

|  | <div> Universitas Negeri Surabaya<br/> Fakultas Vokasi<br/> Program Studi D4 Kevelatihan Olahraga </div>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                            |                   |     |        | Kode Dokumen              |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
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|                                                                                   | <div> <div>RENCANA PEMBELAJARAN SEMESTER</div> <table border="1"> <tr> <th>MATA KULIAH (MK)</th> <th>KODE</th> <th>Rumpun MK</th> <th colspan="3">BOBOT (sks)</th> <th>SEMESTER</th> <th>Tgl Penyusunan</th> </tr> <tr> <td>Filsafat Kevelatihan Olahraga</td> <td>xx85202020604</td> <td>Mata Kuliah Wajib Program Studi</td> <td>T=0</td> <td>P=0</td> <td>ECTS=0</td> <td>1</td> <td>1 Agustus 2024</td> </tr> <tr> <td rowspan="2">OTORISASI</td> <td colspan="2">Pengembang RPS</td> <td colspan="3">Koordinator RMK</td> <td colspan="2">Koordinator Program Studi</td> </tr> <tr> <td colspan="2">Rizky Muhammad Sidik, S.Pd., M.Ed.</td> <td colspan="3">Dr. Wijono, M.Pd.</td> <td colspan="2">KUNJUNG ASHADI</td> </tr> </table> </div> |                                                                                                                                                            |                   |     |        |                           | MATA KULIAH (MK) | KODE | Rumpun MK | BOBOT (sks) |  |  | SEMESTER | Tgl Penyusunan | Filsafat Kevelatihan Olahraga | xx85202020604 | Mata Kuliah Wajib Program Studi | T=0 | P=0 | ECTS=0 | 1 | 1 Agustus 2024 | OTORISASI | Pengembang RPS |  | Koordinator RMK |  |  | Koordinator Program Studi |  | Rizky Muhammad Sidik, S.Pd., M.Ed. |  | Dr. Wijono, M.Pd. |  |  | KUNJUNG ASHADI |
| MATA KULIAH (MK)                                                                  | KODE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Rumpun MK                                                                                                                                                  | BOBOT (sks)       |     |        | SEMESTER                  | Tgl Penyusunan   |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
| Filsafat Kevelatihan Olahraga                                                     | xx85202020604                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Mata Kuliah Wajib Program Studi                                                                                                                            | T=0               | P=0 | ECTS=0 | 1                         | 1 Agustus 2024   |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
| OTORISASI                                                                         | Pengembang RPS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                            | Koordinator RMK   |     |        | Koordinator Program Studi |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | Rizky Muhammad Sidik, S.Pd., M.Ed.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                            | Dr. Wijono, M.Pd. |     |        | KUNJUNG ASHADI            |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
| Model Pembelajaran                                                                | Case Study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                            |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
| Capaian Pembelajaran (CP)                                                         | CPL-PRODI yang dibebankan pada MK                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                            |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPL-6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Mampu melakukan kajian ilmiah terhadap permasalahan kevelatihan fisik olahraga secara mendalam berdasar kajian analisis berbasis sains dan teknologi       |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPL-7                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Mampu merancang, mengimplementasikan, dan mengevaluasi program latihan fisik sesuai cabang olahraga, latihan kebugaran, dan latihan fisik bagi disabilitas |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | Capaian Pembelajaran Mata Kuliah (CPMK)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                            |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Menjelaskan dasar-dasar filsafat dalam konteks kevelatihan olahraga.                                                                                       |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Menerapkan nilai-nilai etika dan integritas dalam proses kevelatihan olahraga (C3)                                                                         |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Menganalisis dan mengintegrasikan prinsip-prinsip filsafat olahraga dalam pengembangan program latihan yang efektif (C4)                                   |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Mengevaluasi dampak kevelatihan terhadap perkembangan fisik dan psikologis atlet (C5)                                                                      |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Menciptakan metode pelatihan baru yang inovatif berdasarkan teori filsafat olahraga (C6)                                                                   |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Menerapkan pendekatan filsafat dalam merancang program latihan yang inklusif dan adaptif (C3)                                                              |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 7                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Menganalisis kasus-kasus dalam kevelatihan olahraga dengan menggunakan prinsip-prinsip filsafat olahraga (C4)                                              |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 8                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Mengevaluasi efektivitas metode kevelatihan yang diterapkan dalam konteks nilai-nilai budaya nasional (C5)                                                 |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 9                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Menciptakan konten edukatif tentang filsafat kevelatihan olahraga untuk media digital (C6)                                                                 |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 10                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Menerapkan keterampilan berpikir kritis dan kreatif dalam analisis dan solusi masalah kevelatihan (C3)                                                     |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
|                                                                                   | CPMK - 11                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Menganalisis peran filsafat dalam pengembangan karakter atlet dan pelatih yang tangguh dan berjiwa kewirausahaan (C4)                                      |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |
| Matrik CPL - CPMK                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                            |                   |     |        |                           |                  |      |           |             |  |  |          |                |                               |               |                                 |     |     |        |   |                |           |                |  |                 |  |  |                           |  |                                    |  |                   |  |  |                |

