

Universitas Negeri Surabaya Faculty of Sports and Health Sciences, Undergraduate Nutrition Study Program

Document Code

SEMESTER	

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ietetics of N iseases	on-Communic	able	1321103	8068			Compulso Subjects	ry Study	/ Progra	am	T=2	P=1	ECTS=4.7	7	5		July	17, 2024
UTHORIZAT	ION		SP Deve	eloper						Course	Clust	er Coo	rdinator	Stu	dy Pro	gram C	oordina	ıtor
			Cleonara	a Yanı	uar Dir	ni, S.G	z., M.Sc., Die	etisien		Cleona M.Sc., I			i, S.Gz.,		Amalia	ı Ruhanı	a, S.P.,	M.P.H.
earning odel	Project Base	Learning																
rogram	PLO study p	rogram that	ram that is charged to the course															
earning utcomes	PLO-8 Able to master the scientific basis of nutrition, food, biomedicine, humanities and public health sciences.																	
LO)	PLO-9	-9 Able to have an attitude of belief in the Almighty God, be ethical, disciplined, aware of the law, have a social and cultural insight, and behave professionally.																
	PLO-11 Able to solve problems in the field of nutrition by applying scientific thinking concepts and cutting-edge approaches through research, scientific literacy and publications.																	
	Program Ob																	
	PO - 1			e abou	ut the p	princip	es of standa	rdized r	nutrition	al care	proces	sses fo	r various n	on-con	nmunica	able dise	eases	
	PO - 2	Able to c	arry out nu	ıtrition	al ass	essme	nts, diagnos	es and	interve	ntions	for suf	ferers	of non-con	nmunio	able di	seases	using s	
	nutritional care concepts and procedures and have a responsible attitude in implementing standardized nutritional care processes for various non-communicable diseases																	
	PLO-PO Matrix																	
				DIO 8						_								
			P.O		PLO-8	3	PLO-9		PLO	D-11	_							
		F	PO-1															
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	PO Matrix a	the end of c	each learn	iing s	stage	(Sub-	30)											
		F	P.O								Week							
				1	2	3	4 5	6	7	8	9	10	11	12	13	14	15	16
		PO-1																
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Week-	Final abilities of each learning stage	E	valuation	Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)
	(Sub-PO)	Indicator	Criteria & Form	Offline (offline)	Online (online)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)

evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades. 3. Students get maximum marks if they answer questions correctly on UTS Form of Assessment: Participatory Activities	Publishers. Material: Pathophysiology, etiology, signs and symptoms, and nutritional care for obese patients in children, adults, and weight management. References: Suryani I, Isdiany N, Kusumayanti GAD. 2017. Dietetics of Non-Communicable Diseases. Indonesian Ministry of Health Health Resources Education Center Material: Pathophysiology, etiology, signs and	
	symptoms, and nutritional care for obese patients in children, adults, and weight management. Reference: Dewa Nyoman Supriasa I, Handayani D. 2019. Clinical Nutrition Care. Jakarta: EGC	
Explain the pathophysiology, etiology, signs and symptoms, and nutritional care in diabetes mellitus 1. Understanding the pathophysiology, etiology, signs and symptoms of type I diabetes mellitus (1st DM) 2. Understanding the pathophysiology, etiology, signs and symptoms of type 2 diabetes mellitus (2DM) 3. Understanding the pathophysiology, etiology, signs and symptoms of type 2 diabetes mellitus (2DM) 3. Understanding nutritional care for DMT 1 and DMT 2 DMT 2 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case study presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case tidy presentation (50'); Lectures, Discussions and Answers (100') 3 X 50 Case tidy presentation (50'); Lectures, Discussions and Answers (100') 3 X 50	Material: Pathophysiology, etiology, signs and symptoms, and nutritional care in diabetes mellitus patients (T1DM and 2DM) References: Mahan, KL and S escot-Stump. Krause's. 2012. Food, Nutrition and Diet Therapy. Philadelphia: WB Saunders Co. Ed 11. Material: Pathophysiology, etiology, signs and symptoms, and nutritional care in diabetes mellitus patients (T1DM and 2DM) References: Stanfield, Peggy and Hui, YH 2010. Nutrition and Diet Therapy. USA: Jones and Bartlett Publishers.	0%

