	Universitas Negeri Surabaya **Faculty of Education** **Undergraduate Guidance and Counseling Study Program**		**Document Code**

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date
Individual Counseling	8620104070		**T=4**	**P=0**	**ECTS=6.36**	7	July 17, 2024

AUTHORIZATION	SP Developer	Course Cluster Coordinator	Study Program Coordinator
	....	....	Dr. Evi Winingsih, S.Pd., M.Pd.

Learning model	**Project Based Learning**

Program Learning Outcomes (PLO)	**PLO study program that is charged to the course**
	Program Objectives (PO)
	PLO-PO Matrix

P.O

PO Matrix at the end of each learning stage (Sub-PO)

P.O	Week															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

Short Course Description	This course facilitates the mastery of individual counseling skills including counseling interview skills, counseling strategies, and individual counseling procedures in various perspectives to solve student problems in the academic, personal, social and career fields.

References	**Main :**

1. Carkhuff, R.R. 1983. The Art of Helping . USA: Human Resources Development Press.
2. Cormier, W.H. & Comier, LS. 1985. Interviewing Strategies for Helpers. Fundamentals Skills and Cognitive Behavioral Interventions. 2nd. Ed. Monterey, California: Brooks/Cole Publishing Company.
3. Willis, Sofyan S. 2009. Konseling Individual, Teori dan Praktik . Bandung: Alfabeta.

Supporters:

Supporting lecturer	Dr. Eko Darminto, M.Si. Dr. Hadi Warsito Wiryosutomo, M.Si., Kons. Dra. Titin Indah Pratiwi, M.Pd. Dr. Retno Tri Hariastuti, M.Pd., Kons. Prof. Dr. Mochamad Nursalim, M.Si. Dr. Elisabeth Christiana, S.Pd., M.Pd. Prof. Dr. Budi Purwoko, S.Pd., M.Pd. Prof. Dr. Najlatun Naqiyah, M.Pd. Dr. Denok Setiawati, M.Pd., Kons. Dr. Wiryo Nuryono, S.Pd., M.Pd. Dr. Ari Khusumadewi, S.Pd., M.Pd. Bambang Dibyo Wiyono, S.Pd., M.Pd. Dr. Evi Winingsih, S.Pd., M.Pd.

Week-	Final abilities of each	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]	Learning materials [References	Assessment Weight (%)

	learning stage (Sub-PO)	Indicator	Criteria & Form	Offline (*offline*)	Online (*online*)	]	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Mastering the concept of the nature of individual counseling	1.Mastering the essence of individual counseling 2.identify the client's case	**Criteria:** 4 = the problem is very suitable, 3 = the problem is suitable, 2 - the problem is quite suitable, 1 = the problem is not suitable **Form of Assessment** : Project Results Assessment / Product Assessment	case method, Discussion and questions and answers 4 X 50		**Material:** identification of counselees' problems **References:** *Willis, Sofyan S. 2009. Individual Counseling, Theory and Practice. Bandung: Alphabeta.*	10%
2	Mastering the concepts and practices of individual counseling to understand the conditions, problems and needs of clients	1.Mastering individual counseling techniques according to the client's needs 2.Select assessment techniques to uncover the client's needs 3.Understand the role of the counselor and counselee in individual counseling	**Criteria:** 4 = the problem is very suitable, 3 = the problem is suitable, 2 - the problem is quite suitable, 1 = the problem is not suitable **Form of Assessment** : Assessment of Project Results / Product Assessment, Practices / Performance	project base 8 X 50		**Material:** designing counseling scenarios for clients' problems. **Reference:** *Carkhuff, RR 1983. The Art of Helping. USA: Human Resources Development Press.*	30%
3	Mastering the concepts and practices of individual counseling to understand the conditions, problems and needs of clients	1.Mastering individual counseling techniques according to the client's needs 2.Select assessment techniques to uncover the client's needs 3.Understand the role of the counselor and counselee in individual counseling	**Form of Assessment** : Assessment of Project Results / Product Assessment, Practices / Performance	project base learning 8 X 50		**Material:** conducting individual counseling **References:** *Willis, Sofyan S. 2009. Individual Counseling, Theory and Practice. Bandung: Alphabeta.*	30%
4	Mastering the practical framework of individual counseling services	Students can understand basic skills in individual counseling		4 X 50 simulation			0%
5	Mastering the practical framework of individual counseling services	Students can understand basic skills in individual counseling		4 X 50 simulation			0%
6	Mastering the practical framework of individual counseling services			Practical 4 X 50			0%

No	PO	Sub-PO		Learning Method			Percentage
7	Mastering the practical framework of individual counseling services			Practical 4 X 50			0%
8	U.S.S	U.S.S		USS 4X50			0%
9	Mastering the practical framework of individual counseling services	Students can apply counseling skills based on gestalt concepts		4 X 50 practicum			0%
10	Mastering the practical framework of individual counseling services	Can apply counseling skills from the perspective of a PCT approach		4 X 50 practicum			0%
11	Assess the process and results of counseling and follow-up	1. Evaluating results and counseling processes 2. Designing follow-up counseling		discussion and questions and answers 4 X 50			0%
12	Mastering the practical framework of individual counseling services	Can apply basic counseling skills in providing services		practice 4 X 50			0%
13	Mastering the practical framework of individual counseling services	Can apply basic counseling skills in providing services		practice 4 X 50			0%
14	Mastering the practical framework of individual counseling services	Can apply basic counseling skills in providing services		practice 4 X 50			0%
15	Mastering the practical framework of individual counseling services	Can apply basic counseling skills in providing services		practice 4 X 50			0%
16	US	US		US 4 X 50			0%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
1.	Project Results Assessment / Product Assessment	40%
2.	Practice / Performance	30%
		70%

Notes
1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.

6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.