



**Universitas Negeri Surabaya  
Faculty of Sports and Health Sciences,  
Undergraduate Nutrition Study Program**

Document Code

## SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date
Health Care System	1321102018	Compulsory Study Program Subjects	T=0   P=0   ECTS=0	2	July 3, 2023
<b>AUTHORIZATION</b>	<b>SP Developer</b>		<b>Course Cluster Coordinator</b>		<b>Study Program Coordinator</b>
	Choirul Anna Nur Afifah, S.Pd., M.Si.		Choirul Anna Nur Afifah, S.Pd., M.Si.		Amalia Ruhana, S.P., M.P.H.

<b>Learning model</b>	<b>Case Studies</b>
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<b>Program Learning Outcomes (PLO)</b>	<b>PLO study program that is charged to the course</b>	
	<b>PLO-8</b>	Able to master the scientific basis of nutrition, food, biomedicine, humanities and public health sciences.
	<b>PLO-9</b>	Able to have an attitude of belief in the Almighty God, be ethical, disciplined, aware of the law, have a social and cultural insight, and behave professionally.

<b>Program Objectives (PO)</b>	
<b>PO - 1</b>	Students understand the Health Service System in general
<b>PO - 2</b>	Students understand the Introduction to the National Health System (SKN)
<b>PO - 3</b>	Understanding the Role of the Private and Government in the health service system
<b>PO - 4</b>	Understanding the Service and Referral System for Malnourished Toddlers
<b>PO - 5</b>	Students understand the Regulations and Policies of the Health Service System in Indonesia
<b>PO - 6</b>	Students Understand the Structure and Role of Health Institutions in the Health Service System
<b>PO - 7</b>	Students Understand Evaluation and Performance Indicators of the Health Service System
<b>PO - 8</b>	Students Understand the Referral System in Indonesia
<b>PO - 9</b>	Students Understand Financing System Policies and Regulations
<b>PO - 10</b>	Students Understand the Government's Health Financing System
<b>PO - 11</b>	Students Understand the Private Health Financing System
<b>PO - 12</b>	Students understand the role of nutritionists in the health service system

<b>PLO-PO Matrix</b>			
	P.O	PLO-8	PLO-9
PO-1			
PO-2			
PO-3			
PO-4			
PO-5			
PO-6			
PO-7			
PO-8			
PO-9			
PO-10			
PO-11			
PO-12			

**PO Matrix at the end of each learning stage (Sub-PO)**

		<table border="1"> <tr> <th rowspan="2">P.O</th> <th colspan="16">Week</th> </tr> <tr> <th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th><th>13</th><th>14</th><th>15</th><th>16</th> </tr> <tr><td>PO-1</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-2</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-3</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-4</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-5</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-6</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-7</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-8</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-9</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-10</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-11</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>PO-12</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>																P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	PO-2																	PO-3																	PO-4																	PO-5																	PO-6																	PO-7																	PO-8																	PO-9																	PO-10																	PO-11																	PO-12																
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**Short Course Description** Study of the national health service system which includes the health system, referral system, financing, policies that describe functional interactions between medical and non-medical personnel as well as policies in the health service system in Indonesia

**References**

**Main :**

1. Kementerian Kesehatan Republik Indonesia. 2011. Pedoman Pelayanan Anak Gizi Buruk
2. Permenkes No 1097 tahun 2011. Petunjuk Teknis Pelayanan Kesehatan Dasar Jamkesmas
3. Kepmenkes RI. Nomor 128/MENKES/SK/II/2004. Kebijakan Dasar Pusat Kesehatan Masyarakat
4. Undang-undang no 36 tahun 2009 tentang Kesehatan
5. Undang-undang no 44 tahun 2009 tentang Rumah Sakit
6. Novi Zain Alfajri, et al. 2017. Implementasi Case Management System di Rumah Sakit. Gadjah Mada University Press
7. Peraturan Presiden no 72 tahun 2012 tentang Sistem Kesehatan Nasional
8. Keputusan Mentri Kesehatan RI no 374 / Menkes/ SK/III/ 2007. Standar Profesi Gizi.
9. Permenkes no 75 tahun 2014 tentang Puskesmas
10. Permenkes no 44 tahun 2016 tentang Manajemen Puskesmas
11. Direktorat Bina Gizi. 2011. Bagan Tata Laksana Anak Gizi Buruk Buku I. Kemenkes RI
12. Direktorat Bina Gizi. 2011. Petunjuk Teknik Tata Laksana Anak Gizi Buruk. Buku II. Kemenkes RI
13. Permendagri no 19 tahun 2011 tentang Pedoman Pengintegrasian Layanan Sosial Dasar Di Pos Pelayanan Terpadu
14. Modul Pelatihan Indikator Kerja. 2003. KMPK UGM
15. Undang-Undang Nomor 40 Tahun 2004 tentang Sistem Jaminan Sosial Nasional (SJSN)
16. Undang-Undang Nomor 24 Tahun 2011 tentang Badan Penyelenggara Jaminan Sosial (BPJS)
17. Permenkes no 71 tahun 2013 tentang Pelayanan Kesehatan Pada Jaminan Kesehatan Nasional
18. Estherlina Sitorus , Atik Nurwahyuni. 2017. Analisis Pembiayaan Kesehatan Bersumber Pemerintah Di Kota Serang Tahun 2014 – 2016. Jurnal Kebijakan Kesehatan Indonesia, Vol. 6, No. 3 September 2017. 138 – 148
19. Sumarjati Arjoso. 2010. Penentuan Kebijakan Pembiayaan Kesehatan di Indonesia