|                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <table><tr><td>CPMK</td><td>CPL-6</td><td>CPL-7</td></tr><tr><td>CPMK-1</td><td>✓</td><td>✓</td></tr><tr><td>CPMK-2</td><td>✓</td><td>✓</td></tr><tr><td>CPMK-3</td><td></td><td>✓</td></tr><tr><td>CPMK-4</td><td>✓</td><td>✓</td></tr><tr><td>CPMK-5</td><td>✓</td><td>✓</td></tr><tr><td>CPMK-6</td><td></td><td>✓</td></tr><tr><td>CPMK-7</td><td>✓</td><td>✓</td></tr><tr><td>CPMK-8</td><td>✓</td><td>✓</td></tr><tr><td>CPMK-9</td><td>✓</td><td>✓</td></tr><tr><td>CPMK-10</td><td>✓</td><td>✓</td></tr><tr><td>CPMK-11</td><td>✓</td><td>✓</td></tr></table> | CPMK            | CPL-6                           | CPL-7                                                                             | CPMK-1 | ✓                               | ✓                   | CPMK-2    | ✓                 | ✓                | CPMK-3          |     | ✓   | CPMK-4 | ✓   | ✓   | CPMK-5 | ✓   | ✓   | CPMK-6 |   | ✓ | CPMK-7 | ✓ | ✓ | CPMK-8 | ✓  | ✓  | CPMK-9 | ✓  | ✓  | CPMK-10 | ✓  | ✓      | CPMK-11 | ✓ | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
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| CPMK                                                             | CPL-6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | CPL-7                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-1                                                           | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-2                                                           | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-3                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-4                                                           | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-5                                                           | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-6                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-7                                                           | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-8                                                           | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-9                                                           | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-10                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-11                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| Matrik CPMK pada Kemampuan akhir tiap tahapan belajar (Sub-CPMK) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
|                                                                  | <table><tr><td rowspan="2">CPMK</td><td colspan="16">Minggu Ke</td></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr><tr><td>CPMK-1</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-2</td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-3</td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-4</td><td>✓</td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-5</td><td></td><td></td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-6</td><td></td><td></td><td></td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-7</td><td></td><td></td><td></td><td></td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-8</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-9</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-10</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td></tr><tr><td>CPMK-11</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>✓</td><td>✓</td><td>✓</td><td>✓</td><td>✓</td><td>✓</td></tr></table> | CPMK                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Minggu Ke       |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        | 1   | 2   | 3      | 4 | 5 | 6      | 7 | 8 | 9      | 10 | 11 | 12     | 13 | 14 | 15      | 16 | CPMK-1 |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-2 |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-3 |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-4 | ✓ |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  | CPMK-5 |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  | CPMK-6 |  |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  | CPMK-7 |  |  |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  | CPMK-8 |  |  |  |  |  |  |  | ✓ |  |  |  |  |  |  |  |  | CPMK-9 |  |  |  |  |  |  |  |  | ✓ |  |  |  |  |  |  |  | CPMK-10 |  |  |  |  |  |  |  |  |  | ✓ |  |  |  |  |  |  | CPMK-11 |  |  |  |  |  |  |  |  |  |  | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |  |
| CPMK                                                             | Minggu Ke                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
|                                                                  | 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 3               | 4                               | 5                                                                                 | 6      | 7                               | 8                   | 9         | 10                | 11               | 12              | 13  | 14  | 15     | 16  |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-1                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-2                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-3                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | ✓               |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-4                                                           | ✓                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 | ✓                               |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-5                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 | ✓                                                                                 |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-6                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   | ✓      |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-7                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        | ✓                               |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-8                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 | ✓                   |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-9                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     | ✓         |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-10                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           | ✓                 |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| CPMK-11                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           |                   | ✓                | ✓               | ✓   | ✓   | ✓      | ✓   |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| Deskripsi Singkat MK                                             | Mata kuliah Filsafat Kepelatihan Olahraga mengkaji prinsip-prinsip dasar yang membentuk filosofi di balik kepelatihan olahraga, serta dampaknya terhadap pengembangan atlet dan budaya olahraga. Mata kuliah ini membahas bagaimana filsafat dan teori-teori kepelatihan yang ada dapat diterapkan dalam konteks nyata, memberikan perspektif tentang peran pelatih, etika kepelatihan, serta pengaruh sosial dan budaya terhadap pembinaan olahraga. Mahasiswa akan mempelajari berbagai pandangan filsafat yang ada dalam olahraga, serta memahami cara penerapannya untuk mengelola hubungan antara pelatih dan atlet serta membangun suasana latihan yang efektif.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| Pustaka                                                          | Utama :                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
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|                                                                  | Pendukung :                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
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| Dosen Pengampu                                                   | Dr. Wijono, M.Pd.<br>Dr. Abdul Hafidz, S.Pd., M.Pd.<br>Fifit Yeti Wulandari, S.Pd., M.Pd.<br>Tri Setyo Utami, S.Pd., M.Kes.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| Mg Ke-                                                           | Kemampuan akhir tiap tahapan belajar (Sub-CPMK)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <table><tr><th colspan="2">Penilaian</th><th colspan="2">Bantuk Pembelajaran, Metode Pembelajaran, Penugasan Mahasiswa, [ Estimasi Waktu ]</th><th rowspan="2">Materi Pembelajaran [ Pustaka ]</th><th rowspan="2">Bobot Penilaian (%)</th></tr><tr><th>Indikator</th><th>Kriteria &amp; Bentuk</th><th>Luring (offline)</th><th>Daring (online)</th></tr><tr><td>(1)</td><td>(2)</td><td>(3)</td><td>(4)</td><td>(5)</td><td>(6)</td><td>(7)</td><td>(8)</td></tr></table>                                                                                           | Penilaian       |                                 | Bantuk Pembelajaran, Metode Pembelajaran, Penugasan Mahasiswa, [ Estimasi Waktu ] |        | Materi Pembelajaran [ Pustaka ] | Bobot Penilaian (%) | Indikator | Kriteria & Bentuk | Luring (offline) | Daring (online) | (1) | (2) | (3)    | (4) | (5) | (6)    | (7) | (8) |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| Penilaian                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Bantuk Pembelajaran, Metode Pembelajaran, Penugasan Mahasiswa, [ Estimasi Waktu ]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 | Materi Pembelajaran [ Pustaka ] | Bobot Penilaian (%)                                                               |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| Indikator                                                        | Kriteria & Bentuk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Luring (offline)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Daring (online) |                                 |                                                                                   |        |                                 |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |
| (1)                                                              | (2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | (3)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | (4)             | (5)                             | (6)                                                                               | (7)    | (8)                             |                     |           |                   |                  |                 |     |     |        |     |     |        |     |     |        |   |   |        |   |   |        |    |    |        |    |    |         |    |        |         |   |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |  |        |   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |   |  |  |  |  |  |  |         |  |  |  |  |  |  |  |  |  |  |   |   |   |   |   |   |  |

