assessment : Project Results Assessment / Product Assessment	Doing UAS questions			8%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
1.	Participatory Activities	32.02%
2.	Project Results Assessment / Product Assessment	48.02%
3.	Practice / Performance	16.52%
4.	Test	2.5%
		99.06%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.