3	Explain the pathophysiology, etiology, signs and symptoms, and nutritional care in diabetes mellitus	1.Understanding the pathophysiology, etiology, signs and symptoms of type I diabetes mellitus (1st DM) 2.Understanding the pathophysiology, etiology, signs and symptoms of type 2 diabetes mellitus (2DM) 3.Understanding nutritional care for DMT 1 and	Criteria: 1. Participatory activities are seen from the percentage of student attendance and can be added to the level of student participation/activity during lectures 2. Case study assignments are completed individually/independently by students and discussed later with the group. The assessment includes students' ability to carry out assessments	Case study presentation (50°): Lectures, Discussions and Questions and Answers (100°) 3 X 50	Material: Pathophysiology, etiology, signs and symptoms, and nutritional care in cancer. References: Mahan, KL and S escot-Stump. Krause's. 2012. Food, Nutrition and Diet Therapy. Philadelphia: WB Saunders Co. Ed 11. Material: Pathophysiology, etiology, signs and symptoms, and	0%
		DMT 2	(25%), diagnose (25%), plan interventions (30%) and plan monitoring and evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades Form of Assessment: Participatory Activities		nutritional care in cancer Reference: Stanfield, Peggy and Hui, YH 2010. Nutrition and Diet Therapy. USA: Jones and Bartlett Publishers.	
4	1.Explain the pathophysiology, etiology, signs and symptoms of heart and blood vessel disease 2.Understand and be able to design standardized nutritional care for patients with heart and blood vessel diseases	1.Understand the pathophysiology, etiology, signs and symptoms of heart and blood vessel disease 2.Understand and be able to design standardized nutritional care for patients with heart and blood vessel diseases	Criteria: 1. Participatory activities are seen from the percentage of student attendance and can be added to the level of student participation/activity during lectures 2. Case study assignments are completed individually/independently by students and discussed later with the group. The assessment includes students' ability to carry out assessments (25%), plan interventions (30%) and plan monitoring and evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades 3. Students get maximum marks if they answer questions correctly on UTS Form of Assessment: Participatory Activities	Case study presentation (50'); lectures, discussions and questions and answers (100') 3 X 50	Material: Pathophysiology, etiology, signs and symptoms, and nutritional care in heart and blood vessel diseases. References: Mahan, KL and S escot-Stump. Krause's. 2012. Food, Nutrition and Diet Therapy. Philadelphia: WB Saunders Co. Ed 11. Material: Pathophysiology, etiology, signs and symptoms, and nutritional care in heart and blood vessel diseases. Reference: Stanfield, Peggy and Hui, YH 2010. Nutrition and Diet Therapy. USA: Jones and Bartlett Publishers.	0%
5	1.Explains pathophysiology, etiology, signs and symptoms, kidney stones and acute kidney injury 2.Understand and be able to design standardized nutritional care for patients with kidney stones and acute kidney injury	1.Explains pathophysiology, etiology, signs and symptoms, kidney stones and acute kidney injury 2.Understand and be able to design standardized nutritional care for patients with kidney stones and acute kidney injury	Criteria: 1.Participatory activities are seen from the percentage of student attendance and can be added to the level of student participation/activity during lectures 2.Case study assignments are completed individually/independently by students and discussed later with the group. The assessment includes students' ability to carry out assessments (25%), plan interventions (30%) and plan monitoring and evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades 3.Students get maximum marks if they answer questions correctly on UTS Form of Assessment: Participatory Activities	Case study presentation (50°); Lectures, Discussions and Questions and Answers (100°) 3 x 50	Material: • Pathophysiology, etiology, sign symptoms of Kidney Stones • Nutritional Care/NCP for Kidney Stone patients • Pathophysiology, etiology, sign symptoms of Acute Kidney Injury (AKI) • Nutritional Care/NCP for Acute Kidney Injury (AKI) patients References: Mahan, KL and S escot-Stump. Krause's. 2012. Food, Nutrition and Diet Therapy. Philadelphia: WB Saunders Co. Ed 11.	0%