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|---|-----------------------------------------------------------------------------------------------------------|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 1 | Mahasiswa diharapkan mampu menerapkan nilai-nilai etika dan integritas dalam proses kepelatihan olahraga. | Rubrik penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 1:<br>Pengantar Filsafat Kepeleatihan Olahraga<br><br>Definisi dan pentingnya filsafat dalam kepelatihan olahraga. Tujuan dan ruang lingkup mata kuliah ini. 2 X 50                                                         |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>Gentry, R. (2008). Coaching and the Philosopher's Mind: A Guide to Developing Your Coaching Philosophy. Human Kinetics.</i> | 6% |
| 2 |                                                                                                           | Rubrik Penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 2:<br>Sejarah dan Evolusi Filsafat Kepeleatihan<br><br>Mengulas perkembangan filsafat kepelatihan sepanjang sejarah olahraga. Tokoh-tokoh penting dalam pembentukan teori-teori kepelatihan. 2 x 50                         |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>Gentry, R. (2008). Coaching and the Philosopher's Mind: A Guide to Developing Your Coaching Philosophy. Human Kinetics.</i> | 6% |
| 3 |                                                                                                           | Rubrik Penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 3:<br>Pendekatan Filsafat dalam Kepeleatihan<br><br>Pembahasan berbagai pendekatan filsafat dalam kepelatihan: pragmatisme, idealisme, realisme, dan eksistensialisme. Analisis dampak filosofi terhadap kebijakan latihan. |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>Greenleaf, R.K. (2002). Servant Leadership: A Journey into the Nature of Legitimate Power and Greatness. Paulist Press.</i> | 6% |
| 4 |                                                                                                           | Rubrik Penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 4:<br>Teori-Teori Kepeleatihan dan Filosofi<br><br>Teori-teori utama dalam kepelatihan seperti teori pengajaran, teori motivasi, dan teori kepemimpinan. Penerapan teori-teori ini dalam konteks olahraga.                  |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>Greenleaf, R.K. (2002). Servant Leadership: A Journey into the Nature of Legitimate Power and Greatness. Paulist Press.</i> | 6% |

