

Universitas Negeri Surabaya Faculty of Education Undergraduate Guidance and Counseling Study Program

Document Code

SEMESTER LEARNING PLAN

| Courses | | | | | Co | uree | Fami | v | Credit Weight | | | 6 | EMES | TEP | Cor | npilati | on | | |
|--------------------------------|--|--|-----------------------------------|---|-----------------------------------|-------------------------------------|---------------------------------------|---|---------------------------------------|-----------------------------------|------------------------------------|-------------------------------------|---|--|---------------------------------------|--|--|---|---------------------------|
| 5001363 | | CODE | | | 0 | u136 | raiii | .y | | | | 3 | -wes | A ER | Dat | | 511 | | |
| Addiction Co | unseling | 8620102068 | | | | | sory S n Subj | | | T= | 2 P= | =0 E | CTS=3. | 18 | 4 | 1 | July | 17, 20 |)24 |
| AUTHORIZAT | | SP Develop | er | | | -gr an | . c ubj | 0010 | Cour | se C | luster | Coor | dinato | r S | Study F | Progra | n Coc | ordinat | or |
| | | | | Dr. Wiryo Nuryono, S.Pd., M.Pd. | | | | Dr. Elisabeth Christiana, S.Pd., M.Pd. | | | d., | Dr. Evi Winingsih, S.Pd., M.Pd. | | J | | | | | |
| Learning model | Project Based Learning | | | | | | | | | | | | | | | | | | |
| Program | PLO study program which is charged to the course | | | | | | | | | | | | | | | | | | |
| Learning Outcomes | PLO-7 | Mastering the cond | cepts | and p | ractice | es of | guida | nce a | nd cou | nseli | ng in v | /ariou | s conte | exts ar | nd prob | olems | | | |
| (PLO) | | Able to carry out g baying attention to | | | | | | | | | | | | | niques | and m | ultime | dia and | 1 |
| | Program Objecti | ves (PO) | | | | | | | | | | | | | | | | | |
| | PO-1 F | actors causing ad | Idictio | n | | | | | | | | | | | | | | | |
| | PO-2 1 | ypes of addiction | | | | | | | | | | | | | | | | | |
| | PO-3 / | Addiction counselir | ng ma | odels | | | | | | | | | | | | | | | |
| | PLO-PO Matrix | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | |
| | | P.O | | PLC | D-7 | | PL | .0-10 | | | | | | | | | | | |
| | | PO-1 🖌 🖌 | | | | 1 | | | | | | | | | | | | | |
| | | PO-2 | | ~ | • | | | 1 | | | | | | | | | | | |
| | | PO-3 | | 1 | , | | | 1 | | | | | | | | | | | |
| | | | | | | • | | | | | | | | | | | | | |
| | PO Matrix at the | end of each lea | rning | j stag | e (Su | ıb-P(| 0) | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | |
| | | P.O | P.O Week | | | | | | | | | | | | | | | | |
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| | | PO-1 | > | ~ | 1 | | | | | | | | | | | | | | |
| | | PO-2 | | | | > | ~ | > | 1 | 1 | | | | | | | | | |
| | | PO-3 | | | | | | | | | ~ | ~ | 1 | 1 | ~ | ~ | ~ | 1 | |
| | | L | | | | | | | | | | | | | | | | | |
| Short Course Description | This course contain The addiction guid biological-psycholo intervention proces process of develop learning methods. practice, tests. | ance and counse gical-social aspec ses for addiction. bing and treating | ling of ts of Exai addio | course addicti mining ction. I | conta ion, a aspe Lectui | ains a ddicti ects o res a | a stuc ion mo of race are ca | ly of i odels, e, ethi rried o | the me applic nicity, out us | eanin ation cultui ing c | g of a of co re and ase s | ddicti unseli 1 publ tudy, | on, its ng theo ic polic collabo | preva pries i cy in r prative | lence, n addi elation learni | histori ction in to add ing and | cal pe terven diction d proje | rspecti ition, c , and ect bas | ive, ore the sed |
| References | Main : | | | | | | | | | | | | | | | | | | |
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| | 2. Coomb, 3. Hood, D 4. Judith A 5. Theory a 6. Alderson Publicat 7. Faulkne Universi 8. Ahmadi, Therapy Supporters: 1. Nuryono Jurnal B 2. Nuryono | Bishop Samuel. 2011. Breaking the Spirit of Addiction : Counseling Guide. USA: Thompson Coomb, Robert Holman, 2010. Addiction Counseling Review . New York : Routledge Hood, Daniel E. 2011. Addiction Treatment . USA : New Jersey Judith A Lewis.2011. Substance Abuse Counseling . (2017). Amerika Serikat: SAGE Publications. Alderson, K. G. (2019). Addictions Counseling Today: Substances and Addictive Behaviors. Amerika Serikat: SAGE Publications. Faulkner, C. A., Faulkner, S. (2019). Addictions Counseling: A Competency-Based Approach. Amerika Serikat: Oxford University Press. Ahmadi, S., Cicognani, E., & Ilanloo, H. (2022). The Effectiveness of Group Counseling of Mindfulness-Based Cognitive Therapy on Internet Addiction and ResearchGate. Poprters: Nuryono, W. (2023). PENDEKATAN KONSELING KELUARGA UNTUK MENGURANGI ADIKSI GAME ONLINE. Realita: Jurnal Bimbingan dan Konseling, 8(1), 1853-1861. Nuryono, W., Christiana, E., & Purwoko, B. (2023). Teknik Motivational Interviewing Untuk Mengurangi Adiksi Game Online. Jurnal Consulenza: Jurnal Bimbingan Konseling dan Psikologi, 6(1), 109-119. | | | | | | | | | |
|---------------------|--|---|--|-------------------------------------|---|--|--------------------------|--|--|--|--|
| Support lecturer | Dr. Elisabeth Ch | Prof. Dr. Mochamad Nursalim, M.Si. Dr. Elisabeth Christiana, S.Pd., M.Pd. Dr. Wiryo Nuryono, S.Pd., M.Pd. | | | | | | | | | |
| Week- | Final abilities of each learning stage | | Evaluation | Lear Stude | elp Learning, ning methods, nt Assignments, stimated time] | Learning materials | Assessment Weight (%) | | | | |
| | (Sub-PO) | Indicator | Criteria & Form | Offline(offline) | Online (<i>online</i>) | | | | | | |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | | | | |
| | Understand the concept of addiction | Able to explain the concept of addiction | Activeness (quantity of participating) Organization of ideas/arguments Accuracy of argument Language Usage: Accuracy Clarity Attitude and intonation during discussion/question and answer (voice- expression, volume and intonation) Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment | Collaborative learning 2 X 50 | | Material: Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. Material: Addictions Counseling Bibliography: Faulkner, CA, Faulkner, CA, Faulkner, S. (2019). Addictions Counseling: A Competency- Based Approach. United States: Oxford University Press. | 2% | | | | |
| 2 | Understand the concept of addiction | Able to explain the concept of addiction | Criteria: 1.Activeness (quantity of participating) 2.Organization of ideas/arguments 3.Accuracy of argument 4.Language Usage: 5.Accuracy 6.Clarity 7.Attitude and intonation during discussion/question and answer (voice- expression, volume and intonation) Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment | Collaborative learning 2 X 50 | | Material: Addiction Counseling Reader: Bishop Samuel. 2011. Breaking the Spirit of Addiction: Counseling Guide. USA: Thompson Material: Addiction Counseling Bibliography: Coomb, Robert Holman, 2010. Addiction Counseling Review. New York : Routledge | 2% | | | | |