**Supporters:**

1. Handout

**Supporting lecturer** Choirul Anna Nur Afifah, S.Pd., M.Si.  
Amalia Ruhana, S.P., M.P.H.  
Desty Muzarofatus Sholikhah, S.K.M., M.Kes.  
Lini Anisfatus Sholihah, S.Gz., M.Sc.  
Anindya Mar'atus Sholikhah, S.K.M., M.Kes.  
Wildan Alfira Gusrianto, M.Gz.  
Fitriana Nugraheni, M.Gizi.  
Nur Anindya Syamsudi, STR.Keb.,M.Kes

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time ]		Learning materials [ References ]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	1. Students undertake a lecture contract and understand the RPS 2. Students understand the Health Service System in general	Explaining the Health Service System (general)	<b>Criteria:</b> Students get maximum marks if they can answer correctly  <b>Form of Assessment :</b> Participatory Activities	Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50		<b>Material:</b> Health Service System <b>Reference:</b> Law no. 36 of 2009 concerning Health	0%

2	Students understand the Introduction to the National Health System (SKN)	1. Explain the meaning of the National Health System (SKN) 2. Explain the legal basis for SKN 3. Explain the foundation of SKN 4. Explain the basic principles of SKN 5. Explain the purpose and position of SKN 6. Explain the SKN subsystem 7. Explain the implementation of SKN	<b>Criteria:</b> Students will get maximum marks if the answer is correct  <b>Form of Assessment :</b> Participatory Activities	Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50		<b>Material:</b> National Health System <b>Reference:</b> <i>Presidential Regulation no. 72 of 2012 concerning the National Health System</i>	0%
3	Students are able to explain the role of the private sector and government in the health service system	1. Explain the actors in health services 2. Explain the role of government in the health service system 3. Explain the role of the private sector in the health service system	<b>Criteria:</b> Students will get maximum marks if they answer the questions correctly  <b>Form of Assessment :</b> Participatory Activities	Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50		<b>Material:</b> National Health System <b>Reference:</b> <i>Presidential Regulation no. 72 of 2012 concerning the National Health System</i>	5%
4	Understanding the Service and Referral System for Malnourished Toddlers	1. Explain the flow of services and referrals for malnourished children under five (the flow of checking for malnourished children) 2. Explain the treatment of malnourished children who are outpatient 3. Explain the treatment of malnourished children who are hospitalized 4. Explain monitoring and evaluation (outpatient and inpatient )	<b>Criteria:</b> Students will get maximum marks if they can answer questions correctly  <b>Form of Assessment :</b> Participatory Activities, Tests	Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50		<b>Material:</b> Management of Malnutrition <b>Reference:</b> <i>Directorate of Nutrition Development. 2011. Technical Instructions for Management of Malnourished Children. Book II. Indonesian Ministry of Health</i>  <b>Material:</b> Integration of Health Services <b>Reference:</b> <i>Minister of Home Affairs Regulation No. 19 of 2011 concerning Guidelines for Integrating Basic Social Services at Integrated Service Posts</i>	5%
5	Students are able to describe the Regulations and Policies of the Health Service System in Indonesia	1. Explain the regulations and policies that form the basis of the health service system in Indonesia 2. Explain the regulations and policies that cover the health service implementation team (in general/collaboration of doctors, nurses, nutritionists, pharmacists, etc.) 3. Explain the underlying regulations and policies nutritionist profession in the health service system in Indonesia	<b>Criteria:</b> Students will get maximum marks if they can answer the questions correctly  <b>Form of Assessment :</b> Participatory Activities	Learning Method: discussion and question and answer Learning Model: Cooperative 2 X 50		<b>Material:</b> SKN Policy <b>Library:</b> <i>Republic of Indonesia Minister of Health Decree. Number 128/MENKES/SK/III/2004. Basic Policy of the Center for Community Health</i>	0%
6	Students explain the structure and role of health institutions in the health service system	1. Explain the role and structure of hospitals in the health service system 2. Explain the role and structure of community health centers in the health service system 3 Explain the role and structure of Posyandu in the health service system	<b>Criteria:</b> Students will get maximum marks if they can answer questions correctly  <b>Form of Assessment :</b> Participatory Activities	Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50		<b>Material:</b> SKN Policy <b>Library:</b> <i>Republic of Indonesia Minister of Health Decree. Number 128/MENKES/SK/III/2004. Basic Policy of the Center for Community Health</i>	0%