|   |  |                  |                                                                                                                                                        |                                                                                                                                                                                                                                                                     |  |                                                                                                                                                                                      |    |
|---|--|------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 5 |  | Rubrik Penilaian | <p><b>Kriteria:</b><br/>Memenuhi kriteria yang sesuai poin poin dalam rubrik penilaian</p> <p><b>Bentuk Penilaian :</b><br/>Aktifitas Partisipasif</p> | <p>Pertemuan 5:<br/>Etika dan Moralitas dalam Kepeleatihan</p> <p>Nilai-nilai etika dalam kepeleatihan olahraga, seperti kejujuran, sportivitas, dan tanggung jawab. Diskusi tentang dilema etika dalam keputusan-keputusan kepeleatihan. 2 x 50</p>                |  | <p><b>Materi: ...</b><br/><b>Pustaka:</b><br/><i>Schempp, P.G., &amp; van der Mars, H. (2013). Coaching and Teaching: A Guide for Physical Educators and Coaches. Routledge.</i></p> | 6% |
| 6 |  | Rubrik Penilaian | <p><b>Kriteria:</b><br/>Memenuhi kriteria yang sesuai poin poin dalam rubrik penilaian</p> <p><b>Bentuk Penilaian :</b><br/>Aktifitas Partisipasif</p> | <p>Pertemuan 6:<br/>Pelatih sebagai Pemimpin:<br/>Filosofi Kepemimpinan</p> <p>Pendekatan kepemimpinan dalam kepeleatihan olahraga. Pemahaman pelatih sebagai pemimpin, motivator, dan mentor.</p>                                                                  |  | <p><b>Materi: ...</b><br/><b>Pustaka:</b><br/><i>Schempp, P.G., &amp; van der Mars, H. (2013). Coaching and Teaching: A Guide for Physical Educators and Coaches. Routledge.</i></p> | 6% |
| 7 |  | Rubrik Penilaian | <p><b>Kriteria:</b><br/>Memenuhi kriteria yang sesuai poin poin dalam rubrik penilaian</p> <p><b>Bentuk Penilaian :</b><br/>Aktifitas Partisipasif</p> | <p>Pertemuan 7:<br/>Filosofi Kepeleatihan dalam Konteks Sosial dan Budaya</p> <p>Pengaruh faktor sosial dan budaya dalam penerapan filosofi kepeleatihan. Analisis tentang bagaimana norma sosial, ras, gender, dan budaya mempengaruhi hubungan pelatih-atlet.</p> |  | <p><b>Materi: ...</b><br/><b>Pustaka:</b><br/><i>Greenleaf, R.K. (2002). Servant Leadership: A Journey into the Nature of Legitimate Power and Greatness. Paulist Press.</i></p>     | 6% |
| 8 |  | Rubrik Penilaian | <p><b>Kriteria:</b><br/>Memenuhi kriteria yang sesuai poin poin dalam rubrik penilaian</p> <p><b>Bentuk Penilaian :</b><br/>Aktifitas Partisipasif</p> | <p>Pertemuan 8:<br/>Ujian Tengah Semester (UTS)</p> <p>Ujian teori mengenai konsep dasar filsafat kepeleatihan, teori-teori kepeleatihan, etika, dan moralitas dalam kepeleatihan. 2 x 50</p>                                                                       |  | <p><b>Materi: ...</b><br/><b>Pustaka:</b><br/><i>Gentry, R. (2008). Coaching and the Philosopher's Mind: A Guide to Developing Your Coaching Philosophy. Human Kinetics.</i></p>     | 6% |