| 3 | Understanding the prevalence of addiction | Able to explain and identify the prevalence of addiction | Criteria: 1.A. Contents 2.1. Accuracy of concept/material 3.2. Accuracy of supporting examples for the concept/material 4.3. Completeness of material coverage 5.4. Confusion in discussing the material 6.5. Depth in elaborating the material 7.B. Writing 8.6. Correct use of language 9.7. Conformity with the specified systematics 10.8. Neatness of layout Form of Assessment : Project Results Assessment / Product Assessment | Collaborative learning 2 X 50 | Material: Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. Material: Addiction Treatment Reference: Hood, Daniel E. 2011. Addiction Treatment. USA : New Jersey | 2% |
|---|---|--|---|-------------------------------------|--|----|
| 4 | Understand the historical perspective of addiction | Able to explain and identify the historical perspective of addiction | Criteria: 1.A. Contents 2.1. Accuracy of concept/material 3.2. Accuracy of supporting examples for the concept/material 4.3. Completeness of material coverage 5.4. Confusion in discussing the material 6.5. Depth in elaborating the material 7.B. Writing 8.6. Correct use of language 9.7. Conformity with the specified systematics 10.8. Neatness of layout Form of Assessment : Project Results Assessment / Product Assessment | Collaborative learning 2 X 50 | Material: Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. Material: Approaches in Addiction Counseling Literature: Faulkner, CA, Faulkner, CA, Faulkner, S. (2019). Addictions Counseling: A Competency- Based Approach. United States: Oxford University Press. | 2% |
| 5 | Understanding the biological aspects of addiction | Able to explain and identify the biological aspects of addiction | Criteria: Project Results Assessment / Product Assessment : Project Results Assessment / Product Assessment | Collaborative learning 2 X 50 | Material: Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. Material: Addictions Counseling References: Alderson, KG (2019). Addictions Counseling Today: Substances and Addictive Behaviors. United States: SAGE Publications. | 2% |

