

		<b>Universitas Negeri Surabaya</b> <b>Faculty of Education,</b> <b>Psychology Undergraduate Study Program</b>					<b>Document Code</b>																																										
<b>SEMESTER LEARNING PLAN</b>																																																	
<b>Courses</b>		<b>CODE</b>	<b>Course Family</b>		<b>Credit Weight</b>		<b>SEMESTER</b>	<b>Compilation Date</b>																																									
Counseling Psychology		7320102096			T=2	P=0	ECTS=3.18	5 July 18, 2024																																									
<b>AUTHORIZATION</b>		<b>SP Developer</b>			<b>Course Cluster Coordinator</b>		<b>Study Program Coordinator</b>																																										
		.....			.....		Yohana Wuri Satwika, S.Psi., M.Psi.																																										
<b>Learning model</b>	Case Studies																																																
<b>Program Learning Outcomes (PLO)</b>	PLO study program that is charged to the course																																																
	Program Objectives (PO)																																																
	PLO-PO Matrix																																																
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="width: 100px; height: 20px;">P.O</td> <td colspan="15"></td> </tr> </table>							P.O																																								
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	<b>PO Matrix at the end of each learning stage (Sub-PO)</b>																																																
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td rowspan="2" style="width: 50px; height: 20px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 20px; height: 20px;">1</td> <td style="width: 20px; height: 20px;">2</td> <td style="width: 20px; height: 20px;">3</td> <td style="width: 20px; height: 20px;">4</td> <td style="width: 20px; height: 20px;">5</td> <td style="width: 20px; height: 20px;">6</td> <td style="width: 20px; height: 20px;">7</td> <td style="width: 20px; height: 20px;">8</td> <td style="width: 20px; height: 20px;">9</td> <td style="width: 20px; height: 20px;">10</td> <td style="width: 20px; height: 20px;">11</td> <td style="width: 20px; height: 20px;">12</td> <td style="width: 20px; height: 20px;">13</td> <td style="width: 20px; height: 20px;">14</td> <td style="width: 20px; height: 20px;">15</td> <td style="width: 20px; height: 20px;">16</td> </tr> </table>																P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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<b>Short Course Description</b>	This course examines the basic concepts of counseling, understanding, history, non-clinical interventions, approaches and theories, concepts of counseling relationships, processes, problems in counseling, codes of ethics in counseling practice, and basic counseling skills.																																																
<b>References</b>	<b>Main :</b>																																																
	<ol style="list-style-type: none"> <li>1. Corey, G., 2016. Theory and practice of counseling and psychotherapy 10th ed . Boston: Cengage Learning.</li> <li>2. Fall, K.A., Holden, J.M. and Marquis, A., 2017. Theoretical models of counseling and psychotherapy . Taylor &amp; Francis.</li> <li>3. Sommers-Flanagan, J. and Sommers-Flanagan, R., 2015. Counseling and psychotherapy theories in context and practice: Skills, strategies, and techniques . John Wiley &amp; Sons.</li> </ol>																																																
	<b>Supporters:</b>																																																
<b>Supporting lecturer</b>	Dr. Eko Darminto, M.Si. Siti Ina Savira, S.Psi., M.EdCp.																																																
<b>Week-</b>	<b>Final abilities of each learning stage (Sub-PO)</b>	<b>Evaluation</b>		<b>Help Learning, Learning methods, Student Assignments, [ Estimated time]</b>		<b>Learning materials [ References ]</b>	<b>Assessment Weight (%)</b>																																										
		<b>Indicator</b>	<b>Criteria &amp; Form</b>	<b>Offline ( offline )</b>	<b>Online ( online )</b>																																												
<b>(1)</b>	<b>(2)</b>	<b>(3)</b>	<b>(4)</b>	<b>(5)</b>	<b>(6)</b>	<b>(7)</b>	<b>(8)</b>																																										
1	Mastering the basic concepts of counseling	Students can understand and explain the basic concepts of counseling	<b>Criteria:</b> Students can explain the understanding of various basic concepts of counseling	Small group discussion, Contextual instruction 2 X 50			0%																																										

2	master the role and function of the counselor as well as ethical issues in counseling practice	1.can explain the role and function of the counselor 2.can explain ethical issues in counseling practice	<b>Criteria:</b> applied thinking skills	discussionContextual instruction 2 X 50			0%
3	Mastering the psychoanalytic approach in counseling	Students can explain the psychoanalytic approach in counseling	<b>Criteria:</b> ability to convey ideas orally and in writing	Case study 2 X 50			0%
4	Mastering the Adlerian approach in counseling	Students can explain the Adlerian approach	<b>Criteria:</b> activeness of applicable and analytical thinking skills	Case study 2 X 50			0%
5	Mastering the existential approach in counseling	Students can explain the existential approach	<b>Criteria:</b> activeness of applicable and analytical thinking skills	case study 2 X 50			0%
6	Mastering the person-centered approach in counseling	Students can explain the person-centered approach	<b>Criteria:</b> activeness, ability to convey ideas orally and in writing, ability to think analytically, reflectively	case study 2 X 50			0%
7	Mastering the gestalt approach in counseling	Students can explain the gestalt approach	<b>Criteria:</b> activeness, ability to convey ideas orally and in writing, ability to think analytically, reflectively	case study 2 X 50			0%
8	Master the lecture material for weeks 1-7	Can answer UTS questions well and correctly	<b>Criteria:</b> activeness, ability to convey ideas orally and in writing, ability to think analytically	written test 2 X 50			0%
9	Mastering the behavioral approach in counseling	Students can explain the behavioral approach	<b>Criteria:</b> Analytical and practical thinking skills	Case study 2 X 50			0%
10	Mastering the cognitive-behavior approach in counseling	Students can explain the cognitive behavioral approach	<b>Criteria:</b> analytical and practical thinking skills	Case study 2 X 50			0%
11	Mastering the choice theory/reality approach in counseling	Students can explain the choice theory/reality approach	<b>Criteria:</b> analytical and practical thinking skills	case study 2 X 50			0%
12	Mastering a feminist approach in counseling	Students can explain the feminist approach	<b>Criteria:</b> analytical and practical thinking skills	Case study 2 X 50			0%
13	Mastering the family system approach in counseling	Students can explain the family system approach	<b>Criteria:</b> analytical and practical thinking skills	case study 2 X 50			0%
14	Understand the integrative perspective in counseling and various forms of organizing counseling practice	- Can explain the integrative perspective in counseling - Can explain various types of counseling, such as social media, telephone, email. Can explain the various weaknesses and advantages of various types of counseling	<b>Criteria:</b> analytical and practical thinking skills	discussion 2 X 50			0%
15	Mastering the material in counseling courses	Can answer questions correctly	<b>Criteria:</b> analytical and practical thinking skills	written test 2 X 50			0%

16	UAS	can answer questions well		written test 2 X 50			0%
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#### Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

#### Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.