



**Universitas Negeri Surabaya**  
**Faculty of Engineering,**  
**Cosmetology Education Undergraduate Study Program**

Document Code

**SEMESTER LEARNING PLAN**

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>			<b>SEMESTER</b>	<b>Compilation Date</b>																																										
Aesthetic Action Knowledge	8321302004	MK Study Program Package	T=2	P=0	ECTS=3.18	3	July 25, 2022																																										
<b>AUTHORIZATION</b>	<b>SP Developer</b>		<b>Course Cluster Coordinator</b>			<b>Study Program Coordinator</b>																																											
	Octaverina Kecvara Pritasari, S.Pd, M.Farm, dr. Nieke Andina Wijaya, M.Biomed, Sp.KK		dr. Nieke Andina Wijaya, M.Biomed, Sp.KK			Nia Kusstianti, S.Pd., M.Pd.																																											
<b>Learning model</b>	Case Studies																																																
<b>Program Learning Outcomes (PLO)</b>	PLO study program which is charged to the course																																																
	Program Objectives (PO)																																																
	PLO-PO Matrix																																																
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="width: 50px; height: 20px;">P.O</td> </tr> </table>						P.O																																									
	P.O																																																
PO Matrix at the end of each learning stage (Sub-PO)																																																	
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td rowspan="2" style="width: 30px; height: 20px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 20px;">1</td> <td style="width: 20px;">2</td> <td style="width: 20px;">3</td> <td style="width: 20px;">4</td> <td style="width: 20px;">5</td> <td style="width: 20px;">6</td> <td style="width: 20px;">7</td> <td style="width: 20px;">8</td> <td style="width: 20px;">9</td> <td style="width: 20px;">10</td> <td style="width: 20px;">11</td> <td style="width: 20px;">12</td> <td style="width: 20px;">13</td> <td style="width: 20px;">14</td> <td style="width: 20px;">15</td> <td style="width: 20px;">16</td> </tr> </table>																P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																																	
<b>Short Course Description</b>	Discuss and study material concepts regarding knowledge of aesthetic procedures, aesthetic clinics, and aesthetic procedures such as brow embroidery, eyelash extension, peeling, microdermabrasion, PRP, laser, medical aesthetic procedures (filler, botox, threadlift), as well as slimming and body shaping procedures . Learning is carried out online by implementing a direct learning model using internet media platforms via zoom meetings, Google Meet and WhatsApp. The methods used are lectures, demonstrations, exercises, discussions and presentations.																																																
<b>References</b>	<b>Main :</b>																																																
	<ol style="list-style-type: none"> <li>1. Prendergast P.M., Shiffman M.A . 2012. Aesthetic Medicine: Art and Techniques. Heidelberg: Springer Berlin.</li> <li>2. Rzany B., de Maio M . 2014. Injectable Fillers in Aesthetic Medicine. Heidelberg: Springer Berlin.</li> <li>3. Netty E, Departemen Kesehatan RI . 2007. Pedoman Penyelenggaraan Klinik Kecantikan Estetika. Jakarta.</li> <li>4. Bahan Ajar Kursus dan Pelatihan . 2014. Merawat Kulit Wajah dengan Teknologi Alat Listrik. Jakarta: Direktorat Pembinaan Kursus dan Pelatihan.</li> <li>5. Asch C. 2016. The Microblading Bible. USA.</li> </ol>																																																
	<b>Supporters:</b>																																																
<b>Supporting lecturer</b>	Octaverina Kecvara Pritasari, S.Pd., M.Farm. dr. Nieke Andina Wijaya, M.Biomed., Sp.KK apt. M.A. Hanny Ferry Fernanda, S.Farm., M.Farm. Nur Ilahi Anjani, S.Ked., M.Kes.																																																
<b>Week-</b>	<b>Final abilities of each learning stage (Sub-PO)</b>	<b>Evaluation</b>		<b>Help Learning, Learning methods, Student Assignments, [ Estimated time ]</b>		<b>Learning materials [ References ]</b>	<b>Assessment Weight (%)</b>																																										
		<b>Indicator</b>	<b>Criteria &amp; Form</b>	<b>Offline ( offline )</b>	<b>Online ( online )</b>																																												
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																										