| 6 | Understanding the psychological aspects of addiction | Able to explain and identify the psychological aspects of addiction | Criteria: 1.A. Contents 2.1. Accuracy of concept/material 3.2. Accuracy of supporting examples for the concept/material 4.3. Completeness of material coverage 5.4. Confusion in discussing the material 6.5. Depth in elaborating the material 7.B. Writing 8.6. Correct use of language 9.7. Conformity with the specified systematics 10.8. Neatness of layout Form of Assessment : Project Results Assessment / Product Assessment | Collaborative learning 2 X 50 | Material: Addiction Counseling Literature: Theory and Practice of Addiction (2017). United States: SAGE Publications. Material: Addiction Treatment Reference: Hood, Daniel E. 2011. Addiction Treatment. USA : New Jersey | 2% |
|---|---|--|---|-------------------------------------|---|----|
| 7 | Understanding the social aspects of addiction | Able to explain and identify the social aspects of addiction | Criteria: 1.A. Contents 2.1. Accuracy of concept/material 3.2. Accuracy of supporting examples for the concept/material 4.3. Completeness of material coverage 5.4. Confusion in discussing the material 6.5. Depth in elaborating the material 7.B. Writing 8.6. Correct use of language 9.7. Conformity with the specified systematics 10.8. Neatness of layout Form of Assessment : Project Results Assessment / Product Assessment | Collaborative learning 2 X 50 | Material: Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. Material: Addiction Reader: Bishop Samuel. 2011. Breaking the Spirit of Addiction: Counseling Guide. USA: Thompson | 3% |

