



**Universitas Negeri Surabaya
Faculty of Sports and Health Sciences,
Undergraduate Nutrition Study Program**

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date										
Nutrition Program Management	1321103045		T=1	P=0	ECTS=1.59	6	July 18, 2024										
AUTHORIZATION		SP Developer		Course Cluster Coordinator		Study Program Coordinator											
			Amalia Ruhana, S.P., M.P.H.											
Learning model	Case Studies																
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																
	Program Objectives (PO)																
	PLO-PO Matrix																
		P.O															
	PO Matrix at the end of each learning stage (Sub-PO)																
	P.O	Week															
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Short Course Description	Discusses the needs assessment process, program development, implementation and evaluation stages of nutrition programs in the community based on solving existing nutritional problems. Starting with identifying specific issues, determining target groups and involving stakeholders in the program, preparing action plans, program implementation, supervision, and program monitoring and evaluation.																
References	Main :																
	1. Mahendradata Yodi, dkk .2018. Manajemen Program Kesehatan. Yogyakarta: Gadjah Mada University Press.																
	Supporters:																
Supporting lecturer	Dra. Hj. Siti Sulandjari, M.Si. Choirul Anna Nur Afifah, S.Pd., M.Si.																
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)										
		Indicator	Criteria & Form	Offline (offline)	Online (online)												
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)										
1	Able to understand the concept of nutrition program management	1.Explain the definition of nutrition program management 2.Explain the program management cycle 3.Identifying needs assessment for nutrition programs	Criteria: The correct answer gets a score of 10.	Lectures, discussions and questions and answers, 3 X 50			0%										

2	Able to analyze nutritional problems and programs in society	<ol style="list-style-type: none"> 1. Identifying nutritional problems in society 2. Analyzing programs to overcome nutritional problems in society 3. Evaluate the implementation of nutrition programs in the community 4. Prepare program implementation analysis reports 	Criteria: The correct answer gets a score of 10	Discuss, question and answer, observation and exploration 3 X 50			0%
3	Able to analyze nutritional problems and programs in society	<ol style="list-style-type: none"> 1. Identifying nutritional problems in society 2. Analyzing programs to overcome nutritional problems in society 3. Evaluate the implementation of nutrition programs in the community 4. Prepare program implementation analysis reports 	Criteria: The correct answer gets a score of 10	Discussion, questions and answers, and observations 3 X 50			0%
4	Able to plan a nutrition program	<ol style="list-style-type: none"> 1. Explain how to carry out a needs assessment 2. Identify data and information collection techniques 3. Analyze data and information 4. Explain the assessment of organizational context 5. Determine the focus of the nutrition program 	Criteria: Correct answer score 10	Make observations, collect data/information on the target group. Discuss the results of observations 3 X 50			0%
5	Able to plan a nutrition program	<ol style="list-style-type: none"> 1. Explain how to carry out a needs assessment 2. Identify data and information collection techniques 3. Analyze data and information 4. Explain the assessment of organizational context 5. Determine the focus of the nutrition program 	Criteria: The correct answer gets a score of 10	Lectures, group discussions and questions and answers 3 X 50			0%
6	Able to prepare a nutritional action plan	Explain how to prepare a nutrition program action plan, which includes goals, targets, materials, material/logistics requirements, budget, stakeholders involved, details of activities, monitoring and evaluation	Criteria: The correct answer gets 10 marks	Group discussion and question and answer 3 X 50			0%
7	Able to prepare a nutritional action plan	Explain how to prepare a nutrition program action plan, which includes goals, targets, materials, material/logistics requirements, budget, stakeholders involved, details of activities, monitoring and evaluation	Criteria: The correct answer gets a score of 10	Group discussion and question and answer 3 X 50			0%
8			Criteria: The correct answer gets a score of 100	3 X 50			0%
9	Able to implement nutrition program action plans	Able to implement nutrition programs according to plans that have been prepared Able to coordinate with stakeholders involved in the program Able to prepare nutrition program action reports		Cooperative learning 3 X 50			0%

10	Able to implement nutrition program action plans	1.Able to implement nutrition programs according to plans that have been prepared 2.Able to coordinate with stakeholders involved in the program 3.Able to prepare nutrition program action reports		Cooperative learning, group discussions, questions and answers and reflection 3 X 50			0%
11	Able to carry out supervision	1.Explain the concept of supervision 2.Explain the supervision model 3.Explain the implementation of supervision	Criteria: The correct answer gets a score of 10	Lectures, group discussions, questions and answers and reflections 3 X 50			0%
12	Able to carry out supervision	1.Explain the concept of supervision 2.Explain the supervision model 3.Explain the implementation of supervision	Criteria: If the question is answered correctly you get a score of 10	Lectures, group discussions, questions and answers and reflections 3 X 50			0%
13	Able to carry out program monitoring and evaluation	1.Explain the concept of monitoring and evaluation 2.Explain the design of monitoring and evaluation systems 3.Explain the function of information/evaluation findings	Criteria: The correct answer gets a score of 10	Lectures, discussions, questions and answers, and reflections 3 X 50			0%
14	Able to carry out program monitoring and evaluation	1.Explain the concept of monitoring and evaluation 2.Explain the design of monitoring and evaluation systems 3.Explain the function of information/evaluation findings 4.Carry out monitoring and evaluation of nutrition programs	Criteria: The correct answer gets a score of 10	Lectures, discussions, questions and answers, and reflections 3 X 50			0%
15	Able to understand the sustainability of nutrition programs	1.Explain the concept of sustainability 2.Explain the sustainability process and cycle 3.Explain the factors that influence sustainability	Criteria: The correct answer gets a score of 10	Discussion, question and answer, and reflection 3 X 50			0%
16				2 X 50			0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased.

- Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
 8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
 9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
 10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
 11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
 12. TM=Face to face, PT=Structured assignments, BM=Independent study.