6	Students can practice nutritional care for obesity, diabetes mellitus, cancer, heart and blood vessel disease	Carrying out nutritional care practices, designing menus and implementing menu designs in case studies of obesity, diabetes mellitus, cancer, heart and blood vessel and kidney disease	Criteria: 1.Students will get maximum marks if they can work together well in a team, the practicum results are in accordance with the assessment criteria including suitability of menu design to the needs of case study patients, suitability of menu design and implementation in practicum, suitability in sensory testing (including taste, color combination, aroma etc.) 2.Practical report according to the format Form of Assessment: Participatory Activities, Practical Assessment	Learning Method: Independent Practicum (170') 3 X 50		Material: Diet in patients with obesity, DM, cancer, heart disease, blood vessels, kidneys. Reference: Almatser, Sunita., Penuntun Diet., 2006., Jakarta: Gramedia Pustaka Utama;	0%
7	Students can report on nutritional care practices for obesity, diabetes mellitus, cancer, heart and blood vessels, and kidneys	Carrying out nutritional care practices for obesity, diabetes mellitus, cancer, heart and blood vessels and kidneys	Criteria: Students will get maximum marks if they can report/present practicum results correctly according to the guidelines and seen from the level of participation during the discussion Form of Assessment: Participatory Activities	Case study nutritional care presentation (revised) (50)Food processing presentation (video) (50')Discussion and Questions and Answers (50') 3 X 50		Material: Nutritional care for obesity, diabetes mellitus, cancer, heart and blood vessels and kidneys References: Mahan, KL and S escot-Stump. Krause's. 2012. Food, Nutrition and Diet Therapy. Philadelphia: WB Saunders Co. Ed 11.	7%
8	MIDTERM EXAM	Students answer questions correctly	Criteria: Students get maximum marks if they answer questions correctly on UTS Form of Assessment : Test	3 X 50			25%
9	Explain the pathophysiology, etiology, signs and symptoms and nutritional care of kidney disease	Understanding the pathophysiology, etiology, signs and symptoms of chronic kidney disease (CKD) - Understanding nutritional care in chronic kidney disease (CKD) - Understanding the pathophysiology, etiology, signs and symptoms of End Stage Renal Disease (ESRD) - Understanding nutritional care in ESRD non-hemodialysis 9. Understand nutritional care for hemodialysis ESRD disease 10. Understand nutritional care for ESRD disease with continuous ambulatory peritoneal dialysis (CAPD)	Criteria: 1. Participatory activities are seen from the percentage of student attendance and can be added to the level of student participation/activity during lectures 2. Case study assignments are completed individually/independently by students and discussed later with the group. The assessment includes students' ability to carry out assessments (25%), plan interventions (30%) and plan monitoring and evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades 3. Students get the maximum score if they answer questions correctly on the UAS Form of Assessment:	Case study presentation (50')Face to Face Lecture, Discussion and Questions and Answers (100') 3 X 50		Material: • Pathophysiology, etiology, sign symptoms of Chronic Kidney Disease (CKD) • Nutritional Care/NCP in Chronic Kidney Disease (CKD) patients • Pathophysiology, etiology, sign symptoms of End Stage Renal Disease (ESRD) • Nutritional Care/NCP in ESRD patients non-Hemodialysis • Nutritional Care/NCP in ESRD patients Hemodialysis • Nutritional Care/NCP in ESRD patients Hemodialysis • Nutritional Care/NCP in ESRD patients Hemodialysis • Nutritional Care/NCP in ESRD patients with CAPD References: Mahan, KL and S escot-Stump. Krause's. 2012. Food, Nutrition and Diet Therapy. Philadelphia : WB Saunders Co. Ed 11.	7%
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10	Explains pathophysiology, etiology, signs and symptoms, and nutritional care in surgical cases	1.Understanding body metabolism in digestive and non-digestive surgery 2.Understanding nutritional care for pre-post digestive and non-digestive surgery patients 3.Understand nutritional care for ileostomy and colostomy patients 4.Understand the differences between pediatric and adult surgery, as well as dumping syndrome	Criteria: 1.Participatory activities are seen from the percentage of student attendance and can be added to the level of student participation/activity during lectures 2.Case study assignments are completed individually/independently by students and discussed later with the group. The assessment includes students' ability to carry out assessments (25%), plan interventions (30%) and plan monitoring and evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades 3.Students get the maximum score if they answer questions correctly on the UAS Form of Assessment: Participatory Activities	=Case study presentation (50') Face-to- face lecture, discussion and Q&A (100') 3 X 50	Material: • Body metabolism during digestive and non-digestive surgery • Nutritional care/NCP for patients pre-post digestive surgery • Nutritional care/NCP for patients with ileostomy/colonostomy • Difference between pediatric surgery and adult surgery, • Dumping syndrome References: Mahan, KL and S escot-Stump. Krause's. 2012. Food, Nutrition and Diet Therapy. Philadelphia: WB Saunders Co. Ed 11.	0%
11	Explains pathophysiology, etiology, signs and symptoms, and nutritional care in cases of pregnancy complications	1. Understand the pathophysiology, etiology, signs and symptoms of hyperemesis gravidarum 2. Understand care for hyperemesis gravidarum 3. Understand the pathophysiology, etiology, signs and symptoms of hypertension in pregnancy: chronic hypertension, preeclampsia/eclampsia 4. Understand nutritional care for hypertension in pregnancy: hypertension in pregnancy: hypertension chronic, preeclampsia/eclampsia 5. Understand the pathophysiology, etiology, signs and symptoms of gestational DM 6. Understand nutritional care in gestational DM	Criteria: 1. Participatory activities are seen from the percentage of student attendance and can be added to the level of student participation/activity during lectures 2. Case study assignments are completed individually/independently by students and discussed later with the group. The assessment includes students' ability to carry out assessments (25%), plan interventions (30%) and plan monitoring and evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades 3. Students get the maximum score if they answer questions correctly on the UAS Form of Assessment: Participatory Activities	Case study presentation (50')Face to Face Lecture, Discussion and Questions and Answers (100') 3 X 50	Material: • Pathophysiology, etiology, sign symptoms of Hyperemesis gravidarum • Nutritional care/NCP in patients with Hyperemesis gravidarum • Pathophysiology, etiology, sign symptoms of hypertension in pregnancy: chronic hypertension, pre-eclampsia/eclampsia • Nutritional care/NCP in patients with hypertension in pregnancy: chronic hypertension in pregnancy: chronic hypertension in pregnancy: chronic hypertension, pre-eclampsia/eclampsia • Pathophysiology, etiology, sign symptoms of Gestational DM • Nutritional Care/NCP in patients with Gestational DM References: Mahan, KL and S escot-Stump. Krauses's. 2012. Food, Nutrition and Diet Therapy. Philadelphia: WB Saunders Co. Ed 11.	7%