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| 8 | SUB SUMATIVE EXAMINATION (USS) | Confluence indicators 1-7 | Criteria: Project Results Assessment / Product Assessment, Practice / Performance Forms of Assessment : Project Results Assessment, Product Assessment, Practice / Performance, Tests | 2 X 50 | Material: Addiction Reader: Bishop Samuel. 2011. Breaking the Spirit of Addiction: Counseling Guide. USA: Thompson Material: Addiction Counseling Bibliography: Coomb, Robert Holman, 2010. Addiction Counseling Review. New York : Routledge Material: Addiction Treatment Reference: Hood, Daniel E. 2011. Addiction Treatment. USA : New Jersey Material: Addiction Counseling Literature: Judith A Lewis.2011. Substance Abuse Counseling . USA : Cangage Learning Material: | 20% |
| 9 | Understanding addiction models | Able to explain addiction models | Criteria: 1.A. Contents 2.1. Accuracy of concept/material 3.2. Accuracy of supporting examples for the concept/material 4.3. Completeness of material coverage 5.4. Confusion in discussing the material 6.5. Depth in elaborating the material 7.B. Writing 8.6. Correct use of language 9.7. Conformity with | Collaborative learning 2 X 50 | Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. Material: Addiction Counseling Approaches Literature: Faulkner, CA, Faulkner, S. (2019). Addictions Counseling: A Competency- Based Approach. United States: Oxford University Press. Material: Addiction Counseling | 5% |
| | | | 9.7. Conformity with the specified systematics 10.8. Neatness of layout Form of Assessment : Project Results Assessment / Product Assessment | | Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. | |

| 10 | Understand and apply cognitive behavioral theory in addiction counseling | Able to explain cognitive behavioral theory in addiction counseling | Criteria: Project Results Assessment / Product Assessment, Practices / Performance Form of Assessment : Assessment of Project Results / Product Assessment, Practices / Performance | Role Play, case studies, project based learning 2 X 50 | Material: Addiction Counseling Approaches Literature: Faulkner, CA, Faulkner, S. (2019). Addictions Competency-Based Approach. United States Oxford University Press. Material: Cognitive Therapy on Internet Addiction References: Ahmadi, S., | |
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| 11 | Understand and apply cognitive behavioral theory in addiction counseling | Able to explain cognitive behavioral theory in addiction counseling | Criteria: Project Results Assessment / Product Assessment, Practices / Performance Form of Assessment : Assessment of Project Results / Product Assessment, Practices / Performance | Role Play, case studies, Project based learning 2 X 50 | Material: Addiction Counseling Approaches Literature: Faulkner, CA, Faulkner, CA, Faulkner, S. (2019). Addictions Competency- Based Approach. United States Oxford University Press. Material: Cognitive Therapy on Internet Addiction References: Ahmadi, S., Cicognani, E. & Ilanloo, H. (2022). The Effectiveness of Group Counseling on Mindfulness- Based Cognitive Therapy on Internet Addiction and ResearchGat | |

| 12 | Understand and apply behavioristic theory in addiction counseling | Able to identify and design behavioral theory services in addiction counseling | Criteria: 1.A. Contents 2.1. Accuracy of concept/material 3.2. Accuracy of supporting examples for the concept/material 4.3. Completeness of material coverage 5.4. Confusion in discussing the material 6.5. Depth in elaborating the material 7.B. Writing 8.6. Correct use of language 9.7. Conformity with the specified systematics 10.8. Neatness of layout Form of Assessment : Project Results Assessment / Product Assessment | Role Play case study Project based learning 2 X 50 | Material: Addiction Counseling Approaches Literature: Faulkner, CA, Faulkner, S. (2019). Addictions Counseling: A Competency- Based Approach. United States: Oxford University Press. Material: Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. | 5% |
|----|--|--|---|---|--|----|
| 13 | Understand and apply behavioristic theory in addiction counseling | Able to identify and design behavioral theory services in addiction counseling | Criteria: 1.A. Contents 2.1. Accuracy of concept/material 3.2. Accuracy of supporting examples for the concept/material 4.3. Completeness of material coverage 5.4. Confusion in discussing the material 6.5. Depth in elaborating the material 7.B. Writing 8.6. Correct use of language 9.7. Conformity with the specified systematics 10.8. Neatness of layout Form of Assessment : Project Results Assessment / Product Assessment | Role Play case study Project based learning 2 X 50 | Material: Addiction Counseling Approaches Literature: Faulkner, CA, Faulkner, S. (2019). Addictions Counseling: A Competency- Based Approach. United States: Oxford University Press. Material: Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. | 5% |
| 14 | Understand and apply the psychoanalytic theory of addiction | Able to explain and apply the psychoanalytic theory of addiction | Criteria: Can identify, conceptualize cases and prepare addiction counseling service plans accurately and comprehensively for 5 cases Form of Assessment : Project Results Assessment / Product Assessment | Role Play case study Project based learning 2 X 50 | Material: Addictions Counseling References: Alderson, KG (2019). Addictions Counseling Today: Substances and Addictive Behaviors. United States: SAGE Publications. Material: Addiction Counseling Literature: Theory and Practice of Addiction Counseling. (2017). United States: SAGE Publications. | 5% |

