



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences,
Bachelor of Physical Education, Health & Recreation Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date																																		
Archery	8520102097		T=2 P=0 ECTS=3.18	5	July 18, 2024																																		
AUTHORIZATION	SP Developer		Course Cluster Coordinator		Study Program Coordinator																																		
		Dr. Mochamad Ridwan, S.Pd., M.Pd.																																		
Learning model	Case Studies																																						
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																						
	Program Objectives (PO)																																						
	PLO-PO Matrix																																						
		<table border="1" style="margin: auto;"> <tr><td style="width: 50px; height: 30px;">P.O</td></tr> </table>					P.O																																
P.O																																							
	PO Matrix at the end of each learning stage (Sub-PO)																																						
	<table border="1" style="margin: auto;"> <tr> <td style="width: 50px; height: 30px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td></td> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> </table>					P.O	Week																	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
P.O	Week																																						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																							
Short Course Description	This course discusses the history of archery, mastery of techniques, tactics, rules, teaching processes and archery refereeing in the field. Lectures include lectures, practice, project assignments and reflection																																						
References	Main :																																						
	<ol style="list-style-type: none"> 1. Harsono. 1999. Teknik-Teknik Dasar Memanah. 2. Jean A. Barret. 1990. Olahraga Panahan 3. Perpani. 1994. Peraturan Lomba Panahan. 4. Noerbai. 2001. Mengenal Olahraga Panahan , Surabaya: Unesa University Press. 5. Noerbai. 2001. Memahami Falsafah Olahraga Panahan. Surabaya: Unesa University Press. 6. Archery. 2012. Archery , Champaign-IL: Human Kinetcs USA, 7. Haywood, Kathleen and M., Lewis, Catherine F. 2013. Archery Steps To Success. Champaign-IL: Human Kinetcs. 																																						
	Supporters:																																						
Supporting lecturer	Faridha Nurhayati, S.Pd., M.Kes. Kolektus Oky Ristanto, S.Pd., M.Pd.																																						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																
1	Get to know the sport of archery and the general characteristics of the sport of archery	Students can explain the characteristics of archery		Lecture Question and Answer Discussion Assignment 2 X 50			0%																																
2	Understand the history and basic concepts of archery in Indonesia and the world	Students can explain the history and basic concepts of archery		lecture question and answerassignmentdiscussion 2 X 50			0%																																

3	Understand the various equipment in archery and use the equipment as needed	Students can explain various archery equipment and how to care for it		lectures, questions and answers, assignments and discussions 2 X 50			0%
4	Mastering basic archery techniques correctly and choosing the right body position when shooting.	Students can perform archery stances using a bow and understand common mistakes in basic archery stances		Lecture, practice, discussion 2 X 50			0%
5	Master how to make archery equipment with bow modifications	Students are able to make modified archery tools using Paralon Bows		lecture, question and answer, practice, discussion 2 X 50			0%
6	Understand and practice basic archery techniques correctly and choose the right body position when archery using a modified Bow and Arrow at a distance of 5 meters.	1.Students are able to explain a series of basic archery stances 2.Students can carry out basic archery stances		lecture, practice, discussion 2 X 50			0%
7	Understand and practice basic archery techniques, especially those relating to extending, drawing without a bow using elastic rubber (modification)	1.Students are able to explain a series of basic archery stances 2.Students can carry out basic archery stances with tools		Lecture, Practice, discussion 2 X 50			0%
8	Practical UTS			2 X 50			0%
9	Understand and practice basic archery techniques correctly according to the principles of mechanics when archery using a modified Bow and Arrow at a distance of 7 meters, 10 meters and 15 meters	1.Students are able to explain a series of basic archery stances 2.Students can carry out basic archery stances at distances of 7m, 10m and 15m 3.Students can understand common archery stance mistakes		lecture, practice and discussion 2 X 50			0%

10	Understand and practice basic archery techniques correctly according to the principles of mechanics when archery using a modified Bow and Arrow at a distance of 7 meters, 10 meters and 15 meters	1.Students are able to explain a series of basic archery stances 2.Students can carry out basic archery stances at distances of 7m, 10m and 15m 3.Students can understand common archery stance mistakes		lecture, practice and discussion 2 X 50			0%
11	Understand and practice basic archery techniques correctly according to the principles of mechanics when archery using a modified Bow and Arrow at a distance of 7 meters, 10 meters and 15 meters	1.Students are able to explain a series of basic archery stances 2.Students can carry out basic archery stances at distances of 7m, 10m and 15m 3.Students can understand common archery stance mistakes		lecture, practice and discussion 2 X 50			0%
12	Practicing coordinated archery techniques at shooting distances of 5 meters and 10 meters using a National Bow	Students can perform basic techniques correctly for archery at a distance of 5 meters and 10 meters using a National bow		lecture, practice and discussion 2 X 50			0%
13	Practicing coordinated archery techniques at shooting distances of 5 meters and 10 meters using a National Bow	Students can perform basic techniques correctly for archery at a distance of 5 meters and 10 meters using a National bow		lecture, practice and discussion 2 X 50			0%
14	Understand and practice How to Coach in Archery	Students can explain and practice the didactic methods of teaching archery		lecture, question and answer, practice and discussion 2 X 50			0%
15	Understanding the Archery Competition and Refereeing System	Students can master the archery competition and refereeing system		Lecture Question and Answer Discussion Simulation 2 X 50			0%
16	UAS			2 X 50			0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.