

Universitas Negeri Surabaya Faculty of Education Undergraduate Guidance and Counseling Study Program

Document Code

Courses			CODE			•	Cours	se Fa	mily		Cred	it Wei	ght		SE	MEST	ER	Cor	npilati e
Humanistic C and Practice	Counseling The	ory	862010321	1			Comp Progra				T=2	P=1	ECTS	5=4.77		3		May 202	/ 28, 2
AUTHORIZA ⁻	TION		SP Develo	per							rse Cl rdinat				Stu	Study Program Coordinate			
			Dr. Wiryo N	luryon	o, S.F	Pd., N	И.Pd				Viryo N		10, S.I	⊃d.,		Dr. Ev	i Winiı M.l		S.Pd.
earning nodel	Project Based	Learn	ing						·										
rogram	PLO study pr	ogran	n which is o	charg	ed to	the	cour	se											
earning Outcomes	PLO-7	Maste	ering the con	cepts	and p	oracti	ices o	f guid	ance	and	couns	seling	in var	ious co	ntex	ts and	probl	ems	
PLO)	Able to carry out guidance and counseling services by choosing relevant methods, techniques and multi and paying attention to the needs of service targets originating from socio-cultural diversity										ultime								
	Program Obj	ective	s (PO)																
	PO - 1	Stude	ents are able	to un	dersta	and th	ne con	cept	of a l	huma	anistic	appro	ach i	n guida	nce a	and co	unseli	ing se	rvices
	PO - 2	Stude	ents are able	to pra	ctice	coun	seling	tech	nique	es in	a hun	nanisti	с арр	roach.					
	PO Matrix at	the en	P.O PO-1 PO-2	earni	,	0-7 /	(Sub		PLO-:	10									
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		PC	D-1	1	1	1	1	1	1										
		PO	D-2							1	1	•	•	•	•	1	•	1	1
Short Course Description	This course to humanistic (per counseling me behavioral discounce the based learning lecture process development or an existential Practicing hum	rsonal- ethods orders f arried . Asses s, con f existe perspe	centered) ap (goals, tector a case, out offline a ssment of structure of structure ential counse octive - Nam	proach hniqued designd on udent actured ling - l e and	h, whes are	ich in nd co and p y ap ess is ignm conc lain a	nclude ounse practic plying s dete ents, cepts c approa	es: coulding could active and could aches	ncep proc ounse ve le- ed ba exa unseli s to	t studessessessessessessessessessessessessess	dies, t s), ap progr g met on th - Cor om ar ential	heorei oplicat ams b hods e valu icept i exist couns	tical for pility, pased such se of a of expential seling	ormulat criticis on per as pro activen distentia perspe - Pro	ions m, e son-o blem ess i al co ective cess	about exercis center -base n part unseli - Cau in ex	behaveled could lear in the could learn lear in the could learn lear in the could le	vioral ctice unseli ning on Histo for the contraction of the contracti	disord analyz ng the or proj the en ry of lems fi
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- Corey, G. 2017. Theory and practice of counseling and psychotherapy 10th ed. Boston: Cengage learning (e-book). Fall, K.A, Holden, J.M., Marquis, A. 2017. Theoretical models of counseling and psychotherapy. Taylor & Francis (e-book). Sommers-Flanagan, J., Sommers-Flanagan, R. 2015. Counseling and psychotherapy theories in context and practice; skills, strategies, and techniques. John Wiley & Sons. Sharf, R.S. 2012. Theories of Psychotherapy and Counseling: Concepts and Cases, 5th Edition. Belmont, CA Brooks/Cole, Cengage Learning.
- 2. Marquis, A. 2017. Theoretical models of counseling and psychotherapy. Taylor & Francis (e-book)
- 3. Sommers-Flanagan, J., Sommers-Flanagan, R. 2015. Counseling and psychotherapy theories in context and practice; skills, strategies, and techniques . John Wiley & Sons
- Sharf, R.S. 2012. Theories of Psychotherapy and Counseling: Concepts and Cases, 5th Edition. Belmont, CA Brooks/Cole, Cengage Learnin
- 5. Schneider, K. J., & Krug, O. T. (2017). Existential-humanistic therapy. American Psychological Association.

Supporters:

- 1. Nuryono, W. (2022). Achievement Motivation, Affiliation Motivation, and Student Learning Behavior During The Covid-19 Pandemic: A Structural Equation Model. Jurnal Inspirasi Pendidikan, 12(1), 40-47.
- Nuryono, W., Christiana, E., & Purwoko, B. (2023). Teknik Motivational Interviewing Untuk Mengurangi Adiksi Game Online. Jurnal Consulenza: Jurnal Bimbingan Konseling dan Psikologi, 6(1), 109-119.

Supporting lecturer

Dr. Hadi Warsito Wiryosutomo, M.Si., Kons. Prof. Dr. Najlatun Naqiyah, M.Pd. Dr. Wiryo Nuryono, S.Pd., M.Pd.

Week-	Final abilities of each learning	Eva	Evaluation		Help Learning, arning methods, dent Assignments, Estimated time]	Learning materials	Assessment Weight (%)
stage (Sub-PO)		Indicator	Criteria & Form	Offline (offline)	Online (<i>online</i>)	[References]	weight (%)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)

	Day attention to	Day attention to	Critorio:	FCD	B	201
1	Pay attention to	Pay attention to	Criteria:	FGD	Material:	2%
	the lecture	the lecture	1.A score of 4 is	3 X 50	Theory and	
	contract and	contract and			practice of	
	semester study	semester study	given if mastery			
	plans	plans	of the indicators		counseling and	
	•		is classified as	1	psychotherapy	
			good		References:	
					Corey, G.	
			2.A score of 3 is			
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			of the indicator is		counseling and	
			quite good			
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					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015.	
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					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and	
					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and psychotherapy theories in	
					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and psychotherapy theories in context and	
					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and psychotherapy theories in context and practice; skills,	
					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and psychotherapy theories in context and	
					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and psychotherapy theories in context and practice; skills, strategies, and	
					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and psychotherapy theories in context and practice; skills, strategies, and techniques.	
					Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and psychotherapy theories in context and practice; skills, strategies, and	

2	Pay attention to	Pay attention to	Criteria:	FGD	Material:	3%
	the lecture	the lecture	1.A score of 4 is	3 X 50	Theory and	
	contract and	contract and			practice of	
	semester study	semester study	given if mastery			
	plans	plans	of the indicators		counseling and	
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16	Able to design and implement a humanistic counseling program to help clients develop themselves or deal with their difficulties	Complete indicators 1 to 15	Criteria: UAS Form of Assessment: Practice / Performance	UAS	Material: Strategies, concepts and implementation of psychotherapy counseling References: Sommers- Flanagan, J., Sommers- Flanagan, R. 2015. Counseling and psychotherapy theories in context and practice; skills, strategies, and techniques. John Wiley & Sons	30%

1.	Project Results Assessment / Product Assessment	52.5%
2.	Practical Assessment	7.5%
3.	Practice / Performance	40%
		100%

Notes

- Learning Outcomes of Study Program Graduates (PLO Study Program) are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses are several learning outcomes of study program graduates (CPL-Study Program)
 which are used for the formation/development of a course consisting of aspects of attitude, general skills, special
 skills and knowledge.
- 3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. Subject Sub-PO (Sub-PO) is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment: test and non-test.
- 8. Forms of learning: Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods: Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- 10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.