| 15 | Understand and apply the psychoanalytic theory of addiction | Able to explain and apply the psychoanalytic theory of addiction | Criteria: Project Results Assessment / Product Assessment, Practices / Performance Form of Assessment : Assessment of Project Results / Product Assessment, Practices / Performance | Role Play case study Project based learning 2 X 50 | | Material: Addiction Treatment Reference: Hood, Daniel E. 2011. Addiction Treatment. USA : New Jersey Material: Addiction Counseling Literature: Judith A Lewis.2011. Substance Abuse Counseling . USA : Cangage Learning | 5% |
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| 16 | 1.SUMATIVE TEST (US) 2.UAS | Meeting materials 9-15 | Criteria: Project Results Assessment, Practical Assessment, Practice / Performance Forms of Assessment : Project Results Assessment, Practical Assessment, Practice / Performance, Test | UAS 2 X 50 | on line | Material: Addiction Counseling Reader: Bishop Samuel. 2011. Breaking the Spirit of Addiction: Counseling Guide. USA: Thompson Material: Addictions Counseling Review Bibliography: Coomb, Robert Holman, 2010. Addiction Counseling Review. New York : Routledge Material: Addiction Treatment Reference: Hood, Daniel E. 2011. Addiction Treatment Reference: Hood, Daniel E. 2011. Addiction Treatment. USA : New Jersey Material: Substance Abuse Counseling Bibliography: Judith A Lewis.2011. Substance Abuse Counseling USA : Cangage Learning Material: Addiction Counseling. USA : Cangage Learning Material: Addiction Counseling. USA : Cangage Learning Material: Addiction Counseling. USA : Cangage Learning Material: Addiction Counseling. USA : Cangage Learning Material: Addiction Counseling. USA : Cangage Learning Material: Addiction Counseling. (2017). United States: SAGE Publications. Material: Addictions Counseling. (2017). United States: SAGE Publications. Material: Addictions Counseling. (2017). United States: SAGE Publications. Material: Addictions Counseling. (2017). United States: SAGE Publications. Material: Addictions Counseling References: Alderson, KG | 30% |

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| Literature: Nuryono, W., Christiana, E., & Purwoko, B. (2023). Motivational Interviewing Techniques to Reduce Online Game Addiction. Journal Consulenza: Journal of Guidance Counseling | | | | | Material: MI |
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| Techniques to Reduce Online Game Addiction. Journal Consulenza: Journal of Guidance Counseling | | | | | Motivational |
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Evaluation Percentage Recap: Project Based Learning

| No | Evaluation | Percentage |
|----|---|------------|
| 1. | Participatory Activities | 2% |
| 2. | Project Results Assessment / Product Assessment | 52% |
| 3. | Portfolio Assessment | 6% |
| 4. | Practical Assessment | 7.5% |
| 5. | Practice / Performance | 20% |
| 6. | Test | 12.5% |
| | | 100% |

Notes

- Learning Outcomes of Study Program Graduates (PLO Study Program) are the abilities possessed by each Study
 Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their
 study program obtained through the learning process.
- The PLO imposed on courses are several learning outcomes of study program graduates (CPL-Study Program) which are
 used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. Program Objectives (PO) are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- 6. Assessment Criteria are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment: test and non-test.
- 8. Forms of learning: Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- 9. Learning Methods: Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning,
- Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods. 10. Learning materials are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.