7	Students Understand Evaluation and Performance Indicators of the Health Service System	<ol style="list-style-type: none"> <li>1.Explain clinical indicators</li> <li>2.Explaining the classification of indicators</li> <li>3.Explain clinical performance indicators</li> <li>4.Explain the measurement of clinical performance indicators</li> <li>5.Explain the evaluation of health service performance indicators</li> </ol>	<p><b>Criteria:</b> Students get maximum marks if they can answer questions correctly</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	<p>Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50</p>		<p><b>Material:</b> SKN Policy <b>Library:</b> Republic of Indonesia Minister of Health Decree. Number 128/MENKES/SK/III/2004. Basic Policy of the Center for Community Health</p>	5%
8	UTS		<p><b>Form of Assessment :</b> Test</p>	2 X 50			10%
9	Students are able to describe the Referral System in Indonesia	<ol style="list-style-type: none"> <li>1. Explain the meaning of a referral system</li> <li>2. Explain the legal basis of the referral system in Indonesia</li> <li>3. Explain the flow of the referral system in Indonesia</li> <li>4. Explain the types of referrals in Indonesia</li> <li>5. Explain examples of referral systems in Indonesia</li> </ol>	<p><b>Criteria:</b> Students will get maximum marks if they can answer correctly</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	<p>Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50</p>		<p><b>Material:</b> JKN <b>Library:</b> Law Number 40 of 2004 concerning the National Social Security System (SJSN)</p>	5%
10	Students are able to explain the Financing System Policies and Regulations	- Explain the legal basis and regulations that regulate the financing system in Indonesia	<p><b>Criteria:</b> Students will get maximum marks if they can answer questions correctly</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	<p>Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50</p>		<p><b>Material:</b> JKN <b>Library:</b> Minister of Health Regulation no. 71 of 2013 concerning Health Services in National Health Insurance</p> <hr/> <p><b>Material:</b> National Health Financing <b>Reference:</b> Sumarjati Arjoso. 2010. Determining Health Financing Policy in Indonesia</p>	5%
11	Students are able to explain the government's health financing system	<ol style="list-style-type: none"> <li>1.Explain government sourced health financing</li> <li>2.Explain the flow of health financing by the government</li> <li>3.Explain the mechanism for health financing by the government</li> </ol>	<p><b>Criteria:</b> Students will get maximum marks if they can answer questions correctly</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	<p>Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50</p>		<p><b>Material:</b> SKN Financing <b>Reader:</b> Sumarjati Arjoso. 2010. Determining Health Financing Policy in Indonesia</p> <hr/> <p><b>Material:</b> Health Financing <b>Readers:</b> Estherlina Sitorus, Atik Nurwahyuni. 2017. Analysis of Government Sourced Health Financing in Serang City 2014 – 2016. Indonesian Health Policy Journal, Vol. 6, no. 3 September 2017. 138 – 148</p>	5%
12	Students Explain the Private Health Financing System	<ol style="list-style-type: none"> <li>1.Explain that health financing comes from the private sector</li> <li>2.Explain the types of private health financing</li> <li>3.Explain the mechanism for private health financing</li> </ol>	<p><b>Criteria:</b> Students will get maximum marks if they can answer the questions correctly</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	<p>Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50</p>		<p><b>Material:</b> Hospitals <b>Reference:</b> Law no 44 of 2009 concerning Hospitals</p>	5%

13	Students are able to compare the health service and referral systems in Indonesia and other countries	1. Discuss the health service and referral system in Indonesia 2. Discuss health service systems and referrals in other countries	<b>Criteria:</b> Students will get maximum marks if they can answer the questions correctly  <b>Form of Assessment :</b> Participatory Activities, Portfolio Assessment	Learning Method: discussion Learning Model: Problem Based Learning 2 X 50		<b>Material:</b> JKN System <b>Library:</b> Law Number 40 of 2004 concerning the National Social Security System (SJSN)	10%
14	Students understand the comparison of government and private health financing systems	Explain the comparison of government and private health financing systems	<b>Criteria:</b> Students will get maximum marks if they can answer questions correctly  <b>Form of Assessment :</b> Participatory Activities, Portfolio Assessment	Learning Method: discussion Learning Model: Problem Based Learning or case study 2 X 50		<b>Material:</b> <b>Library Financing :</b> Handout	15%
15	Students are able to explain the role of nutritionists in the health service system	Explain the role and function of nutritionists in the nutrition service system in promotive, preventive, curative and rehabilitative aspects	<b>Criteria:</b> Students will get maximum results if they can answer questions correctly  <b>Form of Assessment :</b> Participatory Activities	Learning Method: lecture, discussion and question and answer method Learning Model: Cooperative 2 X 50		<b>Material:</b> Nutrition Professional Standards <b>Reference:</b> Decree of the Minister of Health of the Republic of Indonesia no 374 / Menkes/ SK/III/ 2007. Nutrition Professional Standards.	10%
16	UAS		<b>Form of Assessment :</b> Test	2 X 50			20%

#### Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
1.	Participatory Activities	55%
2.	Portfolio Assessment	12.5%
3.	Test	32.5%
		100%

#### Notes

- 1. Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- 2. The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- 6. Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment:** test and non-test.
- 8. Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- 9. Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- 10. Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.**