1	Students are able to explain the definition of aesthetics, the scope of aesthetic actions, the side effects of aesthetic actions	<ol style="list-style-type: none"> <li>1.Explain the definition of aesthetics</li> <li>2.Explain the scope of aesthetic actions</li> <li>3.Explain the various types of aesthetic actions</li> <li>4.Explains the side effects that often occur after aesthetic procedures</li> </ol>	<p><b>Criteria:</b></p> <ol style="list-style-type: none"> <li>1.The assessment criteria are carried out by looking at aspects:</li> <li>2.1. Participation: carried out by observing student activities (weight 2)</li> <li>3.2. UTS: carried out with an assessment during the middle of the semester (weight 2)</li> <li>4.3. UAS: carried out every semester to measure all indicators (weight 3)</li> <li>5.4. Task: carried out on each indicator (weight 3)</li> <li>6.Student Final Grade:</li> <li>7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.</li> </ol>	Presentation and Discussion 2 X 50		0%
2	Able to understand and explain aesthetic clinics and client preparation	<ol style="list-style-type: none"> <li>1. Explain the difference between aesthetic clinics and beauty salons</li> <li>2. Explains about aesthetic doctors and beauticians.</li> <li>3. Explain the services available at the aesthetic clinic</li> <li>4. Explain client preparation</li> </ol>	<p><b>Criteria:</b></p> <ol style="list-style-type: none"> <li>1.The assessment criteria are carried out by looking at aspects:</li> <li>2.1. Participation: carried out by observing student activities (weight 2)</li> <li>3.2. UTS: carried out with an assessment during the middle of the semester (weight 2)</li> <li>4.3. UAS: carried out every semester to measure all indicators (weight 3)</li> <li>5.4. Task: carried out on each indicator (weight 3)</li> <li>6.Student Final Grade:</li> <li>7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.</li> </ol>	Presentation and discussion 2 X 50		0%

3	Able to understand and explain aesthetic clinics and client preparation	1. Explain the difference between aesthetic clinics and beauty salons 2. Explain about aesthetic doctors and beauticians. 3. Explain the services available at the aesthetic clinic 4. Explain client preparation	<b>Criteria:</b> 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Presentation and discussion 2 X 50			0%
4	Able to explain the aesthetic actions of brow embroidery and eyelash extensions	1. Describe eyebrow embroidery 2. Describe eyelash extensions	<b>Criteria:</b> 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Presentation and Discussion 4 X 50			0%

5	Able to explain the aesthetic actions of brow embroidery and eyelash extensions	1. Describe eyebrow embroidery 2. Describe eyelash extensions	<b>Criteria:</b> 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Presentation and Discussion 4 X 50			0%
6	Able to explain chemical peeling	1. Explain chemical peels 2. Explain the indications and contraindications for peeling procedures. 3. Explain the side effects of peeling	<b>Criteria:</b> 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Presentation and Discussion 2 X 50			0%

7	Be able to explain the action of microdermabrasion	1. Explain the action of microdermabrasion.2. Explain the indications and contraindications for microdermabrasion.3. Explain the side effects of microdermabrasion	<b>Criteria:</b> 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Presentation and Discussion 2 X 50			0%
8	Midterm exam		<b>Criteria:</b> 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	2 X 50			0%
9	Be able to explain the action of microdermabrasion			Explaining the microdermabrasion procedure Explaining the indications and contraindications for microdermabrasion explaining the side effects of microdermabrasion			0%

10	1.Able to understand and describe platelet rich plasma (PRP) 2.Explain the working principles of PRP 3.Explain the indications and contraindications for administering PRP	1.Explain the meaning of platelet rich plasma (PRP) 2.Explain the extraction of PRP from blood					0%
11	Able to understand and describe intense pulsed light (IPL)	1.Explaining about IPL 2.Explain the working principles of IPL 3.Explain the indications and contraindications for IPL procedures		Cooperative Learning			0%
12		1.Explain about lasers 2.Understand the working principle of lasers 3.Describe the various types of lasers 4.Explain the function of the laser according to the wavelength used 5.Explain the indications and contraindications for laser treatment		Cooperative Learning			0%
13	Able to understand and describe the actions of Fillers and Botulinum toxin (BotoxR)	1.Defining fillers 2.Describe botulinum toxin 3.Explain the indications and contraindications for filler and Botox procedures 4.Explain the side effects due to filler and Botox procedures		Cooperative Learning			0%
14	Able to understand and describe the action of electrocautery	1.Describe the action of electrocautery 2.Explain the indications and contraindications for electrocautery 3.Explain the side effects of electrocautery		Cooperative Learning			0%
15	Able to understand and describe slimming and body shaping actions	1.Describe what slimming and body shaping actions are 2.Explains the function of slimming and body shaping actions 3.Explain the indications and contraindications for slimming and body shaping procedures		Cooperative Learning			0%
16	Final Semester Evaluation / Final Semester Examination						0%

**Evaluation Percentage Recap: Case Study**

No	Evaluation	Percentage
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**Notes**

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.