|    |  |                  |                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                            |  |                                                                                                                                                                                  |    |
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| 9  |  | Rubrik Penilaian | <p><b>Kriteria:</b><br/>Memenuhi kriteria yang sesuai poin dalam rubrik penilaian</p> <p><b>Bentuk Penilaian :</b><br/>Aktifitas Partisipasif</p>                                             | <p>Pertemuan 9:<br/>Pengaruh Filosofi Kepeleatihan terhadap Pengembangan Atlet</p> <p>Meneliti bagaimana filsafat kepeleatihan memengaruhi perkembangan fisik, mental, dan emosional atlet. Studi kasus tentang pelatih yang sukses dalam membangun karakter atlet melalui filosofi mereka.<br/>2 x 50</p> |  | <p><b>Materi: ...</b><br/><b>Pustaka:</b><br/><i>Greenleaf, R.K. (2002). Servant Leadership: A Journey into the Nature of Legitimate Power and Greatness. Paulist Press.</i></p> | 6% |
| 10 |  | Rubrik Penilaian | <p><b>Kriteria:</b><br/>Memenuhi kriteria yang sesuai poin dalam rubrik penilaian</p> <p><b>Bentuk Penilaian :</b><br/>Aktifitas Partisipasif, Penilaian Hasil Project / Penilaian Produk</p> | <p>Pertemuan 10:<br/>Filsafat Kepeleatihan dalam Pembinaan Tim</p> <p>Penerapan filosofi kepeleatihan dalam pengelolaan dan pembinaan tim olahraga. Diskusi mengenai konsep teamwork, motivasi tim, dan pengelolaan dinamika kelompok.</p>                                                                 |  | <p><b>Materi: ...</b><br/><b>Pustaka:</b><br/><i>Gentry, R. (2008). Coaching and the Philosopher's Mind: A Guide to Developing Your Coaching Philosophy. Human Kinetics.</i></p> | 6% |
| 11 |  | Rubrik Penilaian | <p><b>Kriteria:</b><br/>Memenuhi kriteria yang sesuai poin dalam rubrik penilaian</p> <p><b>Bentuk Penilaian :</b><br/>Aktifitas Partisipasif</p>                                             | <p>Pertemuan 11:<br/>Filosofi Kepeleatihan dalam Pendidikan Jasmani</p> <p>Penerapan filosofi kepeleatihan dalam konteks pendidikan jasmani di sekolah dan komunitas. Etika dan moralitas dalam pembinaan olahraga di tingkat pendidikan.</p>                                                              |  | <p><b>Materi: ...</b><br/><b>Pustaka:</b><br/><i>International Journal of Sports Coaching untuk artikel tentang pengembangan filosofi kepeleatihan.</i></p>                      | 6% |

|    |  |                  |                                                                                                                                          |                                                                                                                                                                                                                                        |  |                                                                                                                                                    |    |
|----|--|------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 12 |  | Rubrik Penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 11 :<br>Filosofi Kepeleatihan dalam Pendidikan Jasmani<br><br>Penerapan filosofi kepeleatihan dalam konteks pendidikan jasmani di sekolah dan komunitas. Etika dan moralitas dalam pembinaan olahraga di tingkat pendidikan. |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>International Journal of Sports Coaching untuk artikel tentang pengembangan filosofi kepeleatihan.</i> | 6% |
| 13 |  | Rubrik Penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 11 :<br>Filosofi Kepeleatihan dalam Pendidikan Jasmani<br><br>Penerapan filosofi kepeleatihan dalam konteks pendidikan jasmani di sekolah dan komunitas. Etika dan moralitas dalam pembinaan olahraga di tingkat pendidikan. |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>International Journal of Sports Coaching untuk artikel tentang pengembangan filosofi kepeleatihan.</i> | 6% |
| 14 |  | Rubrik Penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 11 :<br>Filosofi Kepeleatihan dalam Pendidikan Jasmani<br><br>Penerapan filosofi kepeleatihan dalam konteks pendidikan jasmani di sekolah dan komunitas. Etika dan moralitas dalam pembinaan olahraga di tingkat pendidikan. |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>International Journal of Sports Coaching untuk artikel tentang pengembangan filosofi kepeleatihan.</i> | 6% |