12	Explains pathophysiology, etiology, signs and symptoms, and nutritional care in neurological diseases	1.Understand the pathophysiology, etiology, signs and symptoms of stroke and dysphagia 2.Understanding nutritional care in stroke and dysphagia 3.Understand the pathophysiology, etiology, signs and symptoms of epilepsy 4.Understanding nutritional care in epilepsy 5.Understand the pathophysiology, etiology, signs and symptoms of Alzheimer's disease 6.Understanding nutritional care in Alzheimer's disease 7.Understand the pathophysiology, etiology, signs and symptoms of dementia 8.Understanding nutritional care in dementia 9.Understanding nutritional care in Parkinson's disease 10.Understanding nutritional care in Parkinson's disease	Criteria: 1. Participatory activities are seen from the percentage of student attendance and can be added to the level of student participation/activity during lectures 2. Case study assignments are completed individually/independently by students and discussed later with the group. The assessment includes students' ability to carry out assessments (25%), plan interventions (30%) and plan monitoring and evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades 3. Students get the maximum score if they answer questions correctly on the UAS Form of Assessment: Participatory Activities	Case study presentation (50) Face to Face Lecture, Discussion and Questions and Answers (100') 3 X 50	Material: • Pathophysiology, etiology, sign symptoms of stroke and dysphagia • Nutritional care/NCP in patients with stroke and dysphagia • Pathophysiology, etiology, sign symptoms of epilepsy • Nutritional care/NCP in patients with epilepsy • Pathophysiology, etiology, sign symptoms of Alzheimer's disease • Nutritional Care/NCP in patients with Alzheimer's disease • Pathophysiology, etiology, sign symptoms of Alzheimer's disease • Pathophysiology, etiology, sign symptoms of dementia • Nutritional Care/NCP in patients with dementia • Pathophysiology, etiology, sign symptoms of Patkinson's examples with Parkinson's • Nutritional Care/NCP in patients with Parkinson's • Nutritional Care/NCP in patients with Parkinson's References: Mahan, KL and S escot-Stump. Krause Sulla. Food, Nutrition and Diet Therapy. Philadelphia : WB Saunders Co. Ed 11.	0%
13	Explain the pathophysiology, etiology, signs and symptoms and nutritional care in pediatric cases	1. Understand the pathophysiology, etiology, signs and symptoms of LBW, malnutrition and stunting 2. Understanding nutritional care for LBW, Malnutrition and Stunting 3. Understanding the pathophysiology, etiology, signs and symptoms of autism 4. Understanding nutritional care in Autism 5. Understand the pathophysiology, etiology, signs and symptoms of cerebral palsy 6. Understanding nutritional care in cerebral palsy	Criteria: 1. Participatory activities are seen from the percentage of student attendance and can be added to the level of student participation/activity during lectures 2. Case study assignments are completed individually/independently by students and discussed later with the group. The assessment includes students' ability to carry out assessments (25%), plan interventions (30%) and plan monitoring and evaluation (20%) according to case studies. The grade for this assignment is the average of the individual and group grades 3. Students get the maximum score if they answer questions correctly on the UAS Form of Assessment: Participatory Activities	Case study presentation (50')Face to Face Lecture, Discussion and Questions and Answers (100') 3 X 50	Material: Pathophysiology, etiology, signs of LBW symptoms, Malnutrition and Stunting • Nutritional Care/NCP in LBW, Malnutrition and Stunting of Pathophysiology, etiology, signs of symptoms of Autism • Nutritional Care/NCP in Autism • Pathophysiology, etiology, signs of cerebral symptoms palsy • Nutrition Care/NCP in cerebral palsy Pathophysiology, etiology, signs of cerebral symptoms palsy • Nutrition Care/NCP in cerebral palsy Pathophysiology, etiology, signs of cerebral symptoms palsy • Nutrition Care/NCP in cerebral palsy Pathophysiology, etiology, signs of cerebral symptoms palsy • Nutrition Care/NCP in cerebral palsy Pathophysiology, etiology, signs of cerebral symptoms palsy • Nutrition Care/NCP in cerebral palsy • Nutrition and Diet Therapy. Philadelphia : WB Saunders Co. Ed 11.	5%
14	Students can practice nutritional care for obesity, diabetes mellitus, cancer, heart and blood vessel disease	1.Practical nutrition care for kidney disease 2.Practical nutrition care in surgical cases 3.Practical nutrition care for pregnancy complications 4.Practical nutrition care for neurological diseases 5.Practical nutrition care in pediatric cases	Criteria: Students will get maximum marks if they can answer the questions correctly Form of Assessment: Participatory Activities, Tests	Independent practicum (150') 3 X 50		5%

