

		Universitas Negeri Surabaya Faculty of Education Undergraduate Guidance and Counseling Study Program					Document Code																																	
SEMESTER LEARNING PLAN																																								
Courses		CODE		Course Family	Credit Weight		SEMESTER	Compilation Date																																
Traumatic Counseling		8620102082			T=2 P=0 ECTS=3.18		1	July 17, 2024																																
AUTHORIZATION		SP Developer			Course Cluster Coordinator		Study Program Coordinator																																	
			Dr. Evi Winingsih, S.Pd., M.Pd.																																	
Learning model	Case Studies																																							
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																							
	Program Objectives (PO)																																							
	PLO-PO Matrix																																							
		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">P.O</div>																																						
	PO Matrix at the end of each learning stage (Sub-PO)																																							
	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <table border="1" style="border-collapse: collapse; text-align: center;"> <tr> <td rowspan="2" style="padding: 5px;">P.O</td> <td colspan="16" style="padding: 5px;">Week</td> </tr> <tr> <td style="padding: 5px;">1</td> <td style="padding: 5px;">2</td> <td style="padding: 5px;">3</td> <td style="padding: 5px;">4</td> <td style="padding: 5px;">5</td> <td style="padding: 5px;">6</td> <td style="padding: 5px;">7</td> <td style="padding: 5px;">8</td> <td style="padding: 5px;">9</td> <td style="padding: 5px;">10</td> <td style="padding: 5px;">11</td> <td style="padding: 5px;">12</td> <td style="padding: 5px;">13</td> <td style="padding: 5px;">14</td> <td style="padding: 5px;">15</td> <td style="padding: 5px;">16</td> </tr> </table> </div>	P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16						
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Short Course Description	Study of the nature, causal factors, procedures and techniques of traumatic counseling that are relevant to educational settings and equip students to be able to make decisions in applying traumatic counseling in school settings to help students with traumatic problems in order to develop their potential. This course is presented in the form of discussions, presentations and simulated practice.																																							
References	Main :																																							
	1. Nursalim, M. Winingsih, E. 2018. <i>Konseling Traumatis (Model dan Prosedur)</i> . Bogor: Graha Cipta Media. 2. Hillman, J.L . 2002. <i>Crisis Intervention and Trauma New Approaches to Evidence-Based Practice</i> . New York: Springer.com																																							
	Supporters:																																							
Supporting lecturer	Dra. Titin Indah Pratiwi, M.Pd. Prof. Dr. Mochamad Nursalim, M.Si. Dr. Evi Winingsih, S.Pd., M.Pd.																																							
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																	
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																	

1	Has responsibility for individual and group learning performance in online classes	1. Able to communicate effectively online 2. Able to show discipline in online classes		Online 2 X 50			0%
2	The nature, characteristics, factors that cause trauma and its impact on human life	1. Explain the nature of traumatic conditions 2. Identify the characteristics of traumatic conditions 3. Explain the factors and impact of trauma on human life		Online and offline 2 X 50			0%
3	The nature, characteristics, factors that cause trauma and its impact on human life	1. Explain the nature of traumatic conditions 2. Identify the characteristics of traumatic conditions 3. Explain the factors and impact of trauma on human life		Online and offline 2 X 50			0%
4	Traumatic from a cultural and theoretical perspective	1. Explaining the concept of trauma from a cultural perspective 2. Explaining the concept of trauma from a behaviorist theory perspective 3. Explaining the concept of trauma from a cognitive theory perspective		Online 2 X 50			0%
5	The substance of Traumatic counseling	1. Explain the substance of the traumatic counseling model including: a. Basic philosophy b. Rational c. Goals of counseling d. Principles and targets of counseling e. Outline of counseling f. Counselor competency g. Evaluation and success of counseling		Online 2 X 50			0%
6	Traumatic pre-counseling conditions, counseling norms, establishing a therapeutic relationship in the traumatic counseling process	1. Explain counseling procedures including: a. Pre-condition counseling b. Counseling norms c. The role and function of the counselor d. Characteristics of the relationship between counselees and counselors		Online 2 X 50			0%

7	Game technique group counseling for clients who suffer from trauma	Able to master and be skilled in the application of group counseling game techniques for traumatic cases		Online 2 X 50			0%
8	U.S.S			2 X 50			0%
9	Game technique group counseling for clients who suffer from trauma	Able to master and be skilled in the application of group counseling game techniques for traumatic cases		Online and Offline 2 X 50			0%
10	Cognitive-Behavioral technique counseling for clients who suffer from trauma	Able to master and be skilled in the application of cognitive-behavioral counseling techniques for traumatic cases		Online 4 X 50			0%
11	Cognitive-Behavioral technique counseling for clients who suffer from trauma	Able to master and be skilled in the application of cognitive-behavioral counseling techniques for traumatic cases		Online 4 X 50			0%
12	Ego state technique group counseling for clients who suffer from trauma	Able to master and be skilled in the application of ego state counseling techniques for traumatic cases		Online 4 X 50			0%
13	Ego state technique group counseling for clients who suffer from trauma	Able to master and be skilled in the application of ego state counseling techniques for traumatic cases		Online 4 X 50			0%
14	EMDR (Eye Movement Desensitization and Reprocessing) technique counseling for clients who suffer from trauma	Able to master and be skilled in the application of EMDR counseling techniques for traumatic cases		Online 4 X 50			0%
15	EMDR (Eye Movement Desensitization and Reprocessing) technique counseling for clients who suffer from trauma	Able to master and be skilled in the application of EMDR counseling techniques for traumatic cases		Online 4 X 50			0%
16	US			2 X 50			0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.