|    |  |                  |                                                                                                                                          |                                                                                                                                                                                                                                       |  |                                                                                                                                                    |     |
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| 15 |  | Rubrik Penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 11:<br>Filosofi Kepeleatihan dalam Pendidikan Jasmani<br><br>Penerapan filosofi kepeleatihan dalam konteks pendidikan jasmani di sekolah dan komunitas. Etika dan moralitas dalam pembinaan olahraga di tingkat pendidikan. |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>International Journal of Sports Coaching untuk artikel tentang pengembangan filosofi kepeleatihan.</i> | 6%  |
| 16 |  | Rubrik Penilaian | <b>Kriteria:</b><br>Memenuhi kriteria yang sesuai poin dalam rubrik penilaian<br><br><b>Bentuk Penilaian :</b><br>Aktifitas Partisipasif | Pertemuan 11:<br>Filosofi Kepeleatihan dalam Pendidikan Jasmani<br><br>Penerapan filosofi kepeleatihan dalam konteks pendidikan jasmani di sekolah dan komunitas. Etika dan moralitas dalam pembinaan olahraga di tingkat pendidikan. |  | <b>Materi: ...</b><br><b>Pustaka:</b><br><i>International Journal of Sports Coaching untuk artikel tentang pengembangan filosofi kepeleatihan.</i> | 10% |

#### Rekap Persentase Evaluasi : Case Study

| No | Evaluasi                                   | Persentase |
|----|--------------------------------------------|------------|
| 1. | Aktifitas Partisipasif                     | 97%        |
| 2. | Penilaian Hasil Project / Penilaian Produk | 3%         |
|    |                                            | 100%       |

#### Catatan

- Capaian Pembelajaran Lulusan Prodi (CPL - Prodi)** adalah kemampuan yang dimiliki oleh setiap lulusan prodi yang merupakan internalisasi dari sikap, penguasaan pengetahuan dan ketrampilan sesuai dengan jenjang prodinya yang diperoleh melalui proses pembelajaran.
- CPL yang dibebankan pada mata kuliah** adalah beberapa capaian pembelajaran lulusan program studi (CPL-Prodi) yang digunakan untuk pembentukan/pengembangan sebuah mata kuliah yang terdiri dari aspek sikap, ketrampilan umum, ketrampilan khusus dan pengetahuan.
- CP Mata kuliah (CPMK)** adalah kemampuan yang dijabarkan secara spesifik dari CPL yang dibebankan pada mata kuliah, dan bersifat spesifik terhadap bahan kajian atau materi pembelajaran mata kuliah tersebut.
- Sub-CPMK Mata kuliah (Sub-CPMK)** adalah kemampuan yang dijabarkan secara spesifik dari CPMK yang dapat diukur atau diamati dan merupakan kemampuan akhir yang direncanakan pada tiap tahap pembelajaran, dan bersifat spesifik terhadap materi pembelajaran mata kuliah tersebut.
- Indikator penilaian** kemampuan dalam proses maupun hasil belajar mahasiswa adalah pernyataan spesifik dan terukur yang mengidentifikasi kemampuan atau kinerja hasil belajar mahasiswa yang disertai bukti-bukti.
- Kreteria Penilaian** adalah patokan yang digunakan sebagai ukuran atau tolok ukur ketercapaian pembelajaran dalam penilaian berdasarkan indikator-indikator yang telah ditetapkan. Kreteria penilaian merupakan pedoman bagi penilai agar penilaian konsisten dan tidak bias. Kreteria dapat berupa kuantitatif ataupun kualitatif.
- Bentuk penilaian:** tes dan non-tes.
- Bentuk pembelajaran:** Kuliah, Responsi, Tutorial, Seminar atau yang setara, Praktikum, Praktik Studio, Praktik Bengkel, Praktik Lapangan, Penelitian, Pengabdian Kepada Masyarakat dan/atau bentuk pembelajaran lain yang setara.
- Metode Pembelajaran:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, dan metode lainnya yg setara.
- Materi Pembelajaran** adalah rincian atau uraian dari bahan kajian yg dapat disajikan dalam bentuk beberapa pokok dan sub-pokok bahasan.

11. **Bobot penilaian** adalah prosentasi penilaian terhadap setiap pencapaian sub-CPMK yang besarnya proposional dengan tingkat kesulitan pencapaian sub-CPMK tsb., dan totalnya 100%.
12. TM=Tatap Muka, PT=Penugasan terstruktur, BM=Belajar mandiri.

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Koordinator Program Studi  
D4 Kepeleatihan Olahraga



KUNJUNG ASHADI  
NIDN 0008098104

**UPM** Program Studi D4  
Kepeleatihan Olahraga



NIDN 0003119502

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