15	Carrying out nutritional care practicum for kidney disease, surgery, pregnancy complications, neurology, and pediatric cases	Presentation of the results of nutritional care practicum for kidney disease 2. Presentation of the results of nutritional care practicum in surgical cases 3. Presentation of the results of nutritional care practicum for pregnancy complications 4. Presentation of the results of nutritional care practicum for neurological diseases 5. Presentation of the results of nutritional care practicum for neurological diseases 5. Presentation of the results of nutritional care practicum in pediatric cases	Criteria: Students will get maximum marks if they can report/present practicum results correctly according to the guidelines and seen from the level of participation during the discussion Form of Assessment: Participatory Activities	Learning Method: Case study nutritional care presentation (revised) (50') Food processing process presentation (video) (50') Discussion and Questions and Answers (50') 3 X 50		7%
16	FINAL EXAMS	Students get the maximum score if they answer questions correctly on the UAS	Criteria: Students get the maximum score if they answer questions correctly on the UAS Form of Assessment: Test	3 X 50		30%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
1.	Participatory Activities	42.5%
2.	Test	57.5%
		100%

Notes

- 1. **Learning Outcomes of Study Program Graduates (PLO Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. Program Objectives (PO) are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing abilities in the process and student learning outcomes are specific and measurable statements that identify the abilities
 or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment: test and non-test.
- 8. Forms of learning: Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods: Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- 10. Learning materials are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.